

Dr. Jonathan D. Smirl
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Sports Concussion Research Lab
 Department of Health and Exercise Sciences, University of British Columbia
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Education

Ph.D. (Cerebrovascular Physiology), 2015, University of British Columbia, Kelowna, BC
 M.Sc. (Cerebrovascular Physiology), 2011, University of British Columbia, Kelowna, BC
 B.Sc. (Biology), 2004, University of Victoria, Victoria, BC

Awards and Fellowships

Innovations in Wellness, Post-Doctoral Fellowship 2016-2017	\$45 000
MITACS Accelerate Internship, 2015-2017	\$30 000
Canadian Traumatic Brain Injury Research Consortium Travel Grant, 2017	\$1 000
UBCO Post-Doc International Travel Grant, 2016	\$1 000
UBCO Dean's Thesis Fellowship, 2015	\$6 000
Izaak Walton Killam Memorial Pre-Doctoral Fellowship, 2013-2015	\$20 000
NSERC PGS-D2, 2013-2015	\$42 000
UBCO Graduate Fellowship, 2012-2015	\$24 000
Physiological Society International Travel Grant, 2011, 2015	\$1 800
UBCO Ph.D. International Travel Grant, 2013, 2015	\$3 000
Special UBCO Award PhD Fellowship, 2012	\$1 500
UBCO Ph.D. Tuition Award, 2011-2012	\$2 500
UBCO Graduate Entrance Scholarship, 2011	\$5 000
UBCO TREK Excellence Undergraduate Scholarship, 2009	\$1 500

Dissertations

Smirl, J.D. The relationship between arterial blood pressure and cerebral blood flow: insights into aging, altitude and exercise (Ph.D.). Supervisor: Philip Ainslie.

Smirl, J.D. Cerebral blood flow in heart transplant recipients at rest and during incremental exercise (M.Sc.). Supervisor: Philip Ainslie.

Refereed Publications

Wright A.D., *Smirl J.D.*, Bryk K., van Donkelaar P. A prospective transcranial Doppler ultrasound-based evaluation of the acute and cumulative effects of sport-related

- concussion on neurovascular coupling response dynamics. *Journal of Neurotrauma*. (In Press).
- Brassard, P., Ferland-Duti H., **Smirl, J.D.**, Paquette M., Le Blanc O., Malenfant S., Ainslie, P.N. Evidence for hysteresis in the cerebral pressure-flow relationship in healthy men. *American journal of physiology heart circ physiol*. In Press (2017).
- Smirl, J.D.**, Wright, A.D., Bryk, K., van Donkelaar, P. *Where's Waldo?* The utility of a complicated visual search paradigm for transcranial Doppler-based assessments of neurovascular coupling. *Journal of Neuroscience Methods*. 270:92-101 (2016).
- Smirl, J.D.**, Wright, A.D. CrossTalk Commentary: Transcranial Doppler ultrasound still has a role in cerebrovascular research.... *Journal of Physiology*. Online Supplement (2016).
- Smirl, J.D.**, Kennefick, M., Wright, A.D. CrossTalk Commentary: HIIT and Aerobic training are like apples and oranges... both are better than being sedentary. *Journal of Physiology*. Online Supplement (2016).
- Smirl, J.D.**, Hoffman, K., Tzeng, Y.C., Hansen, A., Ainslie, P.N. The relationship between cerebral blood flow and blood pressure during supine cycling: influence of aging. *Journal of Applied Physiology*. 120(5):552-63. (2016).
- Kostoglou K, Wright A.D., **Smirl J.D.**, Bryk K., van Donkelaar P., Mitsis G.D. Dynamic cerebral autoregulation in young athletes following concussion. Conference Proceedings IEEE Engineering in Medicine and Biology. 2016:696-699 (2016).
- Smirl, J.D.**, Hoffman, K., Tzeng, Y.C., Hansen, A., Ainslie, P.N. Methodological comparison of active and passive oscillations in blood pressure; implications for assessment of cerebral pressure-flow relationships. *Journal of Applied Physiology*. 119(5):487-501. (2015).
- Smirl, J.D.**, Haykowsky M.J., Marsden, K.R., Nelson, M.D., Jones, H., Ainslie, P.N. The relationship between cerebral blood flow and blood pressure in long-term heart transplant recipients. *Hypertension*. 64(6):1314-20. (2014).
- Numan, T., Bain, A., Hoiland, R., **Smirl, J.D.**, Lewis, N.C., Ainslie, P.N. Static autoregulation in humans: a review and reanalysis. *Medical Engineering and Physics*. 36(11):1487-95. (2014).
- Smirl, J.D.**, Tzeng, Y.C., Monteleone, B.J. and Ainslie, P.N. Influence of cerebrovascular resistance on dynamic pressure-flow relationships in humans. *Journal of Applied Physiology*. 116(12):1614-22 (2014).
- Smirl, J.D.**, Lucas, S.J.E., Lewis, N.C.S., duManoir, G.R., Smith, K.J., Sherpa, N., Basnyat, A.S., and Ainslie, P.N. Cerebral Pressure-Flow Relationship in Lowlanders and Natives at High Altitude. *Journal of Cerebral Blood Flow and Metabolism*. 34(2):367 (2013).

