

## “To Whom Do You Turn?”

### Psalm 121:1-8

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**Greeting:** Grace to you and peace from God our Father, the Lord and Savior Jesus Christ, and the Holy Spirit. Amen!

**Text:** Our text for this day, is from the book of Psalm, 121<sup>st</sup> chapter, and is read as follows:

*<sup>1</sup> I lift up my eyes to the hills-- where does my help come from? <sup>2</sup> My help comes from the LORD, the Maker of heaven and earth... ”.*

This serves as the basis for this day’s meditation, in Jesus’ Name. Amen!

**Salutation:** Dear Brothers and Sisters in Christ

**Introduction:** If you watch television, you might recall an insurance commercial, reminding you not to worry, because you are in “Good Hands”. Now if we stop, and truly think about that saying for a moment, we soon are comforted by the fact that we are not alone. That there is indeed somebody there with us. There is no need to worry, for somebody has got our back. The statement “You’re in Good Hands” gives great comfort to those who are seeking the assurance that everything will be okay in life.

**Transition:** Looking at the text for today, we find the same sort of thing going on.

**Sermon:** Nonetheless, an Old Country Western song says it best, “Life Sticks”!!! Now, isn’t that so true? Life isn’t always so easy. In fact life is downright hard. It has its shares of troubles and heart breaks. Scripture itself reminds us of that. Life, as we know it, isn’t always easy.

The story is told of an elderly man who, after his wife dies from a long battle with cancer, was traveling across the country. And as he was heading from place to place, city to city, from the great plains to the mountains, his car broke down, leaving him distraught and stranded. Suddenly, at just the right time, along came a good Samaritan who has his back, to help him get to a safe place, and to get his car fixed.

You see, in time of troubles, in times of tribulations, in time of disaster, in time of need to whom do you turn to? When you need help, who do you turn to? To whom do you turn when you are lost, unable to find your way? To whom do you turn when you are in trouble? To whom in this life can you turn to? The Psalmist reminds us of who we can turn to.

According to the text, we see that God’s guardian care is evident. It’s evident in the fact that He is constantly on duty, guarding and watching over His people. Jesus is our warrior. God is constantly awake, because He has a deep and abiding concern for each and every

one of His children, for you and for me. Jesus is always on guard. He is always on duty. He is always looking out for our eternal welfare. And Yes, Jesus cares! He cares for you and for me. He reminds us that we are in “Good Hand”.

Mathew writes in his gospel:<sup>1</sup> “Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from the will of your Father. And even the very hairs of your head are all numbered. So, don't be afraid; you are worth more than many sparrows. “

You see, God loves you. He remembers each and every one of His children, 24/7, 365, at the same time remembering our sins no more.<sup>2</sup> The sad thing is that sometime we don't appreciate the love that God has for us through His Son Jesus Christ. Sometimes we just don't think about the blessings that our God bestows upon us.

But the Good news is God, our Guardian, is the present help in all kinds of trouble. In each and every trouble we have in this fallen world our gracious Lord stands with arms open saying, “Cast all of your anxieties on Me because I care for you.” "Come unto Me all you who labor and are heavy laden, and I will give you rest.”

God's guardian care for us is evident in that He is continuously protecting us as we go through our earthly lives on our way to heaven. As we look at our lives, we see the battles raging and the unseen enemy, the devil, attacking us from every direction. But because God loves us, He gifts our battles for us to a once and for all decisive conclusion in Christ Jesus our crucified and alive Savior.

God's guardian care is visible as He maintains His glorious watchfulness over our lives. He tenderly watches over the Christian's highest and most valuable possession - - the soul. And that means you are a “soul survivor” by God's grace through faith in Christ. Holy Scripture says: “For what shall it profit a man if gains the entire world but forfeits his soul?” That intangible part of us is and will always be under the watchful preservation of our loving and living God.

Know, without a doubt, that our guardian Father has made us the promise that He will bring us safely to His heavenly kingdom. He has promised it, and He will do it. No danger can harm us so long as we rest in the shadow of the eternal love of the heavenly Father, relying on the merciful promises of His word.

**Conclusion:** My dear friends in Christ, now to Him who is able to keep you from falling and to present you without blemish before the presence of his glory with rejoicing, to the only God, our Savior through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and forever. Amen!

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<sup>1</sup> Matthew 10:29-31

<sup>2</sup> Jeremiah 34:31c