

the Source +

Market Alerts

TRANSITION The movement of Western growing regions from the Yuma, Arizona area back north to Central California. Many of the products you use year-round are affected during this time, which normally lasts from March to early May. Affected crops may include all lettuce, broccoli, cauliflower, berries and more. "Transition", as this movement is called, often comes with more frequent quality and availability issues. Be sure to read The Source Plus each week for up-to-date recommendations.

ORANGES The severe shortage of **Oranges** has reached the point where certain sizes are largely unavailable. Orders for **113 CT, 138 CT and 163 CT** fruit are very likely to be shorted, or substituted with an **88 CT or larger size**. We recommend **88 CT, 72 CT or larger Oranges** be used through the end of the **Navel** season in early spring.

LETTUCE Supplies of all head lettuce are lighter than normal. Pricing is higher than normal on **Iceberg, Romaine and Romaine Hearts**. Quality is good to fair.

LIMES Poor growing conditions in southern Mexico continue to affect the lime crop. Pricing is higher than normal, and is expected to remain so for a few weeks. Quality is good to fair. For the best per-piece value, use 200 CT-sized fruit and purchase full cases wherever possible.

SOFT VEGETABLES Cucumbers, Yellow and Zucchini Squash are all in short supply. Pricing is higher than normal and quality is fair. Consider using **Bell Peppers or Eggplant** as an alternative.

CAULIFLOWER / BROCCOLI Pricing on whole, crown and floret product is higher than normal, with fair quality.

A Peek at Peak Seasons

Roma Tomatoes: Mexico's harvest of Romas is unusually strong for this time of year. Pricing is good and quality is excellent.

Brussels Sprouts: Supplies are abundant, with very good quality reported.

Potatoes, Specialty/Colored: All varieties of Fingerling and Round colored potatoes are in great supply, with good quality and pricing reported.

Kale: Quality in all growing regions is excellent, with dark green color and full bunches.

Spring Pears: D'Anjou, Red and Bosc Pears are in good supply out of Washington, with very good quality reported.

Melons: Honduras is peaking on their Cantaloupe and Honeydew harvest. Great quality is reported.

Weather Update
















California Yuma, AZ: Rainy conditions expected throughout most of Central and Southern California for the next two weeks. Gusty winds, colder temperatures and some rain for Yuma.

Mexico: Central and Northern regions will have some rain and warmer than normal temperatures.

Florida: Colder temperatures and rain expected in the southern half of the state.



Commodities at a Glance

 APPLES	Quality and pricing are good	 CELERY	Quality and pricing are good	 LETTUCE LEAF	Quality is fair; pricing is higher on Romaine. Green Leaf is the best value.
 ASPARAGUS	Quality and pricing are fair	 CITRUS (LEMONS)	Quality is good, pricing may be higher on certain sizes	 LETTUCE TENDER LEAF	Quality is fair; pricing is good.
 AVOCADO	Quality is good, pricing is fair	 CITRUS (LIMES)	Quality is good, pricing is higher	 MELON (CANTALOUPE)	Quality and pricing are good
 BELL PEPPERS	Quality and pricing are good	 CITRUS (ORANGES)	Quality is good, sizes are running large, pricing is higher	 MELON (HONEYDEW)	Quality and pricing are good
 BERRIES (BLACKBERRIES)	Quality and pricing are good	 CUCUMBERS	Quality is good, pricing is higher	 MELON (WATERMELON)	Quality and pricing are good
 BERRIES (BLUEBERRIES)	Quality and pricing are good	 EGGPLANT	Quality and pricing are good	 ONIONS	Quality and pricing are good
 BERRIES (RASPBERRIES)	Quality and pricing are good	 GARLIC	Quality is fair; pricing is higher	 PEARS	Quality and pricing are good
 BERRIES (STRAWBERRIES)	Quality is fair; pricing is good	 GRAPES (GREEN)	Quality and pricing are good	 PINEAPPLES	Quality and pricing are good
 BROCCOLI	Quality is fair; pricing is higher	 GRAPES (RED)	Quality and pricing are good	 POTATOES	Quality and pricing are good
 BRUSSELS SPROUTS	Quality and pricing are good	 GREEN ONIONS	Quality and pricing are good	 POTATOES (COLORED)	Quality and pricing are good
 CARROTS	Quality is good, pricing is slightly higher	 KALE	Quality and pricing are good	 SQUASH	Quality is fair; pricing is higher
 CAULIFLOWER	Quality is fair; pricing is higher	 LETTUCE ICEBERG	Quality is fair; pricing is higher; pre-cut product is the best value	 TOMATOES	Quality and pricing are good, Romas are the best buy