
Suggested Publications for Adults

Bosworth-Campbell, Alla. (1982) *Life is GOODBYE...Life is HELLO*. Comp Care Pub ★ Shows how to meet grief, get through it, and become quiet victors through the active, honest, and courageous work with the grieving process.

Doka, K. J. (1989) *Disenfranchised grief*. Lexington, Ma: Lexington Books. ★ In this volume of essays the authors describe what they call disenfranchised grief, which "is grief experienced by people when they suffer a loss that is not or cannot be openly acknowledged, publicly mourned, or socially supported."

Finkbeiner, Ann K. (1996) *After the Death of a Child: Living with the Loss through the Years*. New York, NY: Free Press. ★ The author of this thoughtful book set out to explore the long-term, large-scale effects of the death of a child in the family. To find out, she interviewed dozens of parents about how their lives had been changed five or more years following the loss of a child. This is not for newly bereaved readers who hope the pain will go away soon, but may be comforting to parents who have settled in to their grief for a while.

Fitzgerald, H. (1992) *The Grieving Child: A Parent's Guide*. New York: Simon & Schuster. ★ Explaining death to a child is one of the most difficult tasks a parent or other relative faces. The *Grieving Child* now provides much-needed guidance, covering such areas as visiting the seriously ill or dying, especially difficult situations, including suicide and murder, attending a funeral, and the role religion can play.

Gates, P. (1990) *Suddenly Alone: A Woman's Guide to Widowhood*. New York: Harper & Row. ★ Practical suggestions for women who newly face handling their own affairs and picking up where their lives left off. Includes suggestions on how to manage your legal and financial affairs.

Grollman, Earl. (1990) *Talking about Death: A dialogue between Parent and Child*. 3rd Ed. Boston: Beacon Press. ★ This book is really three books in one. First, it is a children's book designed to create an atmosphere in which the child feels comfortable sharing her feelings about death and dying. The illustrations created by Susan Avishai are beautifully clear and promote discussion about feelings. Next, it is a book to help prepare adults to talk to children about death and dying. Finally, it is a resource book which includes 15 pages of resources and an additional 20 pages of helpful books and tapes. The author has created an exceptional tool for families and individuals to use as they cope with and talk about the grieving process.

Gullo, S., Patterson, P., Schwalter, J., Tallmer, M., Kutscher, A., & Buschman, P. (1985) *Death and Children: A guide for educators, parents, and caregivers*. Dobbs Ferry, NY: Tappan Press. ★ Bringing together the views of numerous distinguished scholars, *Death and Children* investigates the child's concept of death from both academic and clinical points of view. The contributors have aimed at developing practical guidelines for a multidisciplinary approach to the care and support of the dying child, the child's family unit, and staff who work with dying children. The findings presented here are also applicable to care of children with life-threatening illness.

Huntley, T. (1991) *Helping Children Grieve: When someone they love dies*. Minneapolis: Augsburg Press. ★ Children are bewildered and full of questions when a grandparent, friend, or someone they love dies. We want to help, and yet the needs of a five-year-old are very different from those of an older child. Theresa Huntley shows how children at various ages understand death and offers positive ways for parents and other caring adults to help them grieve. This book will help you listen to children, answer their questions, and guide them in coping with their feelings. Also included are helps for dealing with the behavior changes that often accompany a child's grief.

Kutscher, A. (1990) *For the Bereaved: The road to recovery*. Philadelphia: The Charles Press. ★ Covers grief, funerals, recovery process, needs of the bereaved, financial concerns, re-entry into life, etc.

Rosof, Barbara D., (1995) *The Worst Loss: How Families Deal Heal from the Death of a Child*. Henry Holt Publishing. ★ A child psychotherapist combines anecdotal case histories and the latest research to help bereaved parents cope with the loss of a child, offering practical and comforting advice on how to overcome the disabling symptoms of grief.

Sanders, C. M. (1999) *Grief. The Mourning After. Dealing with Adult Bereavement*. (2nd Edition) New York: John Wiley & Sons. ★ This book offers practical strategies for therapists and caregivers to use in helping those suffering from grief. New to this edition are materials on the subject of complicated grief, several different approaches to therapy, and guidelines for the caregiver.

Schaefer, Dan, & Lyons, Christine. (1993) *How Do We Tell the Children? A Step-by-Step Guide for Helping Children Two to Teen Cope When Someone Dies*. New York: Newmarket Press. ★ This compassionate, step-by-step guide to talking about death with children is updated with new material on AIDS, the loss of a companion animal, and talking about the mentally handicapped.

Wolfelt, A. (1983) *Helping Children Cope with Grief*. Muncie, IN: Accelerated Development. ★ A valuable tool for teachers, parents, counselors and other caregivers who work with children and their grief experiences.