Smirl, J.D., Haykowsky, M.J., Nelson, M.D., Altamirano-Diaz, L.A., Ainslie, P.N. Resting and Exercise cerebral blood flow in long-term heart transplant recipients. *Journal of heart and lung transplant*. 31(8): 906-8. (2012).

Bailey D.M., Jones D.W., Sinnott A., Brugniaux J.V., New K.J., Hodson D., Marley C.J., **Smirl J.D.**, Ogoh S., Ainslie P.N. Impaired cerebral haemodynamic function associated with chronic traumatic brain injury in professional boxers. *Clinical Science*. 124(3):177-89. (2012).

Gelinas J.C., Marsden K.R., Tzeng Y.C., **Smirl J.D.**, Smith K.J., Willie C.K., Lewis N.C., Binsted G., Bailey D.M., Bakker A., Day T.A., Ainslie P.N. Influence of posture on the regulation of cerebral perfusion. *Aviat Space Environ Med*. 83(8): 751-7. (2012).

Tzeng Y.C., Ainslie P.N., Cooke W.H., Peebles K.C., Willie C.K., Macrae B.A., **Smirl J.D.**, Horsman H.M., Rickards C.A. Assessment of cerebral autoregulation: the quandary of quantification. *Am J Physiol Heart Circ Physiol*. 303(6):H658-71. (2012).

Smith, K.J., Wong, L.E., Eves, N.E., Koelwyn, G., **Smirl, J.D.**, Willie, C.K., Ainslie, P.N. Regional cerebral blood flow distribution during exercise: influence of oxygen, *Respir Physiol Neurobiol*. 184(1):97-105. (2012).

Marsden, K.R., Haykowsky, M.J., **Smirl, J.D.**, Jones, H., Nelson, M.D., Altamirano-Diaz, L.A., Tzeng, Y.C., Smith, K.J., Willie, C.K., Ainslie, P.N. Influence of ageing on cerebral blood flow velocity during progressive cycling to volitional exhaustion. *AGE*. 34(3):725-35. (2011).

Willie, C.K., Colino, F.L., Tzeng, Y.C., Binsted, G. Jones, L.W., Haykowsky, M.J., Bellapart, J., Ogoh, S., Smith, K.J., **Smirl, J.D.**, Ainslie, P.N. Utility of transcranial Doppler ultrasound for the integrative assessment of cerebrovascular function. *Journal of Neuroscience Methods*. 196(2):221-37 (2011).

Cheng, D., DeGrosbois, J., **Smirl, J.D.**, Heath, M., Binsted, G. Preceding trial effects on sequential aiming. *Experimental Brain Research*. 215(1):1-11. (2011).

