



ASN UPENDO VILLAGE

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Executive Summary

ASN Upendo Village is privileged to contribute to the family of God through providing services to the community around Naivasha sub-county, Nakuru county, Kenya. As a village of hope and love to the people infected and affected by HIV and AIDS, Upendo Village find great satisfaction when weak clients on the verge of death rise from their beds and begin supporting themselves and the members of their households.

This report covers the accomplishments and services provided during the months of March and April 2017. ASN Upendo Village would like to most sincerely thank all sponsors and benefactors because it is as a result of their noble and selfless giving that the lives of people infected and affected by HIV and AIDS in Naivasha has been greatly transformed.

Among the highlights is that, the administration planned for the dedication of the kitchen and dining building. The education department had many activities in the month of April ranging from organizing academic days, collecting reports cards, analyzing student's results and processing the school fees payments.

8 dairy goats gave birth and 2 clients and 1 guardian benefited from the dairy goat project. 3 grannies and 3 clients were visited during the period under review. Moreover, 48 guardians benefited from the interest free loan project during this period.

The dispensary continued providing preventive as well as curative services to both our clients as well as the wider general public. The social services department was able to provide psycho-social support to the support group members, kids club members and the grandmothers taking care of orphans and vulnerable children.

The pages that follow provide in-depth the various activities that were carried out by the ASN Upendo Village team in different departments during the months of March and April 2017.

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ADMINISTRATION

DEDICATION OF THE KITCHEN AND DINING BUILDING

The blessing of the kitchen and dining building by Rt. Rev. Bishop Maurice Muhatia Makumba Bishop of the Catholic Diocese of Nakuru, Kenya was held on Thursday March 30th, 2017 at ASN Upendo Village Kenya. The main activities of the day were: mass celebration; unveiling of the plaque and blessing of the building by Bishop; speech from Sr. Dr. Florence Muia Executive Directress (ASN), Superior General Rev. Sr. Bernadette Munyao (ASN) and Bishop Rt. Rev. Maurice Muhatia (Catholic Diocese of Nakuru); cutting of the cake and lunch to all the visitors, members of staff, clients and guests.



Left: Bishop Rt. Rev. Maurice Muhatia unveiling the plaque. Right: Sr. Dr. Florence cutting the cake been assisted by Bishop Rt. Rev. Maurice Muhatia and Superior General Rev. Sr. Bernadette Munyao (ASN).



Left: Sr. Dr. Florence delivery her speech. Right: Sr. Dr. Florence, Superior General Rev. Sr. Bernadette Munyao and Bishop Rt. Rev. Maurice Muhatia enjoying lunch after dedication of the Kitchen and Dining building.

US EMBASSY (PEPFAR COMMUNITY GRANT) POST AWARD SITE VISIT

The post award site visit meeting organized by PEPFAR Community Grants Program Team (US Embassy, Nairobi) was held on Wednesday March 22nd starting from 10:00 am at ASN Upendo Village Naivasha. The post award site visit was a monitoring visit and the PEPFAR team wanted to know how ASN Upendo village has been implementing the activities that had been proposed in the application of PEPFAR grant and the implementation plan, outcome and the impact to the community.

