



---

## Suggested Publications for Teens

---

**Deaver, Julie Reece. (1999) *Say Goodnight Gracie*. Econo-Clad Books. ★** "Morgan and Jimmy have grown up together, and are close, loving friends. When Jimmy is killed in an automobile accident, Morgan falls apart and slowly begins a desperate spiral into depression. A wrenching first novel that combines a teenager's emotional trauma with a love story in the best modern tradition."

**Dowler, Laura and Lister, Elena. (2001) *I Will Remember You: A guidebook through grief for teens*. Scholastic Trade. ★** Just as death is a part of life, grieving is a part of living. For teens, this can be a particularly painful lesson to learn. *I Will Remember You* is an inspirational and accessible guide to coping with loss. It includes personal stories of death and life from real teens, advice from a renowned grief counselor, and dozens of hands-on creative exercises to help teens move through their pain and sorrow ... into tomorrow.

**Fry, Virginia Lynn. (1995) *Part of me died, too: Stories of creative survival among bereaved children and teenagers*. Dutton Books. ★** A moving and eloquent chronicle of eleven children, ranging from toddlers to teenagers who have lost family or friends, shows how drawing, music and other rituals can help the grieving process, offering creative strategies for dealing with loss.

**Grollman, Earl A. (1993) *How to Cope with Losing Someone You Love*. Beacon Press. ★** Addresses issues of death particularly affecting teenagers, such as normal reactions to the shock of death, how grief can alter relationships, how to work through grief, and more.

**Hipp, Earl. (1995) *Help for the Hard Times: Getting Through Loss*. Hazelden Information Education. ★** Help for the Hard Times presents a guide that helps teens understand how they experience grief and loss, how our culture in general doesn't often acknowledge their losses or give them tools to grieve, and how they can keep their loss from overflowing.

**McDaniel, Lurlene. (1999) *The Girl Death Left Behind*. Laureleaf. ★** Numb with grief when an accident kills her entire family, fourteen-year-old Beth suddenly finds herself living with her spoiled cousin Terri and trying to make friends at a new school filled with cliques.

**McDowell, Josh and Stewart, Ed. (2000) *Death of a Loved One (Youthlife Collection)*. Word Books. ★** "When will my hurt go away?" Fifteen-year-old Chad Rogers has never experienced such anguish. Suddenly he is faced with the death of his little brother and the critical injuries of his mother and best friend Rob. He now must find a way to survive when those he loves most are gone. But how? Through the aid of a gripping true-to-life story, Josh McDowell along with Ed Stewart offers biblical insights and practical instruction on what your friend can do when faced with such a situation. But more importantly, you will discover how to become a true source of comfort, encouragement, and support to him or her during such a loss. This book is designed for you to read first and then give to your friend. And if you are that person who is experiencing a painful loss, you will learn what to expect in the weeks and months that follow. But more than that, you will discover how to experience the comfort, encouragement and support you need from both God and a friend — most likely the friend who gave you this book.

**Page, Carol Gift. (1994) *Kara (Springsong)*. Bethany House. ★** Kara Strickland thought her world was nearly perfect: a loving, doting father; a beautiful mother; a large, comfortable home in a quiet wealthy neighborhood. With Kara's high school graduation nearing, her future looked great. But when her father dies in a horrible car accident, Kara's world begins to crumble, piece by piece. Will Kara be able to discover her true identity amidst the shattered remains of her family?

**Port, Barbara Ann. (1994) *Something Terrible Happened*. Orchard Books. ★** Twelve-year-old Gillian, whose mother's family is from the Caribbean Islands, leaves her AIDS-stricken mother in New York to live with her father's white family in Oak Ridge, Tennessee, where she learns that anything is possible, including survival.

**Temes, Roberta. (1992) *The Empty Place*. New Horizon Press. ★** A boy describes the feelings of loss, fear, and guilt felt by him and his friend Betsy after each of them experiences the death of a sibling.

**Traisman, Enid Samuel. (1992) *Fire in My Heart, Ice in My Veins*. Centering Corp. ★** This is a journal that encourages teenagers to work through their grief in a creative and healthy way. It allows them to keep permanent memories of the person that died. It also gives them skills to help them throughout their life when faced with grief and loss.

**Williams, Carol Lynch. (2000) *Carolina Autumn*. Bantam Doubleday Dell Pub. ★** Fourteen-year-old Carolina has been through a terrible loss. As she struggles to speak openly to her new boyfriend and to relate to her distant, sad mother, the reader slowly realizes the nature of their shared tragedy. Through letters to her sister and by using her father's camera, Carolina tries to see the past clearly and find a path to an uncharted future. Carolina's clear vision and sense of humor help her to find her way and connect to her boyfriend, her mother, and a life with new purpose and hope.