



CROCKETT SENIOR NEWS

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Alamo, TN 38034

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2018

Hello Everyone,

Oh my goodness, what happened to spring? If you have outside activities, please remember to stay hydrated.

June has been such a busy month for us with year end reporting so now we are ready for our new year.

I would like to address an issue as kindly as I know how. Crockett County Office on Aging staff loves to host our Birthday Lunch every month; however, this is an event for everyone to participate. Please bring a dish equal to \$5.00, when two are eating this would be two dishes or equal to two dishes in quantity. If you so choose to donate money, this must be given to Mildred a week in advance so we can order food for your donation. Money the day of our dinner defeats this purpose. We are trying to make this a fun event and not a burden to our staff. Thank you in advance for your cooperation.

Love what I do!!!!
Mary R. Moore, Director

Crockett County Senior Center will be closed
Wednesday, July 4, 2018 in observance of Independence Day.



Happy 4th of July

2nd Thursday Birthday Luncheon July 12th

*Happy
Birthday!*

10:30 BINGO

11:00 Speaker– Jimmy Cook

Jimmy will speak about Our Freedoms

11:30 July Birthday Recognition

11:45 Finger Foods Luncheon

*Please bring your favorite Finger Food or
dessert to add to our meal.

*Peggy (Nutrition Dept.) is cooking lunch on the
Third & Fourth Friday of each month.

CROCKETT CENTER NEWS



Line-Dance Lessons

Tuesdays at 1:00 p.m.
New Line Dances
(or Do Your Own Dance)

Brain Games

Continues **Wednesdays**
1:00 p.m.



Shuffleboard & Corn Hole Every Thursday

Starts 9:00 a.m.
In New Room

Come and enjoy these games!



Crockett Senior Center

(Nutrition Department)

has **Ensure** for sale

Assorted Flavors

Regular \$25.00 per case -Diabetic \$40.00 per case

See Peggy at the Center



TryDay Friday Cooking Class

Friday, July 27
at 10:00 a.m.

Sarah Poole with UT Extension Service

*Sign up at Front Desk



Attention Quilters!

Quilting is each **Monday at 9:00 a.m.** in **Dining Room.**

We have a topper and you are invited to come and help quilt it.

We're excited. The first quilt topper is finished. It looks great!

Time spent with friends quilting

has been very rewarding for those who have participated.

We have a new topper to be quilted.

NOTICE

We have a lost jewelry item which was found in the cafeteria recently. If you feel you have lost this item in recent months, please contact staff to describe lost item to see if it belongs to you.

If you are interested in purchasing a leaf on our Donor/Memorial Tree;
please see Michelle.

\$200 for a leaf

In Honor Of
or
In Memory Of



If you need to go shopping,

WAL*MART

Wal-Mart Trip is

Tuesday,

July 3rd

at 12:00 p.m.



Blood Pressure Checks

Wednesdays at 9:00 a.m.
by our staff.

Light & Lively Chair Exercise

Monday, Wednesday & Friday
at 10:30 a.m.

Good exercises done from a chair.



Crockett Senior Center
will be CLOSED





Come Travel with Us !

CANYON COUNTRY FEATURING (Arizona and Utah)

Come to Crockett County Office on Aging & hear more about this amazing trip for April 2019!!

Informative Meeting: 2:00 p.m. - Tuesday, July 31, 2018

Tour Company: Collette

Trip Highlights: Scottsdale, Oak Creek Canyon, Kaibab National Forest, Grand Canyon, Lake Powell, Choice of Monument Valley Navajo Tribal Park or Canyon Adventure Cruise, Bryce National Park, Zion and National Park, Las Vegas.

Reelfoot Lake Pontoon Cruise

July 18th & possibly the 25th

Lunch at Boyette's Restaurant

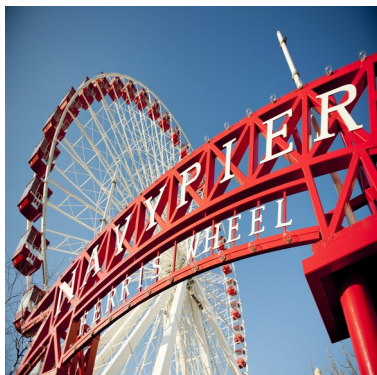
Cost is \$50

which includes transportation, pontoon cruise & lunch at Boyette's

* **Leave Center at 7:30 a.m. sharp!** (Cruise starts promptly at 9:00 a.m.)



