

2018-2019 Class Descriptions & Schedule

All classes meet once per week

FIRST STEPS—Ages 3-5 (0-1 year of dance)

This is a 45 minute tap, ballet, & tumbling class offered in a structured setting. Dancers will learn basic steps and skills in each genre of dance and use props to encourage participation. Dancers must be potty trained to participate in this class.

Age requirement is 3 (or turning 3 by December) - age 5.

COMBO 1—Ages 5-8 (0-2 year of dance)

****COMBO 2—Ages 5-8 (2 + years of dance)**

Our **Combo 1** class is a structured 45 minute class. Dancers learn basic ballet, tap and tumbling skills. The class begins with a fundamental structured disciplined environment. Students start in tap shoes where young students develop good musicality, timing and rhythm. After 15-20 minutes students will change shoes. Proper ballet terminology is emphasized from a young age. Special attention is given to the physical, emotional and mental developmental needs of our youngest students. In young children the muscles and bones are delicate therefore our focus is to teach an understanding of how the body works physically. In **Combo 2** we continue to build on the skills learned in Combo 1, students are given more difficult steps and terminology.

Little Bops—Ages 5-8

45-minute class, Pre-Hip Hop and Tumbling. This class is great for high-energy dancers! Dancers will learn basic hip hop, pop and tumbling movements and techniques.

Beginning Ballet—Ages 8 +

This class is **1 hour** in length basically consisting of a 1/2 hour barre and 1/2 hour center. Students learn variety of leaps, jumps, turns and more.

Lyrical—Ages 8 +

Lyrical focuses on the emotional aspects of dance while combining the technical elements of ballet with freedom, fluidity, and expressiveness. Class is 45 minutes in length.

Jazz—Ages 8+

Jazz is an electric, exciting style commonly seen in contemporary musical theater, television, and movies. It is a dance style that belongs exclusively to our American culture. Class is 45 minutes in length consisting of a warm-up and then simple steps across the floor followed by short combinations developing the memory skills of the dancer. This class is designed to be taken in conjunction with Beginning Ballet (preferred, not required).

Hip Hop

In this 45 minute class students are introduced to the basic movements of Hip Hop and isolations. Students who study ballet and jazz definitely progress faster in Hip Hop.

****requires teacher approval**

Class times are subject to change based on demand and enrollment:

Monday Classes

Classes begin September 10th

Time	Class	Age	Experience
3:30pm	First Steps	3-5	New Students— 1 year of experience
4:15pm	Combo 1	5-8	New Students— 2 year of experience
5:00pm	Combo 2	5-8	2+ years
5:45pm	First Steps	3-5	New Students— 1 year of experience
6:30pm	Combo 1	5-8	2 + years
7:15pm	Beginning Ballet	8 +	No experience required

Tuesday Classes

Classes begin September 11th

Time	Class	Age	Experience
5-6pm	Beg. Jazz/Lyrical	8+	0-2 years of experience
6:00pm	Beginning Hip Hop	8 +	0-2 years of experience
6:45pm	Jazz/Lyrical 1	8 +	With teacher approval
7:45	Hip Hop 1	10+	With teacher approval

Thursday Classes

Classes begin September 13th

Time	Class	Age	Experience
3:45pm	Toddler Dance	2-3	No experience required
4:30pm	First Steps	3-5	New Students— 1 year of experience
5:15pm	Combo 2	5-8	2+ years
6:00pm	Little Bops	5-8	No experience required
6:45pm	Beginning Tap	8 +	No experience required