

What is Invisalign?

Invisalign straightens teeth using a series of removable aligners that are custom-made specifically for your teeth. The aligners are transparent, meaning that you can wear them far more discreetly than typical train track braces. Better still you can remove them for eating, drinking and brushing your teeth so you won't need to worry about food getting stuck in the braces.

Andrew Henderson (GDC - 79406) is the Invisalign provider at this Practice.

How does it work?

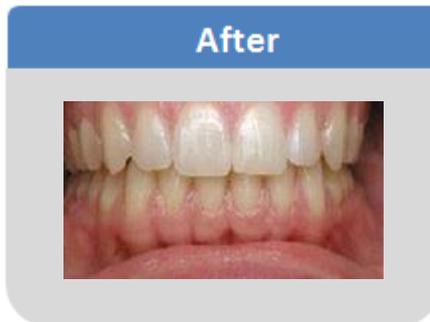
Your Invisalign treatment with us would start with a visit to Andrew or one of our trained nurses. They will see if you are suitable for the treatment and will then discuss what you are looking for.

Once suitability is confirmed, a detailed treatment plan which shows the series of movements your teeth are projected to go through over the course of the treatment – so you can see how your teeth are expected to look at the end of your Invisalign treatment before it even begins.



Once your treatment has started:

- After being custom-made your aligners will be sent to the Practice.
- You'll receive a series of aligners to wear every day and change at home – on average every 1-2 weeks
- You wear each set of aligners for about 2 weeks, removing them only to eat, drink, brush, and floss.
- As you replace each aligner with the next in the series, your teeth will move – little by little, week by week – until they have straightened to the final position the dentist has prescribed.
- You'll visit the dentist about once every 6 weeks to ensure that your treatment is progressing as planned.



How much will it cost?

Tooth straightening is not available on the NHS.

If you are not a registered patient at the practice you would require an examination and full oral health assessment, which would be £45.

Your initial suitability check with a nurse is free.

If you are suitable and wish to go ahead with treatment we would require a £120 deposit, which Upon attendance, this will be deducted from treatment costs.

Our fee for Invisalign is £3000



*Subject to status. Representative example based on 10 % minimum deposit and 12 months interest free credit. Cost of treatment £3000 Payable by £ 300 deposit and 12 months fixed instalments of £225. Total amount payable £3000. 0% APR Representative.

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Frequently asked questions

Can Invisalign treatment close gaps?

Yes. Spaces between teeth are generally easy to close with Invisalign.

What's the best way to clean my aligners?

The best way to clean your aligners is by brushing and rinsing them in lukewarm water. It's important that you brush your teeth after each meal before re-inserting your aligners to maintain good oral hygiene.

Are there restrictions on what I can eat while in treatment?

No. Unlike traditional wires and brackets, with the Invisalign® System you can eat whatever you like while in treatment because you remove your aligners to eat and drink. This also makes it simple to brush and floss your teeth after each meal to maintain good oral hygiene, before re-inserting your aligners.

How often should I wear the aligners?

You should wear your aligners all the time during treatment, except when eating, brushing or flossing teeth. Recommended wear is 22 hours a day.

Will the aligners affect my speech?

The vast majority of patients report no effect on speech. However, as with traditional orthodontic appliances, there is an initial adjustment period associated with having something new in the mouth.

Can I smoke while wearing the aligners?

Smoking is discouraged while wearing aligners because it is possible for the aligners to become stained or discoloured.

How to find us

We are located opposite The Swan public house on Kirkgate, in Cockermouth.



Parking

There is on-street "disc zone" parking on Kirkgate which is limited to 1 hour or on Lorton Road (limited to 2 hours). There are also Pay and Display car parks at the bottom of Kirkgate, and one just off Market Place.



Goodwin & Associates
Dental Practice



TOOTH STRAIGHTENING

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