



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF GREATER DES MOINES VETERANS & ACTIVE DUTY/RESERVES MEMBERSHIPS

Membership Cost*	Monthly	Annual
Adult <i>(Age 19-64 years old)</i>	\$ 57.50	\$ 690.00
Family <i>(One or two adults residing in the same household with or without dependents up to age 26)</i>	\$ 80.50	\$ 966.00
Senior <i>(Age 65 and over)</i>	\$ 46.50	\$ 558.00
Senior Family <i>(One adult 65+ and one other adult residing in the same household with or without dependents up to age 26)</i>	\$ 64.50	\$ 774.00
*Includes Access to Healthy Living Center (HLC) NO Joiner Fee		

Savings for Member	Monthly	Annual
Joiner Fee	(\$ 50.00)	
Adult HLC Access	(\$ 22.00)	(\$ 314.00)
Family HLC Access	(\$ 33.00)	(\$ 446.00)
Senior HLC Access	(\$ 15.00)	(\$ 230.00)
Senior Family HLC Access	(\$ 19.00)	(\$ 278.00)

Total Annual Savings for the Member	Adult	(\$ 314.00)	42%
	Family	(\$ 446.00)	44%
	Senior	(\$ 230.00)	41%
	Senior Family	(\$ 278.00)	36%

READY TO JOIN?? HERE'S HOW:

- Go to ANY YMCA of Greater Des Moines branch location, tell them you want to sign up for a membership, and present your Military ID or Veterans status ID card.

HOW IT WORKS:

- You may qualify for a more discounted membership due to your current financial situation. Individuals making an annual income less than \$75,000 should contact their closest YMCA location to schedule a financial aid appointment. In this situation, if you are wishing to access the Healthy Living Center YMCA, you will need to schedule your financial aid appointment to take place at the Healthy Living Center. All financial aid is applied as a percentage of the rates listed above.



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MEMBER BENEFITS:

- \$50 Joiner fee waived
- Access to the YMCA Healthy Living Center facility which provides medically integrated programs in a unique healing environment. The center is home to evidence-based programs for: prevention, rehabilitation and restoration.
- 750 class offerings/week
- Free or reduced parking rates (Example: Wellmark Y downtown has attached parking garage with skywalk access, \$1 = 2 hours of parking)
- Countless youth sports and kids camp opportunities
- Free quarterly consultation with Wellness Coach to create nutritional and fitness plan
- While at the facilities, up to two hours/day of children's access to "Learn & Play" Centers with supervised professionals on site
- Very affordable personal training and other structured wellness program activities
- Exciting volunteer activities
- Access to medical programming targeted to fight chronic diseases

YMCA OF GREATER DES MOINES BRANCH LOCATIONS

Ankeny Family YMCA

1102 N. Ankeny Boulevard
Ankeny, IA 50023
515.965.8800

John R. Grubb YMCA

1611 11th Street
Des Moines, IA 50314
515.246.0791

Waukee Family YMCA

210 N Warrior Lane
Waukee, IA 50263
515.987.9996

Boone County Family YMCA

608 Carroll Street
Boone, IA 50036
515.432.5925

South Suburban YMCA

401 E Army Post Road
Des Moines, IA 50315
515.285.0444

Wellmark YMCA

501 Grand Ave.
Des Moines, IA 50309
515.282.9622

Indianola YMCA

306 East Scenic Valley Ave.
Indianola, IA 50125
515.777.7746

Walnut Creek Family YMCA

948 73rd Street
Windsor Heights, IA 50324
515.224.1888

YMCA Healthy Living Center

12493 University Avenue
Clive, IA 50325
515.226.9622