Manuscripts in Review

Smirl J.D., Wright A.D., Ainslie P.N., Tzeng Y.C., van Donkelaar P. Differential systolic and diastolic regulation of the cerebral pressure-flow relationship during squat-stand manoeuvres. *Acta Neurologica Scandinavica*. (post reviewer comments).

Wright A.D., **Smirl J.D.**, Bryk K., van Donkelaar P. Systolic and diastolic regulation of the cerebral pressure-flow relationship differentially affected by acute sport-related concussion. *Acta Neurologica Scandinavica*. (post reviewer comments).

Wright A.D., **Smirl J.D.**, Bryk K., Fraser S., Jakovac M., van Donkelaar P. A prospective transcranial Doppler ultrasound-based evaluation of the effects of repetitive

- subconcussive head trauma on indices of dynamic cerebral autoregulation. *JAMA Neurology*. (post reviewer comments).
- Wright A.D., **Smirl J.D.**, Bryk K., Fraser S., Jakovac M., van Donkelaar P. A prospective transcranial Doppler ultrasound-based evaluation of the effects of sport-related concussion on indices of dynamic cerebral autoregulation. *JAMA Neurology*. (submitted).
- Wright A.D., **Smirl J.D.**, Bryk K., Fraser S., Jakovac M., van Donkelaar P. A prospective transcranial Doppler ultrasound-based evaluation of the effects of repetitive subconcussive head trauma on neurovascular coupling dynamics. *British Journal of Sports Medicine*. (submitted).
- Dierijck J., Wright A.D., **Smirl J.D.**, Bryk K., van Donkelaar P. Sub-concussive trauma, acute concussion, and history of multiple concussions: effects on quiet stance postural control stability. *International Journal of Psychophysiology*. (submitted).
- Kennefick M., Wright A.D., **Smirl J.D.**, van Donkelaar P. Anticipatory postural adjustments as a function of response complexity in simple reaction time tasks. *Gait and Posture*. (submitted).
- Fraser S., Wright A.D., van Donkelaar P., **Smirl J.D.** Cross-sectional comparison of spiral versus block integrated curriculums in preparing medical students to diagnose and manage concussions. *BMC Medical Education*. (submitted).
- Labreque L., Rahimaly K., Imhoff S., Paquette M., Le Blanc O., Malenfant S., Lucas S.J.E., Bailey D.M., **Smirl J.D.**, Brassard P. Diminished dynamic cerebral autoregulatory capacity with forced oscillations in mean arterial pressure with elevated cardiorespiratory fitness. *American Journal of Physiology – Heart and Circulatory Physiology*. (submitted).

Invited Presentations

- Smirl J.D.** Cerebrovascular regulation following concussive and sub-concussive impacts. (University of Calgary – Calgary, AB) (2017).
- Smirl J.D.** An overview of research designs employed in injury prevention. (University of Calgary – Calgary, AB) (2017).

Conference Presentations

- Smirl J.D.**, Kates J, Wright A.D., Bouilane K, Dierijck J.K., Macauley A, van Donkelaar P. An acute bout of soccer heading augments cerebral autoregulation. (International Brain Injury Association: World Congress – New Orleans, USA) (2017).

Smirl J.D., Wright A.D., Bouliane K, Dierijck J.K., Burma J, van Donkelaar P. Sub-concussive soccer heading does not alter neurovascular coupling metrics. (International Brain Injury Association: World Congress – New Orleans, USA) (2017).

Wright A.D., **Smirl J.D.**, Kates J, Bouliane K, Dierijck J.K., Siemens D, van Donkelaar P. An acute bout of soccer heading may alter autonomic function. (International Brain Injury Association: World Congress – New Orleans, USA) (2017).

Dierijck J.K., Wright A.D., **Smirl J.D.**, Bouliane K, van Donkelaar P. An acute bout of soccer heading decreases postural control. (International Brain Injury Association: World Congress – New Orleans, USA) (2017).

van Donkelaar P, Dierijck J, Bouliane K, Wright A.D., **Smirl J.D.** A History of Concussion Does Not Lead to an Increase in Ocular Near Point of Convergence. (International Brain Injury Association: World Congress – New Orleans, USA) (2017).

