

Level of Stability	Concern	Goal	Flexibility in School
Severely ill	Completely unstable - concerned for the safety and well-being of your student or others.	1) Maintain safety. All other concerns are inconsequential. No other learning goals can be achieved without basic safety.	May need to be on homebound instruction or in a therapeutic environment.
Critically ill	Recuperating from severe illness or is very fragile with frequent and severe mood swings. He does not function well in the outside world or at home.	1) Prevent further deterioration of health. 2) Promote recuperation. 3) Maintain a safe environment.	May need partial school day. Will need low stress levels, low workload and no homework.
Moderately ill	Frequent mood swings but is functioning to some degree in the outside world or at home. The student may do well in one environment and not another.	1) Gradually help student build on his functioning. 2) Learn to identify mood states and triggers.	May be able to attend all day with multiple supports in place. Maintain low stress, reduce work load and reduce homework.
Mildly ill/ Partially stable	Minor mood instability but is functioning fairly well both in the outside world and at home. Stress may still induce an exaggerated response but he recuperates quickly and is able to resume activities.	1) Identify areas that could solidify your student's stability. 2) Help student learn skills that could not be mastered during instability.	Should be able to attend most days with multiple supports in place. Student may be able to handle more work but be careful not to overload. Identifying additional challenges such as learning disabilities may help the child move toward wellness.
Wellness/ Stability	Your student is mood stable and currently functioning well in the outside world and at home.	1) Optimize the length of this period of stability. 2) Monitor for early warning signs of setbacks. 3) Strengthen areas of weakness. 4) Understand any limitations that result from the illness.	Should be able to attend school with support. May be able to handle more work. Will still have unavoidable effects that should be taken into consideration. Backup plans should be in place in case of destabilization.