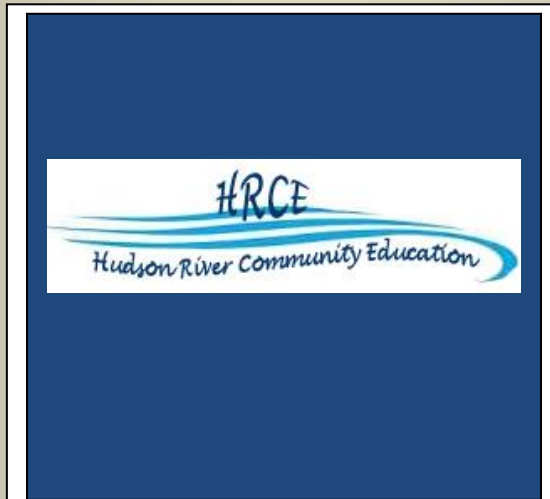


SUMMER 2018



Hudson
River
Community
Education

Coordinated by the
Dobbs Ferry School District

COURSES

How do I register for a class?

Our course offerings appear online by category. When you find something that interests you, you have the following options for registering:

ONLINE: To register online and pay by credit/debit card, please click on the online registration link at www.hrcewestchester.org and follow these step-by-step instructions:

1. Choose a semester from the dropdown and click Search to view programs and course options.
2. Click on course of interest (clicking on the blue class name will give you more detailed information).
3. Click Begin Registration. (*You will be prompted to sign in if you have not already done so. If you are a new participant you will need to click Create Your Account Now to create your personal account before proceeding.)
4. Select Student and click Register.
5. Search for more programs if desired.
6. To check out, click on Complete Registration on the right-hand side of the screen in the Pending Registrations box.
7. Review selections, agree to the Terms of Use and click Continue.
8. Select a saved credit card or click Add a New Card.
9. Fill in the requested information and click Submit.
10. Your receipt and registration confirmation will be emailed to you.

* If you have a username and passcode but have forgotten them, please click Forgot Your Password? in the Login box to request an email with your information.

BY MAIL: Print and complete a registration form, which can be found at the beginning of our catalog or online, and mail it along with a check or money order made payable to DFSD – HRCE to: Dobbs Ferry UFSD – HRCE 505 Broadway, Dobbs Ferry, NY 10522

A \$25.00 fee will be charged for returned checks. Registration confirmations will be sent via email.

BY PHONE : Please call (914) 693-1500 x3148 to register by phone with a credit card.

What is the refund and cancellation policy?

In the event your course is filled or canceled, we will refund your entire payment. Participants may request a refund at least 7 BUSINESS DAYS PRIOR TO THE FIRST CLASS MEETING; please note a \$15 processing fee will be deducted from the refund. No refunds will be granted, for any reason, at any other time. There are no partial refunds or credits for missed classes.

** HRCE does not assume any responsibility, either expressed or implied, for damage to or loss of personal property or injury on the premises or off-site. HRCE is not responsible for any advice or consultation given within or beyond the classroom setting and course curriculum material. HRCE reserves the right to cancel courses that are under-enrolled, to change times and locations where necessary, and to substitute instructors. HRCE does not discriminate on the basis of race, color, sex, handicap, or national or ethnic origin in the administration of its educational policies. **

Hudson River Community Education Registration Form

Name _____

Address _____ Apt. # _____

City _____ State _____ Zip Code _____

Home Phone _____ Cell Phone _____

*Email Address _____

*Needed for notification of emergency cancelation and order confirmation

Course Title	Start Date	Day	Time	Fee

Total \$ _____

Check

Visa

MasterCard

Discover

Credit Card Number

Expiration Date

Security Code

Signature of Cardholder

Please print name as it appears on card

Please make checks payable to the DFSD-HRCE, 505 Broadway, Dobbs Ferry, NY 10522

ABOUT OUR INSTRUCTORS

Janice Cianflone has had many years of experience as a professor of art as well as a professional artist. She has taught watercolor painting, drawing and mixed media at The Westchester Center for the Arts for the past eight years and through their extension offerings in Ardsley and Dobbs Ferry. She attended Pratt Institute and Massachusetts College of Art. She has exhibited widely throughout Connecticut, Massachusetts and New York. She is the recipient of several awards for excellence in drawing and painting. Her paintings are in private collections in Massachusetts, Connecticut, North Carolina, New York, Pennsylvania, Utah and elsewhere.

Antonia De Gennaro was born and educated in Salerno, Italy and is fluent in her native language. Antonia holds a Doctor of Jurisprudence Degree and has taught Italian language, grammar and culture in New York since 1989.

Tina Doyle is a certified member of the National Guild, UK, for couture pattern-making, fitting, draping and tailoring and holds a degree in 3-D Design with honors from Manchester University. She has done extensive work in fashion and interior design in the UK and US. Tina's ongoing interest in structured textiles has led to an impressive roster of exhibitions of her work, including venues in London, Manchester, Chicago and Colorado.