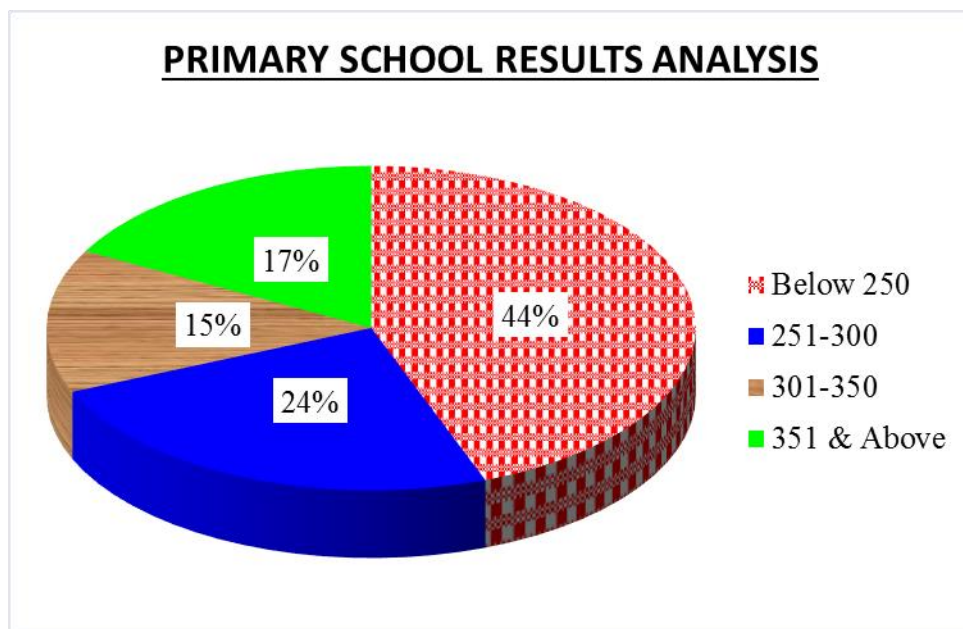


Left: Agnes Ndungu (Program Manager PEPFAR Community Grants Program) inspecting the operations of the semi-automatic water processing machine. Right: Agnes signing visitors book at Sr. Dr. Florence office.

EDUCATION DEPARTMENT

The department had fairly low level of activity during the month of March. This was attributed to the fact that almost all students/pupils had settled in their respective institution of learning. However, following the closure of schools for April Holiday, the department was vibrant with different activities ranging from organizing academic days, collecting reports cards, analyzing student's results and processing the school fees payments etc. The department organized two academic days during the April school holiday. The two academic days were well attended by the pupils/students and their parents/guardians.

The first academic day took place in April 12th and was attended by all sponsored pupils from Kindergarten level up to class 8. Each of the pupils was accompanied by either a parent or guardian. This academic day was attended by a total of 65 pupils and 58 parents/guardians. During academic day I, pupils benefited from motivational talks from various speakers and also Upendo Village members of staff. All those pupils who had performed well in different levels were awarded for their hard work. Generally, the academic performance of most pupils across all class levels had declined as shown in the pie chart herein. Arguably, most primary school pupils during the first term do not perform well due to change of syllabus in the new class level. Most pupils take time to acquaint themselves to the new syllabus in the new class level and sometimes new teachers.



Moving forward to second term, the department is looking forward to better results as many pupils will have got used to their new syllabus and teachers. The percentage of pupils who scored above 351 marks and above was 17% while those who had scored between 251 and 350 marks was 39%. Those who scored below 250 marks were 44%. 3 students did not submit their terminal results.



Sr. Dr. Florence addressing pupils and their parents/guardians during academic day I.



Pupils and parents/guardians enjoying their lunch during academic day I.

The Academic Day II took place on April 19th. It was attended by High school and college students as well as their parents/guardians. In attendance were 109 students and 102 guardians. All the university students were not able to attend the academic day for different reason. For instance, those students in public universities were in session due to extension of their study programs owing to the lecturers strike in public universities which lasted for 53 days in the course of last semester. A few college students and those in private universities could also not attend because they were sitting for their exams. Students received talks on different topical issues such as; Behavior change and Academic improvement. Students who had performed well in the national exams as well as terminal examinations were awarded for their excellent achievement.

The table below gives an analysis of the performance from the secondary school students.

MEAN GRADE	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	Z	TOTAL
Form 1	1	-	-	1	2	2	2	3	3	1	-	-	-	15
Form 2					3	-	2	5	4	5	3	3	-	25
Form 3					2	-	-	5	4	3	0	1	-	15
Form 4				1	4	3	2	1	1	1	2	-	3	18
TOTAL	1			2	11	5	6	14	12	10	5	4	3	73

KEY

Z-No results

It is commendable to note that out of the 15 students in Form 1, 11 managed to score a mean grade of C- and above. The performance of most Form 2 students was dismal with 15 students out of 25 scoring a mean grade of below C-. The performance of Form 3 students was relatively good with half of the students scoring above a mean grade of C-. Eight students out of a total of 15 scored a mean grade of below C-. Three Form 4 candidates did not submit their results because they were not yet released by the time this report was been compiled.



Sr. Dr. Florence with some of the students awarded.

All sponsored pupils/students particularly in primary and high school have already gone back to school for the 2nd term. The new term began on May 2nd and will end during the first week of August. The college students will be reporting during the second week of the month of May. Prompt payment of their school fees and acquisition of other necessities has been done to ensure their timely return to their respective schools.

