



- 1) 5 rounds Long rectangle, left side, Goal is to watch the slide cycle five times. During the recoil of the gun we want our front sight staying within the rectangle. Adjust grip as necessary.
- 2) Draw and fire 1 round into #1 for 5 repetitions. Goal, when the shooter gets to full presentation there is no need for sight refinement. Which means the shooter will only go as fast as necessary in order to NOT have to have any additional sight refinement.
- 3) Draw 2 rounds into #2 / 2 rounds into #3 for 3 repetitions
- 4) Draw 5 rounds S/H only into #4
- 5) Draw 5 rounds W/H only into #5
- 6) Draw and fire 2 rounds into #1 reload 2 rounds into #6 times for 2 repetitions
- 7) Trigger speed top section, boxes 1,2,3. 3 rounds each. Working from small to big. Cadence of fire speeding up as the boxes get bigger.
- 8) Draw and fire 1 round into #1 / 1 round to the star / 1 into #2 / 1 star / 1 into #3 / 1 star Goal: keeping the shooting very rhythmic and fluid times 2 repetitions
- 9) Ready position, present and fire 2 rounds into larger box #3 times 3 repetitions

Total rounds fired 72 shooter can adjust repetitions as necessary if more time is needed on any particular drill

Additional notes, on anyone of the given drills the shooter is encouraged to add repetitions as necessary in order to allow the shooter to get and retain the required skilled set forth by each drill. Example, on the first string which is the long rectangle the main focus is working on grip and tracking your sights during recoil while keeping the sight within the rectangle. If the shooter is not satisfied with their grip and what they are seeing, then that shooter should stay working the first string until they are ready to move on. It is critical we get the required work out of each and every round that we fire during every drill.