

Monday

12:30 - 13:45 – 'Beacon House Lunchtime', 90 - 91 East Hill, Colchester, CO1 2QN

13:00 - 14:15 – 'We are not a glum lot', Methodist Church Hall
Strathmore Avenue, Park Town, Luton, LU1 3NY

19:30 – 20:30 – Friends Meeting House (Quakers), 28 Crawley Green Road,
Luton, LU2 0QX

19:00 - 20:00 – Share Meeting, Full gospel church, 60 high street south, Rushden,
Northamptonshire, NN10 0FR

19:00 - 20:00 – Hyndman Centre , Hospital Road, Bury St Edmunds, Suffolk,
IP33 3JT

19:00 - 20:00 – Stairway Project, 68 Humberstone Gate, Leicester,
LE1 3PL

19:00 - 20:30 – A Light in the Dark, Hampson Park Community, Hampson Park,
Web Rise, Stevenage, SG1 5QU
Meeting Notes: Open, Wheel Chair Access, Parking, Bus close by

19:30-20.30 'Big Book Study' St Johns Carrington Church, Mansfield Road,
Nottingham, NG5 2DP

19:15-20.15 'Meet the Solution', Eaglestone Community Centre8, 8 Harrier Court,
Milton Keynes, MK6 5BZ

20:00 – 21:15 "Hope in Hoddesdon", St. Pauls Church, Hoddesdon
EN11 8TR

20:00 – 21:30 – Holy Rood Catholic Church Hall, Market Street (Entrance on Percy
Road), Watford, WD18 0PJ

20:00-21:30 'The Truth, The Light, The Way', Hatfield Hyde Cricket Club
King George V Playing Fields, Beehive Lane, Welwyn Garden City,
AL7 4BP

Tuesday

11:00 - 12:00 – Women's Meeting, Grace Community Church, 62 Hydean Way,
Stevenage, Hertfordshire, SG2 9XL

12:00 - 13:00 – Baptist Church, Drayton Road (off Furzehill Road), Borehamwood,
WD6 2DF

18:00 - 19:15 – 'Hope, Faith & Courage Meeting' CGL Building, First Floor, 148
King Street, Great Yarmouth, Norfolk, NR30 1BQ **(NEW MEETING)**

19:00 - 20:15 – 'Big Book Reading', St. Marys Church, 82 West Street, Dunstable,
LU6 1NY
Meeting Notes: Share Meeting on last Tuesday of each month

19:30 - 20:30 – Friends Meeting House (Quakers), 28 Crawley Green Road, Luton,
LU2 0QX

19:30 - 20:30 – Happy Joyous & Free, Salvation Army, William Booth Centre,
Shadwell Street, Birmingham, B4 6HA
Meeting notes: O, WC Access, On-street parking, 5 min walk from Snow Hill
Station, 15 min walk from New Street station, Any bus to City centre

19:30 - 21:00 – 'There Is a Solution' Big Book Study, The Mixing bowl, MIND,
49-51 Russel Street, Kettering, NN16 0EN

19:30 - 20:45 – Goffs Oak Gratitude Newcomers, Goffs Oak Methodist Church,
Newgate Street Road, Herts, EN7 5SS

19:30 - 20:30 – The Cloisters Hall, The Cloisters, Rickmansworth, Herts, WD3 1HL
(Onsite parking and nearby street parking)

19:30 – "12 Steps to Freedom" – Salvation Army, Norton Way, Letchworth
Garden City, SG6 1BH

20:00 - 21:30 – 'Archway To Freedom' - Step & Discussion meeting, The
Fellowship Room, Hertford Methodist Church, Ware Road, Hertford, SG13 7DZ

20:00 - 21:30 – 'Sunlight of the Spirit', Dagnall Street Baptist Church, St Albans,
AL3 5EH

Wednesday

12:30 - 13:30 – Methodist Church Hall, 39-43 Strathmore Avenue, Park Town,
Luton, LU1 3NY

19:00 - 20:00 – 'CA DENS' (The Elms), Redbourne Road, Hemel Hempstead,
HP2 7AZ (Big Red Building)

