



“Master Your Story”

Navigation Worksheet

www.ulyssesbutchslaughter.com

In order to Master Your Story, you will need to evaluate past versions of yourself, imagine a new version of yourself and chart a courageous course toward the destiny you seek. Take a moment to reflect on The Compass Questions and then answer the questions in the navigation worksheet.

The Compass Questions

Who am I?
What power sent me into this world?
Why have I traveled into this world?
What will be My greatest contribution in this world?
Where will I go after I leave this world?

Navigation Notes

Logging navigation notes is not an attempt to create a perfect science. Our purpose here is to look for and sometimes even create evidence for the signs that you are on a perfect journey. Evidence for your perfect journey can be found everywhere. You can and will find evidence of perfection in dates, people, places and timing. In order to achieve the perfect journey you will need to confront every challenge with the intent of transcending the challenge, integrating injuries for innovation and reconciling toward radical outcomes. Your perfect journey comes as result of your willingness to flow and not hang on to circumstances, material things or people no matter how important they may appear to be.

Every encounter in your life is an opportunity for you to gain mastery of your story. Let's begin your journey by looking at your entry into this reality and the people through whom you were channeled. Remember, there are no coincidences on a purpose-filled journey. Every revelation is glorious.

What is your name? What does it mean? Who named you?

Where were you born? What is your birthdate?

Have you met your parents? What are their names? What do their names mean? Where were they born?

Are you male or female? Were you born with any physical limitations?

What race do you claim? What ethnicity do you claim? What is your spiritual belief or religion?

Name your siblings. What do their names mean? Where do you fall in the child order?

Note: Delve as deep as possible into these “covers” and “connections” of your life. Openly ask for answers when you are uncertain. Your life's journey is connected to the journeys of others. Their perfect journeys are a part of your perfect journey.