INCOME GENERATING ACTIVITIES DEPARTMENT

During the month of March and April 2017, the Income Generating Activities department in collaboration with ASN Upendo Village administration facilitated clients to initiate income generating projects in order to improve their living standards. The department focused on the development and improvement of client's economic conditions.

DAIRY GOAT PROJECT

2 clients and 1 guardian were issued with the dairy goats making a total of 500 individuals who have benefited with the dairy goats since inception of the project. The project has also benefited 1800 family members.



Sr. Agnes Waema posing for a photo with beneficiaries of dairy goat project.

8 goats gave birth, 1 to 1 female and 1 male kid and 3 goats to 3 female kids and 4 goats to 4 male kids. However, due to the prolonged droughts, the families aren't milking the goats.



Left: Client receiving a dairy goat from Sr. Susan. Right: Mr. Mwangi and Stephanina displaying 2 twin young kids born at Upendo Village.

HOME VISITS

3 guardians were visited at their place of work where they are operating small business enterprises and progress of their business ventures/ projects is very promising. Other 3 clients were visited at their homes.

INTEREST FREE LOAN PROJECT

48 guardians benefited with interest free loans making a total of 236 beneficiaries who have been granted the loans since the inception of the project. These loans have directly and indirectly benefited a total of 944 family members. Most of the guardians who benefitted from the interest free loan project in the past have fully repaid their loans and they have started IGA projects which have improved their living standards.

TRAINING ON IGAS

During the period under review, 110 guardians and 347 clients were sensitized and trained on the importance of all the IGAs projects. All the trainings took place during the weekly support group meetings.

DEMONSTRATION GARDEN

ASN Upendo Village demonstration garden has continuously been well managed through the IGAs department.



Mr. Mwangi (Gardener) managing the Upendo Village kitchen demonstration garden.

WATER PLANT PROJECT (FOUNTAIN VALLEY PACKAGED PURE DRINKING WATER)

SEMI-AUTOMATIC WATER PROCESSING MACHINE PROJECT

Through the introduction of a 1500 bottles per hour semi-automatic water processing/ bottling plant, water packaging (filling, capping, sealing and labelling) was increased by 200% therefore packaging between 2500 to 3000 litres of purified and filtered water in 2 hours from the current 500 litres in 8 hours.



Water attendants filling bottles of water using the newly installed semi-automatic water processing machine.

MEDICAL DEPARTMENT

The dispensary has constantly been expanding its services in terms of community and public outreach in provision of medical services. In the months under review, the dispensary continued to provide curative, preventive, promotive and rehabilitative health care services to the community.

The following services were offered:

- Maternal and child health clinic
- General outpatient care for both adults and pediatrics
- Comprehensive care for those chronically ill

The table below shows the workload for the period under review

Services Offered	March 2017	April 2017	Totals
Outpatient Department(OPD)	250	587	837
Child Welfare Clinic(CWC)	74	133	207
Antenatal Clinic (ANC)	15	13	28
Comprehensive Care Clinic (CCC)	16	17	33
Voluntary Counseling and Testing (VCT)	41	19	60
Laboratory Tests	285	535	820
Cervical Cancer Screening	0	2	2

TOP TEN INSTITUTIONAL DISEASES

- | | |
|---------------------------------|-----------------------------|
| 1. Upper respiratory diseases | 6. Urinary tract infections |
| 2. Lower respiratory diseases | 7. Typhoid fever |
| 3. Pneumonia | 8. Diabetes |
| 4. Hypertension | 9. Skin diseases |
| 5. Arthritis and joint diseases | 10. Intestinal worms |

NUTRITION DEPARTMENT

Despite of the sustained increase in the general price level of goods and services (inflation) in Kenya, ASN Upendo Village continued providing nutritional supplements to clients attending support group meetings. This has been made possible through the noble and selfless donations from our donors and benefactors.

During the period under-review, clients held their regular monthly support groups meetings and were enlightened on the following areas.

- ❖ Eating well balanced locally available meals, since most of them live below poverty line hence not able to afford balanced meals all through their diets.
- ❖ Introduction of kitchen gardens to clients especially at this dry seasons/spells.
- ❖ Personal hygiene.

