

iForgiveU

FORGIVE
THE ULTIMATE PRACTICE



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Integrated Communication

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Intentions

The outcome you hope for and work towards

Influence

The factors that persuade you including experience, education and additional relationships

Information

The content you bring to bear when engaged in dialogue. This is always limited content.

Intensity

The degree of energy expressed through emotions

Intimacy

The quality and depth of closeness

Intersection

The status of our relational connection. Are we siblings, strangers, husband and wife?

Illusions

Faulty perspectives and made-up conclusions; most often unsubstantiated by any evidence.

Illustrations

Pictures drawn with words to give examples

Interpretations

One person's reconfiguration of another person's communication

Intuition

Instinctual realization of a connection

Integrity

A state revealed by actions matching words

Integration

The blending of components on equal terms