



Finger Lakes High School Football Team Camp

Who: JV and Varsity Players **When:** July 16th—July 19th (6:00-8:30pm)
Where: Lyons High School Turf Field (arrive 30 minutes early for registration)

Camp Highlights

- *Every Offensive and Defensive position will be taught each night
- *7 on 7 Period for Small skill and 1 on 1 period for Big Skill
- *Team periods taught with your own coaches and team
- *Controlled 11 on 11 Period

Contact Information:

David Marean

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Email:

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Camp Fee:

\$60 (non-refundable)

(\$70 after July 1st)

Register online:

[https://www.campnetwork.com/Register/
Register.php?camp_id=397037](https://www.campnetwork.com/Register/Register.php?camp_id=397037)

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What to Bring

Helmet, Shoulder Pads, Cleats,
Athletic shorts, Practice Jersey
and a positive attitude.

Camp Instructors

The camp will be run by Finger
Lakes Football Coaches

*Participants will be wearing high school issued helmets and shoulder pads This camp will **NOT** supply helmets or shoulder pads. Mouth guards and cleats are also required. No lower body gear is needed. This will be a **NON-Contact** Camp with the emphasis on providing each participant with football fundamentals.*

*Camp is designed to not only teach every participant each position in a safe and fun environment, but also an opportunity for them to work closely with their high school team and coaches as well as compete against other teams in their league. Each participant will receive a T-Shirt if you register **before** July 1st.*