Bryk K, Dierijck J.K., Bouliane K, Wright A.D., **Smirl J.D.**, van Donkelaar P. A bout of soccer heading induces acute reductions in complex sensorimotor function. (International Brain Injury Association: World Congress – New Orleans, USA) (2017).

Kennefick M., Smart S., Wright A.D., Dierijck J.K., Bouliane K, **Smirl J.D.**, van Donkelaar P. Impact of an acute bout of soccer heading on postural adjustments in complex tasks. (International Brain Injury Association: World Congress – New Orleans, USA) (2017).

Brassard, P., Ferland-Duti H., **Smirl, J.D.**, Paquette M., Le Blanc O., Malenfant S., Ainslie, P.N. Presence of Hysteresis in the Cerebral Pressure-Flow Relationship During Repeated Squat-Stand Maneuvers in Humans. (Experimental Biology – Chicago, USA) (2017).

Smirl J.D., Wright A.D., Grewal H.S., Jakovac M, Bryk K, van Donkelaar P. Heart rate variability reductions following a season of sub-concussive head hits are related to the magnitude of impacts experienced. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Smirl J.D., Wright A.D., Bouliane K, Bryk K, van Donkelaar P. Transcranial Doppler ultrasound measures of neurovascular coupling are maintained following acute sport-related concussion. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Smirl J.D., Wright A.D., Bouliane K, Bryk K, van Donkelaar P. A history of multiple concussions does not alter the transcranial Doppler-based assessment of the neurovascular coupling response. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Smirl J.D., Wright A.D., Bouliane K, Bryk K, Jakovac M, van Donkelaar P. Neurovascular coupling response is maintained despite exposure to repetitive sub-concussive head trauma over the course of one contact-sport season. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Smirl J.D., Dierijck J.K., Wright A.D., Bryk K, van Donkelaar P. Effect of a history of 3+ previous concussions on centre of pressure variables during quiet stance. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Smirl J.D., Dierijck J.K., Wright A.D., Bryk K, Jakovac M, van Donkelaar P. Effect of sub-concussive impacts sustained throughout a contact-sport season on quiet stance centre of pressure. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Smirl J.D., Dierijck J.K., Wright A.D., Bryk K, van Donkelaar P. Effects of acute concussion on centre of pressure variables during quiet stance. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Smirl J.D., Wright A.D., Ainslie P.N., Tzeng Y.C., van Donkelaar P. Differential systolic and diastolic regulation of the cerebral pressure-flow relationship during squat-stand manoeuvres. (Cerebral Autoregulation Research Network - Boston, USA) (2016).

Smirl J.D., Wright A.D., Bryk K., Fjeld K., van Donkelaar P. Diminished cerebrovasculature buffering capacity after repeated concussions. (International Brain Injury Association: World Congress - The Hague, Netherlands) (2016).

Wright A.D., **Smirl J.D.**, Fraser S.K., Bryk K, van Donkelaar P. A history of multiple concussions does not confer long-term impairments to dynamic cerebral autoregulation. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Wright A.D., **Smirl J.D.**, Jakovac M, Fraser S.K., Bryk K, Grewal H.S., Dierijck J.K., van Donkelaar P. Exposure to rotational acceleration over the course of one athletic season is related to impairments in an index of dynamic cerebral autoregulation. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Wright A.D., **Smirl J.D.**, Grewal H.S., Bryk, van Donkelaar P. Acute sport-related concussion suppresses heart rate variability beyond clinical recovery. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Wright A.D., **Smirl J.D.**, Bryk K, Fraser S.K., Grewal H.S., Jakovac M, Dierijck J.K., van Donkelaar P. Acute sport-related concussion induces transient impairment in dynamic cerebral autoregulation that is related to SCAT3 performance. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Wright A.D., Grewal H.S., **Smirl J.D.**, Bryk K, van Donkelaar P. History of multiple sport-related concussions alters variability of heart rate response to activity. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).