The support group meetings have continued to be very active and vigorous in preparation of meals as well as cleaning up of utensils after taking their lunch. This has acted as a good symbol that our clients can now handle food hygienically and follow the right processes and procedures during meal preparation and therefore lessen cases of opportunistic infections.

DONATION

During the month of April, ASN Upendo Village received a donation of 100kgs sugar, 4 bales (90 kgs) of maize flour, 1 bale of beans, 1 bale of maize, 275 kgs of rice, 72 packets of baking flour, 48 litres of cooking oil and 1 carton of bar soap from local donors who are still friends of Upendo Village.

SUPPORT GROUP ATTENDANCE AND DISTRIBUTION OF NUTRITIONAL SUPPLEMENTS

Through the efforts of the administration and other well-wishers we have managed to feed and distribute nutritional supplements to various members of support groups as shown in the table below.

Name of the support group	March 2017	April 2017	Average
Mai-Mahiu	48	54	51
Karai	68	89	79
Mirera	55	59	57
Town	32	50	41
Total	203	252	228

KIDS CLUB AND ACADEMIC DAYS MEETINGS

During the month of April, the department successfully fed/served around 500 students together with their guardians with a well-balanced lunch.



Left: Kids lining up to be served with nutritious meals. Right: Parents/ guardians serving their kids with lunch at the new kitchen and dining building.



Pupils enjoying nutritious lunch at the new constructed kitchen and dining building.

GRANNIES MEETINGS

During the period under review, the department also managed to successfully provide nutritional supplements to an average no. of 38 grandmothers during their support group meetings.

SOCIAL WELFARE DEPARTMENT

SUPPORT GROUP PROJECT

Support groups bring clients together to share, learn and provide each other with encouragement. Disclosure to one's family can be difficult but sharing with people who have been through the same experience helps.

The monthly meetings have been beneficial to the clients. Social stigma has reduced and adherence to ART medications has also improved. During the month of March, support group members were taught on table banking and in April 2017 they were taught on adherence.

ENROLMENT

During the period under review, we enrolled the following clients;

Clients Enrolled	March 2017	April 2017	Cumulative
HIV Positive women	2	10	2,224
HIV Positive men	1	0	771
HIV Positive children	1	1	344
Orphan Vulnerable children	17	22	6,425
House hold members	1	6	3,001
Total	22	39	12,765

KIDS AND TEENAGERS MEETING

The month of April had a lot of activities; on April 26th, 2017, the department held a meeting for HIV positive children, teenagers and their guardians. Kids club provide a safe space for the children to build their confidence and develop a support network.

The department organized the kids into three groups; kids between 3 and 7 years, 8 and 12 years and 13 to 19. A total of 47 kids, 26 teenagers and 35 guardians attended the meeting. Young children made patterns and played different games while those between 8 and 12 were taken through characteristics and development of good discipline.

Teenagers were taken through academic mentorship, despite of their HIV status they need to work hard in school and college. The guardians were taught on disclosure of HIV status to children.



Kids club members with one of the guardians posing for a group photo.

PREVENTION OF MOTHER TO CHILD TRANSMISSION OF HIV/AIDS (PMTCT)

Prevention of mother to child transmission of HIV and AIDS continues through supporting mothers of exposed babies with infant formula milk. During the month of March and April 2017, the department had 9 and 8 babies on formula milk respectively. 1 baby who had attained 9 months was weaned in the month of April. The department during the period under review also enrolled 1 expectant mother who opted for exclusive replacement feeding.

Infant Formula Milk Data		
	March 2017	April 2017
No. of Infants accessing “Infant Formula Milk”	9	8
No. of Infants Weaned	0	1
No. of Expectant Mothers	0	1

DONATIONS

On April 10th, 2017, ASN Upendo Village was privileged to receive a donation of foodstuffs and second hand clothes from a well-wisher. On behalf of the management of Upendo Village, the department appreciated and acknowledged the receipt of the donations which will benefit the needy clients.

INTERNATIONAL WOMEN’S DAY

On March 8th, 2017, ASN Upendo Village together with members of support groups and grandmothers celebrated the international Women’s Day at ASN Upendo Village. Clients actively participated during the day and the event was colorful and lively. The event started with a word of prayer and thereafter scripture reading. Members of support group and grandmothers presented skits, drama and songs as a way of entertainment and competition among different support groups.



Members of Mirera support group presenting a song.