

Sample Accommodations

Assignments:

- Reduced work
- Assignments given in chunks/ small pieces
- Extended time
- No homework
- Calculator use
- Use of manipulatives in math
- Hands on activities in lieu of typical assignments
- Allow preferred method of writing (printing vs cursive)

Evaluations:

- Flexible presentation
- Flexible timing
- Flexible setting
- Flexible scheduling

Behavioral:

- Ignore minor behavioral infractions
- Emphasis on safety with awareness of his current instability.
- Reinforce self-esteem
- Emergency pass/Safe place
- Allow movement and breaks

Instructional

- Organizational assistance for classroom and homework assignments
- Give directions in small distinct steps
- Make sure instructions are understood
- Reduce noise and distraction
- Use of scaffolding, pre-teaching, and graphic organizers

Environmental

- Minimize visual and auditory stimuli
- Preferential seating
- Calming area of the room or place to go with low sensory distractions.

Program Supports for School Personnel

- Consultation with school counselor
- Teacher training on pediatric bipolar disorder