19:30 - 20:30 – 'Hope Faith & Courage', Springfield House, High Street, Stevenage,
SG1 3EJ

19:30 - 21:00 – 'We Can Recover', Open Road 5 A Queen Street, Colchester,
CO1 2PG

19:30 - 20:30 – Hertford Newcomers, Spectrum CRI, Yeomans Court, Ware Road,
Hertfordshire, SG13 7HJ

19:45 - 21:00 – The Hub, 91 Castle Street, Luton, LU1 3AJ

20:00 - 21:30 – 'Experience, Strength and Hope Meeting', CRI- Hertfordshire Drug
and Alcohol Recovery Service, 18 Station Road, Watford, Herts, WD17 1JU
Parking and Entrance at rear

19:30 – 21:00 – 'Hope Faith & Courage', Our Lady's Catholic Church Hall, 77
Occupation Road, Corby NN17 1EE
Guest speaker first Wednesday every month. Wheelchair accessible

19:00 - 20:30 – Big Book Meeting, St Andrews Church, Roman Road, Lowestoft,
Suffolk, NR32 2DG

20:00 – 21:00 - Hobs Moat United Reformed Church
37 Faulkner Road, Solihull, B928SD

Thursday

13:00 – 14:00 "Bridge to Normal Living", St Thomas & St Edward Church, St Pauls
Way, Rochford Ave, Waltham Abbey, EN9 1SB

18:30 - 20:00 – Addaction, 71 High Street, Grantham, NG31 6NR

19:30 - 20:30 – Spectrum, Wolsey Road, Hemel Hempstead, HP2 4TU (Open
Meeting)

19:00 - 20:30 – The Recovery Hub, 175 Felixstowe Road, Ipswich, Suffolk, IP3 8EB
C, WC - Limited Parking Nearest train station: Derby Road, Ipswich
(Ipswich/Felixstowe line) Number 4 bus - Bixley Rd stops - Dominos pizza on
Felixstowe Rd.

19:00 - 20:00 – Stairway Project, 68 Humberstone Gate, Leicester,
LE1 3PL

19:30 - 20:30 – 'We Were Reborn Big Book Group', Central Hall Methodist
Church, Warwick Street, Coventry, CV1 2HA

18:30 - 19:45 – "Blazing the Trail to Recovery" Quakers Friends Meeting House,
5 Lansdowne Road, Bedford, MK40 2BY
19:30 - 20:30 – Recovery Rocks, Trinity Centre, Fisher Mead
Milton Keynes, MK6 2LA

19:30 - 20:30 – A Quiet Peace' - Topics and Shares, The Chapel, St. Columbus
Church, (opposite John Lewis), Downing Street, Cambridge, CB2 3HD

19:30 – 21:00 "Newcomers Meditation", Westmill Community Centre, Bingham
Road, Hitchin, SG5 2TG

19:30 - 21:00 – 'Living in the Solution', St. Johns Church, Mill Street, Derby,
DE1 3HZ

19:30 - 21:00 – BB Study (Share on last Thurs of each month) Experience,
Strength & Hope Discussion Meeting - Mind Building, Anchor House, 6-7 Regent
Square, Sheep Street, Northampton, NN1 2NQ

20:00 - 21:30 – 'A Quiet Peace Share & Meditation Meeting', Baptist Church,
Drayton Road (off Furzehill Road), Borehamwood, WD6 2DF

20:00 - 21:30 – 'Out from Under', Hertford Methodist Church, Ware Road,
Hertford, SG13 7DZ

19:30 - 21:00 – CRI Building, St. Martins House, 14 The Common, Hatfield,
AL10 0UR

19:30 - 21:00 – Stamford B2B Primary Purpose Group, Barn Hill Methodist
Church, Upstairs Lounge (Rear Entrance), North Street Stamford, Lincolnshire,
PE9 2ZS **(NEW MEETING)**

20:00 - 21:30 - 'There Is A Solution', Oasis House, George Street, High Wycombe, Bucks, HP11 2RZ

20:00 – 21:30 "Hope, Faith & Courage", The Technical Institute, Baldock Road, Buntingford, SG9 9AA

