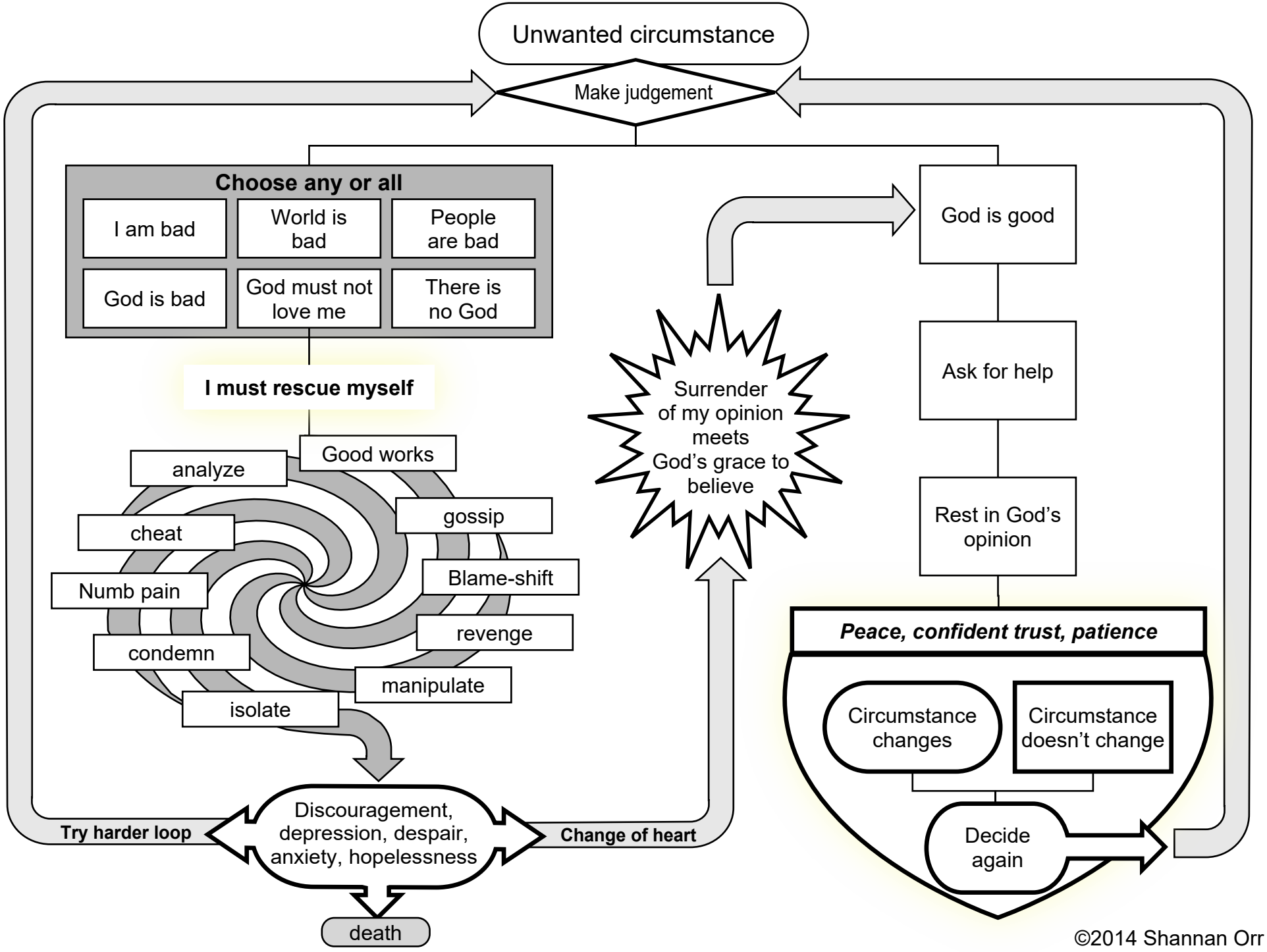
Unwanted circumstance
Make judgement
Choose any or all
I am bad
World is bad
People are bad
God is bad
God must not love me
There is no God
I must rescue myself
Good works
analyze
gossip
cheat
Blame-shift
Numb pain
revenge
condemn
manipulate
isolate
Discouragement, depression, despair, anxiety, hopelessness
Try harder loop
Change of heart
death
Surrender of my opinion meets God's grace to believe
God is good
Ask for help
Rest in God's opinion
Peace, confident trust, patience
Circumstance changes
Circumstance doesn't change
Decide again
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