Jessica Goldberg holds a Bachelor's Degree in dance and sociology from the University of Maryland. Jessica has worked for Alvin Ailey American Dance Theatre, Dance New Amsterdam, Peridance, and the Y Dance Academy. Since moving to New York City she has danced with Faye Driscoll, Julie B. Johnson, Reject Dance Theatre and Ground Grippers. She currently dances with Becky Radway Dance Projects. Jessica is the Founding Co-Director of Rivertown Dance Academy in Tarrytown.

Michael J. Greenberg, Esq. is an estate planning, elder law, and special needs attorney at Keane & Beane, P.C. in White Plains. He is a member of the Trusts & Estates and Elder Law sections of the New York State Bar Association as well as the National Academy of Elder Law Attorneys (NAELA). Michael received his law degree from Emory University School of Law and his undergraduate degree from Williams College. He is admitted to the bar in New York, New Jersey, Connecticut, and Florida.

Richard Hoffman has taught American History and Government at Dobbs Ferry High School since 1991. Richard also holds a Master's degree in choral conducting from the Indiana University School of Music. Over the years he has conducted, performed in and hosted many musical productions.

Akiko Ko-Taiano has been studying dance since the age of seven. She has toured nationally and internationally with prestigious dance companies. Akiko has been teaching dance for educational organizations as well as in private studios. She brings over 30 years of expertise in the field of movement education into her classes.

PAS Auto School is the largest and most experienced driving school in the Hudson Valley teaching driving safety for over 40 years. PAS has taught tens of thousands of beginning drivers, especially teenage drivers. In addition to educating young and new drivers, PAS Auto school also offers other 1-day courses at their Tarrytown office.

Ronnee Peters is a well-known stained glass artist, designer and teacher. Ronnee has her Master's Degree in Education and has been working with glass since 1981. Her business, started in 1993, is Captured In Glass.

Gabriela Quezada graduated with a degree in Business Administration from Westchester Community College. In 2013 Gabriela started working as a Zumba instructor throughout Westchester County in senior centers, community centers and gyms teaching all levels of Zumba. She holds a Zumba Pro Skills license and an American Fitness Aerobic Instructor (A.F.A.A.) certificate. Please visit Gabriela's website, gabrielaquezada.zumba.com, for more information about Zumba.

Riverstone Yoga is very excited to be a part of the Dobbs Ferry community and support HRCE with offerings of Yoga, Tai Chi and other specialty classes. They encourage students, young and old, men and women to join them, to practice with fierceness, acceptance, love and compassion for themselves and others. They believe living well is for everyone. Their classes are designed for health and healing, fun and fitness, and a place to find and be a community, a place to keep you informed, inspired and connected. At Riverstone, it's not about the shape of your body, but the shape of your life.

ARTS & CRAFTS

DRAWING

Instructor: J. Cianflone

Learn the basics of drawing including contour, value and form by drawing what you see. Charcoal and pencil will be used in this class. The differences between these two materials, as well as how best to use them, will be discussed. Instructor will work with students according to their ability.

Tuesdays 4:00pm – 6:30pm 6 classes June 19 – July 24, 2018 \$ 170.00

DRAWING WITH COLOR

Instructor: J. Cianflone

In this course we will use colored pencils in two ways: first as a drawing medium by overlapping several layers of colors that will result in a final rich glowing color and the second technique uses solvents that turn the pencils into painterly effects that can mimic paintings. Come and explore this familiar medium in a new and exciting way.

Mondays 4:00pm – 6:30pm 6 classes June 18 – July 23, 2018 \$ 170.00

MOSAIC WORKSHOP

Instructor: R. Peters

Working with stained glass pieces you will make a variety of projects such as frames, mirrors, planters and table tops. No foiling or soldering- simply cut your glass, glue and grout. Patterns will be available. Students will buy their own materials which will be discussed in the first class. Basic skills of stained glass cutting are helpful but not required.

Tuesdays 6:00pm – 9:00pm 6 classes June 19 – July 24, 2018 \$ 180.00

SEWING BEGINNER/INTERMEDIATE

Instructor: T. Doyle

This class will focus on developing and maintaining good sewing machine skills, laying out and cutting fabric, reading and following paper patterns, seam finishes, pressing techniques and hand sewing. This course requires that you **bring your own machine**.

Tuesdays 7:00pm – 9:00pm 6 classes June 19 – July 24, 2018 \$ 150.00

WATERCOLOR TECHNIQUES

Instructor: J. Cianflone

This class will focus on the unique qualities of watercolor painting. Techniques such as flat washes, wet-in-wet, and glazing will be explored. Projects include color mixing, landscapes, and florals with samples provided. Students are encouraged to work at their own pace.

Wednesdays 4:00pm – 6:30pm **OR** 7:00pm – 9:30pm 6 classes \$ 170.00
June 20 – August 1, 2018 **No class on July 4, 2018**

Saturdays 10:00am – 12:30pm 6 classes June 23 – July 28, 2018 \$ 170.00

BUSINESS & FINANCE

HOW TO LEAVE MONEY TO YOUR HEIRS AND PROTECT YOUR ASSETS

Instructor: M. Greenberg, Esq.