This trip is at risk of being canceled. Please share and help us get a few more to travel with us to see this great city. Open to adults of all ages.



Any balance due by July 3, 2018 payable to Crockett County Senior Center.

Chicago, IL

August 3 – 6, 2018 (Friday – Monday)

Great Package price of

\$620.00 pp / double occupancy

*Travel Protection available for \$49.00 payable to *Senior Excursions.*

Contact the Senior Center for info @ 731-696-2050.

This Package Includes:

- * 3 NIGHTS DELUXE ACCOMMODATIONS AT THE HILTON NORTHBROOK
- * 3 GREAT BREAKFASTS AT YOUR HOTEL.
- * 3 FANTASTIC DINNERS INCLUDING:
 - A night of unforgettable dinner & entertainment at *Tommy Guns' Garage*
 - The Untouchables Gangster Tour, Chicago's Original Gangster Tour
- * CHICAGO SIGHTSEEING CRUISE
- * EXCITING GUIDED TOUR OF CHICAGO WITH MANY HIGHLIGHTS ALONG THE WAY
- * A VISIT TO THE FAMOUS NAVY PIER
- * SHOPPING ON THE MAGNIFICENT MILE
- * A VISIT TO THE WILLIS TOWER SKYDECK
- * ALL TAXES AND MEAL GRATUITIES
- * ROUND TRIP BAGGAGE HANDLING



Day Trip to **Chaffin's Barn,**
***Thursday, August 23rd at 12:00PM**
 Bus leaves center @ 8:30 a.m.

'Sister Act'

Cost \$75 (Includes bus transportation, box lunch & ticket)

****There will be NO REFUNDS on this trip after August 9th.**



New England & Canada

*Passport is REQUIRED !

October 6 thru 14, 2018 aboard Norwegian's "Escape"

Cost: \$2,199.00 p-person Inside Cabin / \$2,499.00 p-person Outside Cabin / \$2,699.00 p-person Balcony Cabin

*(Travel Protection: \$259 p-person for Inside/Outside Cabin & \$318 p-person for Balcony Cabins & should be purchased at the time of initial deposit to ensure full benefits) *(Prices based on Double Occupancy)

Cruise with Norwegian Cruise Line. Tour to Portland, Maine, Bar Harbor, Maine, 9/11 Memorial Museum in New York, New Brunswick and Halifax, Nova Scotia

***Note: We need to know ASAP if you plan to go so Tour Co. can book rooms on ship.**

**Price contingent on amount of people going - 32 people or more and bus-fare is FREE to and from the airport.

****NOTICE - There's only three (3) inside cabins available at the \$2,199 price. After these are sold; only three more inside-cabins are available & price will be an extra \$50, for Total of \$2,249.00; per Tour Co.****

***Seats are going fast on this awesome Fall Foliage Trip.**

See Mary soon if you're interested.

November 13-15, 2018

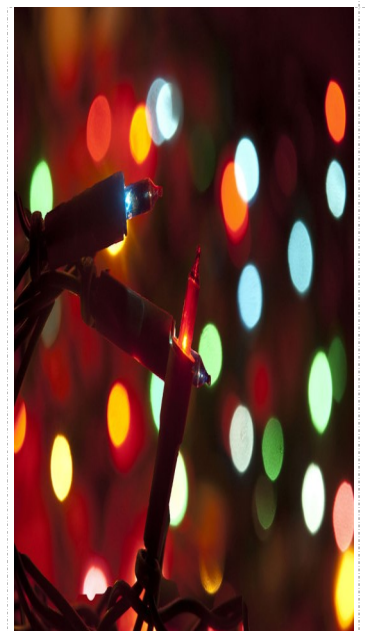
Christmas Lights at Biltmore in Ashville, N.C.