Wright A.D., Fraser S.K., **Smirl J.D.**, van Donkelaar P. Comparison of spiral versus block curriculum styles in preparing medical students to diagnose and manage concussions.

- (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).
- Wright A.D., Byrk K, Jakovac M, **Smirl J.D.**, van Donkelaar P. Examining the cumulative effect of repetitive head-impacts on the ability to inhibit a motor response. (5th International Consensus Conference on Concussion in Sport – Berlin, Germany) (2016).
- Wright A.D., **Smirl J.D.**, Bryk K., van Donkelaar P. Systolic and Diastolic regulation of the cerebral pressure-flow relationship differentially affected by acute sport-related concussion. (Cerebral Autoregulation Research Network - Boston, USA) (2016).
- Fraser S.K., Wright A.D., **Smirl J.D.**, van Donkelaar P. Comparing spiral and block curriculum styles for concussion knowledge. (UBC students in health annual research conference – Vancouver, Canada) (2016).
- Wright A.D., **Smirl J.D.**, Fjeld K., Bryk K., van Donkelaar P. Temporary impairment in buffering capacity of the cerebrovasculature to blood pressure changes in sport related concussions. (International Brain Injury Association: World Congress – The Hague, Netherlands) (2016).
- Bryk K., Wright A.D., **Smirl J.D.**, Fjeld K., van Donkelaar P. The effects of concussion history on response inhibition. (International Brain Injury Association: World Congress – The Hague, Netherlands) (2016).
- Kostoglou K, Wright A.D., **Smirl J.D.**, Bryk K., van Donkelaar P., Mitsis G.D. Concussion and Cerebral Autoregulation in young athletes. (International Symposium in Intracranial Pressure and Neuromonitoring – Boston, USA) (2016).
- Kennefick M., Wright, A.D., **Smirl, J.D.**, van Donkelaar, P. Anticipatory postural adjustments as function of response complexity in simple reaction time tasks. (Society of Neural control of Movement – Montego Bay, Jamaica) (2016).
- Kostoglou K, Wright A.D., **Smirl J.D.**, Bryk K., van Donkelaar P., Mitsis G.D. Dynamic cerebral autoregulation in young athletes following concussion. (IEEE Engineering in Medicine and Biology – Orlando, USA) (2016).
- Ellis L.A., Ainsie P.N., **Smirl J.D.**, Tallon C.M., Simair R.G., Sletten N.R., Morris, L.E., Armstrong V.A, McManus A.M. Cerebral blood flow during progressive exercise to exhaustion in children and adults. (Okanagan Cardiovascular and Respiratory Symposium – Silverstar Mountain, Canada) (2016).
- Dierijck J.K., **Smirl J.D.**, Wright A.D., Wallace C, Byrk K, Bouliane K, McNulty J, Purpur J, McLeod M, Kennefick M, van Donkelaar P. Effects of an acute bout of soccer heading on neurovascular coupling. (Canadian Association of Neuroscience – Toronto, Canada) (2016).

