



"You can't live a perfect life, but you must live a purposed life." ~Kristen

Author & Speaker Spiritual Midwife, helping women birth dreams

SPEAKING TOPICS

Living On Purpose

Writing & Publishing Books

Women's Empowerment

Pushing Past Pain

Becoming a Wonder Wife

Motherhood

Equipping Women in Business

And So Much More!

ABOUT KRISTEN

Kristen believes that every woman is full of potential and purpose. However, most do not know how to get everything out that is inside of them. Kristen's purpose is to help women draw it out by equipping them with the tools they need to get unstuck. She likes to think of herself as a midwife. Kristen helps women realize that they are PREGNANT with purpose and helps them PUSH past their pain to DELIVER what God has promised them!

AUTHORESS





















PAST ENGAGEMENTS

- WORKSHOP FACILITATOR, EMPOWERHOUR OCTOBER 2010 JUNE 2012
- COMMENCEMENT SPEAKER, MORGAN PARK HS JUNE 2015
- COMMENCEMENT SPEAKER, RANDOLPH ELEMENTARY -JUNE 2015
- WORKSHOP FACILITATOR, THORNTON HS JULY 2015
- SPEAKER, DYOB 15 OCTOBER 2015
- WORKSHOP FACILITATOR, BEAUTY BOOT CAMP JANUARY 2016- MAY 2016
- PANELIST, WORLD OF OPPHERTUNITIES JUNE 2016
- SHOW GUEST, PILLOW TALK AUGUST 2016
- RADIO SHOW GUEST, CHRIST FOR ALL PEOPLE SHOW OCTOBER 2016
- SPEAKER, BE BLOGALICIOUS 8 NOVEMBER 2016
- PANELIST, LIKE WHAT SHE'S DOING LIVE EVENT NOVEMBER 2016
- RADIO SHOW GUEST, THE LANADA WILLIAMS SHOW DECEMBER 2016
- GUEST SPEAKER, SGA FAMILY SERVICES DECEMBER 2016
- RADIO SHOW GUEST, MARNIE'S FRIENDS DECEMBER 2016
- SPEAKER, 15 DAYS OF PRAYER DECEMBER 2016
- FACILITATOR, THE BIRTHING PLAN JANUARY 2017 APRIL 2017
- KEYNOTE SPEAKER, BEAUTY BOOT CAMP BRUNCH JANUARY 2017
- PODCAST GUEST, COOL SOROR PODCAST JANUARY 2017
- TALK SHOW GUEST, FREEDOM GIRLZ TALK SHOW JANUARY 2017
- RADIO SHOW GUEST, WE LIVE LIVE FREE RADIO FEBRUARY 2017
- MODERATOR. THE BLACK LOVE EXPERIENCE FEBRUARY 2017.
- RADIO SHOW GUEST, CHAT DADDY ON WVON FEBRUARY 2017
- PANELIST/SPEAKER, THE WIVES LIVE EVENT MARCH 2017
- KEYNOTE SPEAKER, SIP 'N SEE APRIL 2017
- RADIO SHOW GUEST, CHAT DADDY ON WVON MAY 2017
- GUEST SPEAKER, CHICAGO YOUNG PARENTS PROGRAM MAY 2017
- INSTRUCTOR, THE SCRIBE TRIBE JUNE 2017 & AUGUST 2017









PAST ENGAGEMENTS

- PODCAST GUEST, RIGHT TO REAL LOVE JULY 2017
- PODCAST GUEST, TALKIN ISH W/ LSH AUGUST 2017
- GUEST SPEAKER, CHICAGO YOUNG PARENTS PROGRAM AUGUST 2017
- GUEST SPEAKER, S.W.A.G. TAKEOVER SEPTEMBER 2017
- GUEST SPEAKER, GLENWOOD-LYNWOOD LIBRARY OCTOBER 2017
- SHOW GUEST, WVON RADIO OCTOBER 2017
- WORKSHOP FACILITATOR, RED SHOE EMPOWERMENT EVENT OCTOBER 2017
- PANELIST, HE SAID, SHE SAID RELATIONSHIP GOALS OCTOBER 2017
- PANELIST, NEW LIFE COVENANT CHURCH OCTOBER 2017
- PANELIST, WOMEN'S EMPOWERMENT TEA OCTOBER 2017
- KEYNOTE SPEAKER, BOSS MOM LIFE RETREAT NOVEMBER 2017
- GUEST SPEAKER, FREEDOM GIRLZ LIVE EVENT- NOVEMBER 2017
- PROMO VIDEO, FRIENDS IN THE CITY FOUNDATION FEBRUARY 2018
- RADIO SHOW GUEST, SOUNDVISION RADIO MARCH 2018
- SERVICE HOST, CHRISTIAN LIFE CENTER HAMMOND MARCH 2018
- PODCAST GUEST, HEY LC PODCAST MARCH 2018
- KEYNOTE SPEAKER & HOST, GOD PUT ME UP ON GAME LIVE MARCH 2018
- RADIO SHOW HOST, THE WIVES RADIO SHOW MARCH 2018 PRESENT

FUTURE ENGAGEMENTS

- SEMINAR HOST, BLACK WOMEN'S EXPO APRIL 8, 2018
- WORKSHOP FACILITATOR, TOM JOYNER'S FANTASTIC VOYAGE APRIL 29 MAY 6, 2018









www.kristenrharris.com