Friday

17:30-18.30 'Step Share Meeting' Church of St John the Evangelist, Mansfield Road, Nottingham, NG5 2DP

18:30-19:30 "Christ Church", Junction of High Street and Trinity Lane, Waltham Cross, Hertfordshire, EN8 7ED

19:00 - 20:00 – St. Mathew's Church, Wenlock Street, Luton, LU2 0NQ

19:15 - 20:30 – Candle Light Meeting, St Stephens Church (Opposite King Harry pub), Watling Street, St Albans, AL1 2PX

19:30 - 21:00 – Stevenage CA, Hampson Park Community, Hampson Park, Web Rise, Stevenage, SG1 5QU
Meeting Notes: Open, Wheel Chair Access, Parking, Bus close by

19:30 - 21:00 – Victoria Centre, 46-50 Palk Road, Wellingborough, NN8 1HR

20:00 - 21:30 – Chair Meeting, CRI Drug and Alcohol Recovery Services, 18 Station Road, Watford, WD17 1JU
Parking and Entrance at rear

20:30 - 21:30 – 'Big Book Study', Hill Street Community Centre, *Rugby*, CV21 2NB

Saturday

08:30-10:30 "Breakfast with the Boys", The Fellowship Room, Hertford Methodist Church, Ware Road, Hertford, SG13 7DZ
"Closed and Non-Restrictive"

09:00 - 10:15 – Bushmead Community Hub, Hancock Drive, Luton, LU2 7SF

09:30 - 10:45 – Step 11 Saturday Spirit, Sams Coffee House (Upstairs), 132 Bevan Street East, Lowestoft, NR32 2AQ

11:00 - 12:30 – CRI Building, Armstrong House, Norton Road, Stevenage, SG1 2LX

11:00 – 'Book Bashers' Meeting, Stairway Project, 68 Humberstone Gate, Leicester, LE1 3PL (**NEW MEETING**)

18:00 - 19:00 – "Illusion of Power", Big Book Study Meeting, Full Gospel Church, 60 High Street, Rushden, Northamptonshire, NN10 0FR

18:00 - 19:00 – "Spiritual Awakening", Maxwell Road Community Centre, Borehamwood, WD6 1JJ

19:00 - 20:15 – 'A New State of Consciousness', St Mathews Church, Wenlock Street, Luton, LU2 0NQ

19:30 - 20:30 – 'Problem as we see it', St Catherines Church, 69 Irving Street, *Birmingham*, B5 7BE (Helpline - 07380 291080) (**Open Meeting**)

19:30 - 21:00 – Christ Church New Road Ware Herts SG12 7BS (Entrance via left side of Church)

20:00 - 21:30 – 'We Can Recover Clacton', Open Road, 132 Wellesley Road, Clacton on Sea, CO15 3QD

Sunday

11:30-13:00 "Meditation Meeting", Graham House, Yeomans Court, Ware Road, Hertford, SG13 7HJ

17:00 - 18:00 "Newcomers", Christ Church, Junction of High Street & Trinity Lane, Opposite Theobalds Grove Train Station, Waltham Cross EN8 7ED

18:00 - 19:30 – 'Sunday Hatfield CA Meeting', CRI Building, St. Martins House, 14 The Common, Hatfield, AL10 0UR

18:00 - 19:00 – Unity Park Station, The Old Bus Station, 401 Elder Gate, Milton Keynes, MK9 1LR

19:00 - 20:30 – 'Hope, Faith & Courage', Recovery Topic Sharing Meeting, Mind Building, Anchor House, 6-7 Regent Square, Sheep Street, Northampton, NN1 2NQ

19:00 - 20:15 – Friends Meeting House (Quakers), 28 Crawley Green Road, Luton, LU2 0QX

Website: www.centralukca.co.uk

Online Meetings: www.ca-online.org

WTF updates: wtf@centralukca.co.uk

COCAINE ANONYMOUS Central UK Area

MEETINGS LIST



January 2019

COCAINE ANONYMOUS UK

Helpline: 0800 689 4732 (*mobile friendly*)