



## **INTEGRATED SUPPORTED ACCOMMODATION**

**INTEGRATED FORENSIC, COMPLEX NEEDS  
MENTAL HEALTH AND LEARNING  
DISABILITY ACCOMMODATION, INCLUDING  
SPECIALISED PSYCHOTHERAPEUTIC  
SERVICES FOR ADULTS**

**Continuing Accommodation, Rehabilitation,  
Monitoring, Assessment, Needs Development**



# LUNAR CARE

Integrated Forensic, Complex Needs, Mental Health, Learning Disability Services

**LUNAR CARE is a unique service that provides homely and complete rehabilitation pathways for clients with Mental health problems and or learning disabilities with complex needs. We provide a gateway and offer a smooth and structured transition from a range of services back into the community.**



#### Eligibility Criteria:

- 18 – 65 years
- Learning disability ( IQ range, 50-80)
- History of mental health problems
- Social interaction/personality deficits



**LUNAR CARE** is able to provide all male accommodation and also has a designated all female service based in Humberston (subject to availability).

## Accommodation

**LUNAR CARE** offers structured supported accommodation that is modern and reassuringly homely. We currently have a total of 12 supported accommodation places. These are strategically spread amongst different properties which are 3 to 5 bedroom houses within North East Lincolnshire.

**LUNAR CARE** is proud to be able to offer good quality supported accommodation based around a family type living model to ensure that the clients feel at home and at ease in their new homes.

**LUNAR CARE** encourage and support the maintenance and development of daily living skills, with modern facilities equipped to meet the needs of the Clients. **LUNAR CARE** properties are strategically located within well-established bus routes around Cleethorpes and Grimsby.

Move on plan - support staff will help devise a move on plan (for accommodation) for the client so they have a target/ goal to work towards. Move on accommodation can be provided throughout the service and the overall aim and objective is to work with the individual until they are able to live as independently as possible.

**LUNAR CARE** believes that the client should feel at home and the client is involved with all decisions that are made in relation to their own individual satellite property including choosing their own bedroom decor, plants in the garden, pictures on the walls and all furnishings that meet the relevant safety standards.



# LUNAR CARE

Integrated Forensic, Complex Needs, Mental Health, Learning Disability Services

## Services

We take pride in supporting our clients to achieve their maximum potential and to become independent and equipped with the necessary skills to reside long-term in a community environment.

**LUNAR CARE** helps to improve clients own daily living skills, social skills, educational and or work development as identified through the “needs assessment” process. LUNAR CARE identifies areas where the client needs extra support, through their needs assessment, and provides any extra support that is needed.

**LUNAR CARE** will co-operate and liaise accordingly with other external agencies and following the Care Programme Approach to ensure a high quality of support is being provided. When appropriate **LUNAR CARE** will also work, plan, share and collate information with other relevant external agencies.

**Comprehensive Psychological support is provided as part of the integrated service.**

## Psychological Services

Incorporated into **LUNAR CARE'S** integrated services are:

- Psychological assessment and support
- Intervention
- Evaluation
- Mental health monitoring
- Specialised programmes where appropriate
- Person centred approach
- Stake holder meetings
- Support and supervise independent living skills
- Risk assessments
- Health and well-being action plan
- Sourcing paid and or voluntary employment

We provide all of our Clients with the opportunities to achieve their full potential and maximize their independence.



# LUNAR CARE

Integrated Forensic, Complex Needs, Mental Health, Learning Disability Services

Specialist Psychological Services are able to provide the following as part of LUNAR CARE'S standards:

- Psychometrics
- Risk assessments
- Dialectical behaviour therapy
- Cognitive behaviour therapy
- Schema focused therapy
- Anger management programmes
- Social skills training
- Assertiveness skills training
- Self-Injurious behaviour coping strategies
- Behaviour Modification Programmes
- Community Treatment Orders
- Learning disability assessments

**Specialised tailored programmes are available.**

## **Educational support**

LUNAR CARE strongly supports social inclusion and educational support is provided in house by a first class honours degree Education Tutor for those clients that do not already have the confidence, self- esteem or motivation to attend mainstream education.

## **Meaningful activities**

LUNAR CARE provide a structured activity timetable that is person centred for all of our clients to ensure that the clients are active and socially engaging. Personalised activity timetables are compiled; staff encourage all of the clients to take part in all of their timetabled activities. We have a dedicated activity co-ordinator that will help support the client.



