

CLASS DESCRIPTIONS 2016-2017

COMBO CLASS

THE COMBO CLASS IS A MIXTURE OF JAZZ, BALLET(FOR YOUNGER CLASSES)/LYRICAL(FOR OLDER CLASSES), AND LIGHT TUMBLING. THIS IS A VERY FUN CLASS THAT TEACHES THE BASIC SKILLS OF DANCE WHILE GAINING STRENGTH AND COORDINATION. THE STUDENTS IN THE COMBO CLASSES WILL PERFORM A JAZZ DANCE AND A BALLET/LYRICAL DANCE IN THE ANNUAL RECITAL.

HIP-HOP CLASS

THE HIP-HOP CLASS IS A GREAT WAY TO LEARN HIP-HOP SKILLS IN AN ENJOYABLE, HIGH-ENERGY SESSION. THE STUDENTS IN THE HIP-HOP CLASSES WILL PERFORM ONE HIP-HOP DANCE IN THE ANNUAL RECITAL.

CONDITIONING CLASS

THE CONDITIONING CLASSES ARE VERY BENEFICIAL FOR DANCERS WANTING TO IMPROVE THEIR STRENGTH, FLEXIBILITY, LEAPS, AND TURNS. IN THIS CLASS, DANCERS WILL STRETCH AND STRENGTHEN MUSCLES, LEARN THE PROPER TECHNIQUE FOR LEAPS AND TURNS, AND PRACTICE DIFFICULT STEPS IN MORE DETAIL. THIS CLASS WILL NOT PERFORM AN ADDITIONAL DANCE IN THE RECITAL.

BALLET

THE BALLET CLASS IS AN ENTIRE SESSION DEDICATED TO BALLET. THIS CLASS FOCUSES ON BALLET TECHNIQUE, SKILLS, BARRE EXERCISES, CENTER, AND BALLET VOCABULARY. IN BALLET, STUDENTS WILL ALSO BE PREPARING AND STRENGTHENING TO DANCE EN POINTE. BALLET STUDENTS WILL PERFORM A CLASSICAL BALLET DANCE IN THE ANNUAL RECITAL.

LINE DANCING

THE LINE DANCING CLASS IS A GREAT PLACE TO LEARN MANY LINE DANCES. THIS IS PRIMARILY AN ADULT CLASS, BUT YOUNGER STUDENTS MAY ATTEND IF INTERESTED. ATTENDEES WILL LEARN POPULAR NASHVILLE AND NATION-WIDE LINE DANCES ALONG WITH ORIGINAL LINE DANCES. PARTICIPANTS WILL HAVE THE OPPORTUNITY TO SHOWCASE WHAT THEY LEARN AND HAVE A KICKIN' TIME AT LOCAL EVENTS AND THE ANNUAL RECITAL. THE EVENTS AND RECITAL ARE ENCOURAGED BUT NOT REQUIRED TO PARTICIPATE IN WITH THIS CLASS.

PRIVATE LESSONS

PRIVATE LESSONS ARE A GREAT OPPORTUNITY TO RECEIVE ONE-ON-ONE TRAINING. PRIVATE LESSONS CAN BE A ONE TIME CLASS, MONTHLY, OR WEEKLY. THESE SESSIONS CAN BE USED FOR EXTRA PRACTICE AND ASSISTANCE, CATCHING UP FROM MISSED GROUP CLASSES, TRAINING FOR A COMPETITION OR RECITAL SOLO, AND OTHER SPECIFIC NEEDS. STUDENTS TAKING PRIVATE LESSONS WILL ONLY HAVE A SEPARATE DANCE IN THE ANNUAL RECITAL IF AGREED UPON WITH TEACHER, AND THE STUDENT ATTENDS CLASSES ON A REGULAR BASIS.