3 Day/2 Night Package Includes: 2 nights Hotel Accommodations / 2 Breakfast & Dinners at Hotel, including one (1) Holiday Dinner at The Biltmore Estate. Also a self-Guided Tour of The Biltmore House / Admission to the Gardens and Grounds at the Biltmore Estate's Garden Conservatory, Antler Village and Biltmore Shops / Wine Tasting at the Famous Biltmore Estate Winery / Explore the Blue Ridge Parkway Folk Art Center / Standard Taxes, Meal Gratuities, Baggage Handling and Deluxe Motor Coach Transportation.

***Travel Protection \$51.00** –purchased at time of initial deposit w/check payable to:
 PML Travel & Tours.

\$50 Deposit Due Now !

Package Rates Per Person	
Double Occupancy.....	\$420.00
Triple Occupancy.....	\$404.00
Single Occupancy.....	\$519.00



July 2018

*Daily Activities:
 Exercise Machines,
 Bingo, Puzzles, Card
 Games, Dancing and
 Library Books*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>9:00 Quilting in Dining Room 10:30 Chair Exercise 11:30 Lunch</p>	<p>3</p> <p>10:30 BINGO 11:30 Lunch 12:00 Wal-Mart Trip 1:00 Line Dancing</p>	<p>4</p> <p>CLOSED</p> <p>Happy July 4th</p>	<p>5</p> <p>9:00 Shuffleboard 10:30 BINGO 11:30 Lunch 12:00 Table Tennis 1:00 Corn Hole</p>	<p>6</p> <p>10:30 Chair Exercise 11:30 Lunch 12:00 Canasta</p>
<p>9</p> <p>9:00 Quilting in Dining Room 10:30 Chair Exercise 11:30 Lunch</p>	<p>10</p> <p>10:30 BINGO 11:30 Lunch 1:00 Line Dancing</p>	<p>11</p> <p>9:00 Blood Pressure 10:30 Chair Exercise 11:30 Lunch 1:00 Brain Games</p>	<p>12</p> <p>9:00 Shuffleboard 10:30 BINGO 11:00 Speaker Jimmy Cook Re: Our Freedom 11:30 Lunch 12:00 Table Tennis 1:00 Corn Hole</p>	<p>13</p> <p>10:30 Chair Exercise 11:30 Lunch 12:00 Canasta</p>
<p>16</p> <p>9:00 Quilting in Dining Room 10:30 Chair Exercise 11:30 Lunch</p>	<p>17</p> <p>10:30 BINGO 10:30 NW Director's Meeting @ Alamo 11:30 Lunch 1:00 Line Dancing</p>	<p>18 <i>Reelfoot Pontoon Ride & Boyette's</i></p> <p>9:00 Blood Pressure 10:30 Chair Exercise 11:30 Lunch 1:00 Brain Games</p>	<p>19</p> <p>8:30 Shuffleboard 10:30 BINGO 11:30 Lunch 12:00 Table Tennis 1:00 Corn Hole</p>	<p>20</p> <p>10:30 Chair Exercise 11:30 Lunch 12:00 Canasta</p>
<p>23</p> <p>9:00 Quilting in Dining Room 10:30 Chair Exercise 11:30 Lunch</p>	<p>24</p> <p>10:30 BINGO 11:30 Lunch 1:00 Committee Board Meeting @ Alamo 1:00 Line Dancing</p>	<p>25</p> <p>9:00 Blood Pressure 10:30 Chair Exercise 11:30 Lunch 1:00 Brain Games</p>	<p>26</p> <p>8:30 Shuffleboard 10:30 BINGO 11:30 Lunch 12:00 Table Tennis 1:00 Corn Hole</p>	<p>27</p> <p>10:00 TryDay Friday Cooking Class w/Sarah Poole in Dining Room 10:30 Chair Exercise 11:30 Lunch 12:00 Canasta</p>
<p>30</p> <p>9:00 Quilting in Dining Room 10:30 Chair Exercise 11:30 Lunch</p>	<p>31</p> <p>10:30 BINGO 11:30 Lunch 1:00 Line Dancing</p>			

*Crockett County
Senior Citizens Center
736 S. Bells St.
Alamo, Tennessee 38001
Phone: 731-696-2050
Address Service Requested*

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www.bbfuneral.com**



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