- Wright A.D., **Smirl J.D.**, Wallace C., Bryk K., van Donkelaar P. Indications of impaired cerebrovascular buffering of rapid blood pressure changes following one season of participation in contact sports. (Canadian Association of Neuroscience – Toronto, Canada) (2016).
- Bryk K, Wallace C, **Smirl J.D.**, Wright A.D., Dierijck J, Bouliane K, McNulty J, McLeod M, Purpur J, Markson S, van Donkelaar P. The effects of an acute bout of soccer heading on response inhibition. (Canadian Association of Neuroscience – Toronto, Canada) (2016).
- Dierijck J.K., Wright A.D., Bryk K, **Smirl J.D.**, van Donkelaar P. Postural control is transiently altered following acute concussion. (Canadian Society for Psychomotor Learning and Sport Psychology – Waterloo, Canada) (2016).
- Dierijck J.K., Wright A.D., Bryk K, **Smirl J.D.**, Jakovac M., van Donkelaar P. Postural control is maintained despite a season of sub-concussive head impacts. (Canadian Society for Psychomotor Learning and Sport Psychology – Waterloo, Canada) (2016).
- Smirl, J.D.**, Hoffman, K., Tzeng, Y.C., Hansen, A., Ainslie, P.N. Methodological comparison of active and passive driven oscillations in blood pressure; implications for the assessment of cerebral-pressure flow relationships. (Cerebral Autoregulation Research Network – Southampton, UK) (2015).
- Smirl, J.D.**, Hoffman, K., Tzeng, Y.C., Hansen, A., Ainslie, P.N. The relationship between blood pressure and cerebral blood flow during supine cycling: Influence of aging. (Physiological Society – Cardiff, UK) (2015).
- Wright, A.D., **Smirl, J.D.**, Fjeld, K., Bryk, K., van Donkelaar, P. Sport-related concussion induces transient impairment in dynamic cerebral autoregulation metrics. (Clinical Investigation Annual Scientific Meeting – Toronto, CAN) (2015).
- Neary, J.P., Butz, M., Dahlstrom, K., **Smirl, J.D.**, Bishop, S. Effects of physical exertion and heat stress on cerebrovascular response in professional firefighters. (Brain – Vancouver, CAN) (2015).
- Smirl, J.D.**, Haykowsky M.J., Marsden, K.R., Nelson, M.D., Jones, H., Ainslie, P.N. The relationship between cerebral blood flow and blood pressure in long-term heart transplant recipients. (Cerebral Autoregulation Research Network – San Diego, USA) (2014).
- Bishop, S., Burnett, T., **Smirl, J.D.**, Ainslie, P.N., van Donkelaar, P., Neary, J.P. Uncoupling of flow-pressure relationships following sport concussion in elite athletes. (Cerebral Autoregulation Research Network – San Diego, USA) (2014).
- Neary, J.P., Butz, M., Dahlstrom, B., **Smirl, J.D.**, Bishop, S. Effects of physical exertion and heat on cerebrovascular response in professional firefighters. (Cerebral Autoregulation Research Network – San Diego, USA) (2014).