## Referrals

We accept referrals 24hrs a day, 365 days a year from all in-patient services, Commissioners, Social Services, social care providers, residential homes, community settings etc.

**LUNAR CARE** is more than happy to discuss any potential referrals with commissioners, PCT, AMHP's, and community mental health/learning disability CPN's.

This of course is provided free of charge alongside all pre-admission assessments/arrangements/contracts/visits.

## Staff

### Staffing Structure

Our staffing ratios are high. We are able to provide additional staffing and specialist input with structured support tailored to meet the client's needs.

Our Staff Management Team includes:

### Dr Raymond Travers

A Consultant Forensic Psychiatrist who has 17 years' experience at Consultant level with a particular expertise in the assessment and management of individuals with complex mental health presentations. He was elected fellow of the Royal College of Psychiatrists in 2010.

Dr Raymond Travers is the Medical Director of LUNAR CARE and has dedicated all of his professional life to ensuring that the individuals he is involved in supporting receive an appropriate safe personalised psychiatric service that optimises their opportunities for recovery and reintegration into their local community.

Having previously held senior clinical leadership roles within both the NHS and the Independent sector, Dr Raymond Travers has been involved in a number of mental health service development projects both at a regional and national level.



## **Colette Warriner**

A highly experienced Registered Mental Health Nurse who has had many years working in both secure services, transitional services and community services managing supported accommodation, care homes, residential homes and hospitals at a national level, Colette is highly regarded. She is very passionate about the delivery of high quality care and support for clients.

Colette is employed as **LUNAR CARE'S** Registered Manager and she is dedicated to ensuring the quality of the service provision is to the highest of standards.

## **James Cullingford**

Educated with both MSc and BSc degrees, currently working towards higher studies in Psychology, James is our assistant psychologist with three years' experience in mental health care. James is committed to the high standards that **LUNAR CARE** provides within our company.

## **Home Co-Ordinators**

**Karen Blackett** is our lead Home Co-Ordinator, with five years' experience of ensuring a person centred approach is maintained and that the highest standards are achieved. Karen ensures that the whole team is effective in their approach with the right ethics, training, personal attributes to deliver a constant stream of effective care and support.

## **Carol Faniyi**

A Registered Forensic Psychologist Practitioner who is experienced in psychometric assessments, delivering a wide range of programmes and individually tailored psychotherapeutic intervention programmes.

Carol works in a Low Secure Hospital environment with learning disability offenders. Previous to this Carol also worked for the NHS in London in a Medium Secure unit with adult offenders with personality disorders and mental health problems and in older adult mental health.



# LUNAR CARE

Integrated Forensic, Complex Needs, Mental Health, Learning Disability Services

The remainder of the highly dedicated Team

- comprises: Nurse Manager RMN
- Senior Rehabilitation Support Workers
- Rehabilitation Support Workers
- Programme Facilitators with Supervision under Registered Psychologist
- Clerical Staff
- Maintenance Manager

## Fees and Funding

**LUNAR CARE** adopts a person centred approach and believes in specialising support, tailored to meet the individual needs of the clients who are using our services.

We take a flexible approach to pricing and are pleased to negotiate packages based on the client's level of assessed need for both structured support and required interventions.

All psychological support, assessments, recommendations, interventions, and evaluations are included in our price structure as part of our integrated service.

Approval for funding by the appropriate Authority is essential prior to admission taking place.

Discharge planning starts at the point of admission and is continually assessed throughout the individual's care pathway.

## Contact Details:

### HEAD OFFICE ADDRESS:

LUNAR CARE LIMITED  
 The E Factor Building  
 Enterprise Village  
 Prince Albert Gardens  
 Grimsby  
 North East Lincolnshire  
 DN31 3AT

Emails:

[carol@lunar-care.co.uk](mailto:carol@lunar-care.co.uk)  
[drtravers@lunar-care.co.uk](mailto:drtravers@lunar-care.co.uk)  
[colette@lunar-care.co.uk](mailto:colette@lunar-care.co.uk)

### Telephone Numbers:

<b>HEAD OFFICE</b>	<b>01472 361664</b>
<b>REFERRALS</b>	<b>07557735287</b>
<b>Amber House</b>	<b>01472 500448</b>
<b>Topaz House</b>	<b>01472 237476</b>
<b>Emerald House</b>	<b>01652 781710</b>
<b>Dr R Travers</b>	<b>07824 865865</b>
<b>Carol Faniyi</b>	<b>07868 777021</b>