



# 2017 Summer Coaches Clinic

## July 14 – July 15

### University of Richmond

An opportunity for Coaches from across Virginia to interact with each other while at the same time learning from quality clinicians.

Clinic cost \$50 for VTCA members  
\$75 for non-members.  
You may join the VTCA on site.

Location is Robins Center and on the track.

Coaches Social  
sponsored by  
Potomac River Runner

#### **Topics to be discussed include:**

Sports Psychology  
Injury Prevention  
Practice Preparation  
The Basics of Pole Vaulting  
Teaching and Coaching Hurdles  
Interval Training for Distance Runners  
Being a Meet Director  
And many more

#### **Clinicians Inculde:**

Steve Taylor - University of Richmond  
Claude Toukene - Western Branch HS  
Dr. Bob Harmison - James Madison University  
Chris Pellegrini - West Springfield HS  
Leah Taylor - HCA Virginia Physical Therapy  
Kyle Bishop - AIM High Pole Vault Club  
Randy Bungard - George Mason University  
Nici Rhodes - Atlee HS

Clinic participants can book rooms at the Holiday Inn Richmond-I-64 West End at the cost of \$87.65 after tax. Please let them know you are with the Virginia Track Coaches Association. The hotel is located at 2000 Staples Mill Rd, Richmond, VA 23230 and you can be reached by calling (804) 359-6061.

Questions?

Please e-mail Matt Walton, Clinic Director, at [mwalton@henrico.k12.va.us](mailto:mwalton@henrico.k12.va.us)