- Smirl, J.D.**, Lewis, N.C.S., Lucas, S.J.E., duManoir, G.R., Smith, K.J., Sherpa, N., Basnyat, A.S., and Ainslie, P.N. Cerebral Pressure-Flow Relationship in Lowlanders and Natives at High Altitude. (Cerebral Autoregulation Research Network – Porto, Portugal) (2013).
- Smith, K.J., Macleod, D., Willie, C.K., Lewis, N.C.S., Murphy, K., Hoiland, R., Ray, L., **Smirl, J.D.**, Ikeda, K., Tymko, M., Donnelly, J. duManoir, G.R., Foster, G., Macleod, N., Day, T., Ainslie, P.N. Cerebral blood flow and metabolism during exercise at high altitude. (Hypoxia – Lake Louise, Canada) (2013).
- Smirl, J.D.**, Ainslie, P.N. Influence of Cerebrovascular Resistance on Dynamic Cerebral Autoregulation in Humans. (Cerebral Autoregulation Research Network – Nijmegen, Netherlands) (2012).
- Hornsby WE, Khouri MG, Lakoski SG, Ainslie P, **Smirl J.D.**, West M, Lane A, Coan A, Ona FV, Klaunig JE, Koceja DM, Chapman RF, Jones LW. Autonomic and Cardiovascular Function of Hormone-Receptor Positive Breast Cancer Patients Following Treatment with Anthracycline-Containing Chemotherapy. (American College of Sports Medicine – San Francisco, USA) (2012).
- Wong, L.E., Smith, K.J., Koelwyn, G., **Smirl, J.D.**, Ainslie, P.N., Eves, N.D. Alerting oxygen tension during exercise does not effect flow mediated dilation in healthy young males. (Physiological Society – Edinburgh, UK) (2012).
- Smirl, J.D.**, Haykowsky, M.J., Tzeng, Y.C., Marsden, K.R., Jones, H., Nelson, M.D., Altamirano-Diaz, L.A., Ainslie, P.N. Cerebral blood flow in heart transplant recipients: rest and exercise. (Physiological Society – Oxford, UK) (2011).
- Bailey, D.M., Jones, D.W. , Sinnott, A., Brugniaux, J.V., New, K.J. , Hodson, D., Marley, C., **Smirl, J.D.**, Ainslie, P.N. Dynamic cerebral autoregulation remains preserved in professional boxers. (Physiological Society – Oxford, UK) (2011).
- Hodson, D., Gibson, R., Jones, D.W., Sinnott, A., Brugniaux, J.V., New, K.J., Hall, J., **Smirl, J.D.**, Ainslie, P.N., Bailey, D.M. Neurocognitive function across the spectrum of high contact sports. (Physiological Society – Oxford, UK) (2011).
- Brewster, K., **Smirl, J.D.**, Bourns, K., Colino, F., Ainslie, P.N., Binsted. G. Effects of visual deprivation on regional cerebral blood flow velocity and neurovascular coupling. (Vision Sciences Society – Naples, USA) (2011).
- Smirl, J.D.**, Ainslie, P.N., Tzeng, Y.C., Marsden, K.R., Jones, H., Nelson, M.D., Dolinsky, V., Haykowsky, K, Haykowsky, M.J. Alterations in arterial-cardiac baroreflex and dynamic cerebral autoregulation following heart transplantation. (Canadian Society for Exercise Physiologists – Toronto, CAN) (2010).
- Marsden, K.R., Haykowsky, M.J., **Smirl, J.D.**, Jones, H., Nelson, M.D., Ainslie, P.N. Influence of aging on cerebral blood flow during high intensity dynamic exercise. (Canadian Society for Exercise Physiologists – Toronto, CAN) (2010).

Cheng, D. T., De Grosbois, J., *Smirl, J.D.*, Binsted, G. Sequence effects during manual aiming: A departure from Fitts's Law? (Vision Sciences Society – Naples, USA) (2010).

University Course Development

Developed a graduate level course on cerebrovascular physiology (Fall 2016)
Co-wrote the lab manual: 300 level course on exercise physiology (Winter 2012)
Co-wrote the lab manual: 300 level course on laboratory techniques in physiology (Fall 2011)

Student Mentorship

Ph.D: Alexander D. Wright (MD/PhD; Vanier Scholar), Michael Kennefick, Colin Wallace
M.D.: Michael Jakovac, Sarah Fraser, Harjas Grewal
M.Sc: Kelsey Bryk, Jill Dierijck, Sarah Markson, Kevin Bouliane
B.HK: Kevin Bouliane, Jonathan McNulty, Alex Hansen, Alannah Macaulay, Joel Burma, Dallas Siemens, Thierry Lamvohee
B.Sc.: Jeff Kates

Professional Memberships

Canadian Traumatic Brain Injury Research Consortium (CTRC)
Cerebral Autoregulation Research Network (CAR-Net)
Canadian Society for Exercise Physiologists (CSEP-CAN)
The Physiological Society (Physoc-UK)

Conference Chair

Cerebral Autoregulation Research Network (CAR-Net)
Co-Chaired the oral session on Cerebrovascular Autoregulation in Disease (2016 Conference)

Manuscript Reviewer

Medicine and Science in Sports and Exercise (MSSE): Impact Factor 4.5
Acta Physiologica (Acta Physiol): Impact Factor 4.4
Journal of Applied Physiology (JAPPL): Impact factor 3.1
Journal of Neuroscience Methods (J. Neurosci. Methods): Impact Factor 2.3

Guest Presentation Experience

University of British Columbia - School of Health and Exercise Sciences:

- HMKN 315: Guest Lecture and developed a lab on the principles of transcranial Doppler ultrasound with context to neurovascular coupling measures: Winter 2017, Winter 2016

- Presented findings from the Helios protective head-gear development study to a group of local high school students interested in sports medicine, highlighting some of the diverse opportunities present at UBC. Winter 2017
- Kasugai (Japan) Delegation Presentation: Demonstrated how to perform cerebrovascular physiology measurements to faculty members from Chubu University: Summer 2016
- MITACS ACCELERATE: Was a guest presenter announcing a new \$6 million fund alongside: Minister of Advanced Education – Dr. Andrew Wilkenson, CEO of MITACS – Dr. Alejandro Adem, CEO of Helios Global technologies – Martin Cronin, and UBC Deputy Vice Chancellor – Dr. Deborah Buszard: Winter 2016
- HMKN 501: Guest Lecture on principles of scientific writing: Winter 2016
- International High School Recruiters: Summer 2012
- CREATE Program: Fall 2011

Okanagan College (Penticton Campus) – Human Kinetics program:

- Mt. Everest Research Expedition (Translation to the Public): Spring 2012

Teaching Experience

Lecturer, University of British Columbia:

Graduate level course on cerebrovascular physiology (Fall 2016)

Teaching Assistant, University of British Columbia:

Anatomy and Physiology I – HMKN 190 (Fall 2013)

Exercise Physiology II – HMKN 310 (Winter 2012, Fall 2012, Fall 2014)

Laboratory Techniques in Exercise Science – HMKN 312 (Winter 2010, Fall 2011, Winter 2013, Winter 2014, Winter 2015)

Anatomy and Physiology II – BIOL 133 (Winter 2011)

Anatomy and Physiology I – BIOL 131 (Fall 2010)

Cardio-Respiratory Disease: Pathology to Prescription - HMKN 410 (Winter 2010)

Introduction to Health and Fitness - HMKN 100 (Fall 2009)

Most recent TA evaluation score: 4.92/5.00 – consistently averaged >4.50/5.00 across all courses

Research Experience

Post-Doctoral Fellow, University of British Columbia:

Sport Concussion Research Lab – 2015-Current

Research Assistant, University of British Columbia:

Centre for Heart, Lung and Vascular Health – 2010-2015

Lab Coordinator, University of British Columbia:

Exercise Physiology II – HMKN 310 (Fall 2012)

Research Skills

Assessment of major factors that affect cerebral blood flow:

Assessment of cerebrovascular function using transcranial Doppler ultrasound (middle, anterior and posterior cerebral artery velocities)

Assessment of cerebral pressure-flow response using power spectrum and transfer function analysis during orthostatic challenges (Induced oscillations in blood pressure and lower body negative pressure)

Assessment of neurovascular coupling within the anterior and posterior regions of the brain during visual tasks and cerebrovascular reactivity via rebreathing.

Examining signal processing techniques on the assessment of cerebrovascular functioning.

Experience with clinical populations:

Performed studies with elite football, rugby soccer and hockey players examining sports-related concussion on cerebral blood flow, neurovascular coupling, cerebral autoregulation, executive function, and balance assessments (University of British Columbia) and on cerebral autoregulation metrics in professional boxers (University of Glamorgan - Wales)

Performed studies with heart transplant recipients (University of Alberta) on cerebral blood flow assessment.

Performed cerebral blood flow studies with Duke University on breast cancer and brain cancer patients.

Performed studies with High Altitude Sherpa at the Ev-K2-CNR Pyramid Laboratory near the base of Mt. Everest (University of British Columbia).

Performed cerebral blood flow studies on firefighters (University of Saskatchewan).

Other research skills and techniques:

Trained in phlebotomy to perform venous blood draws and assessments of blood based biomarkers (Tau protein, S100B and neurofilament light).

Executive function assessments via complexity of movement tasks and response inhibition.

Monitoring concussion symptomology and recovery via SCAT3 assessments

Performing balance perturbations and centre of pressure assessments for postural sway and anticipatory postural adjustments.

Measurements of intraocular pressure (to index alterations in intracranial pressure) and convergence measurements for vision acuity.