The first hour of the lecture will cover methods to ensure that your life savings are passed down to your loved ones, that your estate will not be taken by the government through undue taxes, and that someone you trust will be selected to fulfill your last wishes. We will compare the advantages and disadvantages of wills and revocable living trusts, cover methods for reducing or deferring gift, estate, income and capital gains taxes, show you how to prevent in-laws from gaining access to your family's estate, and teach you how to avoid problems that may arise out of the probate process.

The second hour will address how seniors can protect their assets from medical costs and maintain control in medical and financial decisions and how to assign the trusted people to make these decisions if they cannot. We will cover planning for long-term care, asset-protection, how to apply for Medicaid, the look-back period, asset transfer dos and don'ts, setting up a trust, costs of receiving care at home, nursing-home expenses, and the role of an elder-law attorney.

One-time workshop Thursday July 12, 2018 6:30pm – 8:30pm \$ 25.00

DANCE & MUSIC

A THOUSAND YEARS OF MUSIC IN FOUR HOURS

Instructor: R. Hoffman

A 'tasting menu' of the longer fall/spring course—open to current participants as well as newcomers who'd like to try it out.

What does music across the centuries say to us? What makes some music "classic"? Why are some works considered masterpieces while others are long forgotten? This course invites you to experience a wide menu from the Middle Ages to Mozart to modern times through listening and discussion. We'll explore what composers and songwriters say with music and how they do it. Classes are intended for those who love all types of music and want to enrich their listening experiences beyond the merely familiar.

Wednesdays 6:30pm – 8:30pm 2 classes June 20 & 27, 2018 \$ 50.00

ADULT JAZZ: BEGINNER/INTERMEDIATE

Instructor: J. Goldberg

This class will explore exciting variations consisting of center barre, stretching, conditioning, progressions across the floor and movement combinations. Jazz builds awareness of body rhythms, coordination, performance quality, and the ability to master increasingly complex and intricate choreography.

Mondays 6:00pm – 7:00pm 6 classes June 18 – July 23, 2018 \$ 75.00

DRIVING

DRIVER'S EDUCATION

Instructor: PAS Auto School

Learn how to drive safely with the added bonuses of driving privileges at age 17 and lower insurance premiums. The program consists of 7 weeks of 90-minute lecture classes and 90-minute in-car driving lessons. Classes are held Monday through Friday on a rotating A & B schedule; one day of lecture then one day of driving. ***You must be available all five days.*** Driving instruction is provided by PAS Auto School. Students must turn 16 years old and obtain a Learner's Permit no later than June 22, 2018. Driving lessons will be scheduled separately with PAS Auto School. Please complete the Application/Consent form at the end of this catalog and mail/drop off to the address listed along with a check.

June 25, 2018 – August 10, 2018 Lecture Class: 8:00am – 9:30am \$ 499.00

FITNESS

BARRE

Instructor: Riverstone Yoga

This class utilizes a combination of yoga and barre movements that targets the muscles in the core, glutes and thighs. We incorporate precise movements that sculpt and lengthen the muscles. With your newfound strength, flexibility and balance your entire yoga practice will improve along your body. Low-impact use of weights helps to lengthen and strengthen arms for easier chaturangas and killer triceps.

Saturdays 9:45am – 10:45am 6 classes June 23 – July 28, 2018 \$ 75.00

CHAIR YOGA

Instructor: Riverstone Yoga

Yoga is a physical, mental, and spiritual practice that aims to transform the body and mind. This class is designed to work with seniors and participants with limited mobility.

Mondays 6:15pm – 7:15pm 6 classes June 18 – July 23, 2018 \$ 75.00

HANNA SOMATIC EXERCISE

Instructor: A. Ko-Taiano

Hanna Somatic exercises are an excellent complement to any workout routine, yoga practice or athletic activity. These gentle, easy and safe movements help you to feel comfortable in your own body and more skilled with your overall movement. Benefits include relief of chronic muscle pain as well as improved breathing, self-awareness, mental focus and energy. These classes are appropriate for any age or activity level.

Mondays 7:15pm – 8:45pm 6 classes June 18 – July 23, 2018 \$ 115.00

PILATES

Instructor: Riverstone Yoga

Pilates is a method of exercise that consists of low-impact flexibility and muscular strength and endurance movements. Pilates emphasizes use of the abdominals, lower back, hips and thighs.

Tuesdays 6:30pm – 7:30pm 6 classes June 18 – July 23, 2018 \$ 75.00

POP PILATES

Instructor: G. Quezada

Do you feel like your workout routine has become stale? The innovative, new energy of Pop Pilates takes group fitness to a whole new level with the combination of total body Pilates exercises and choreographed dance. Participants will be challenged to flow from one exercise to the next, developing a rock solid core and leaving no muscle untouched. Every exercise can be modified to fit personal needs.

Wednesdays 6:00pm – 7:00pm 6 classes June 20 – August 1, 2018 \$ 75.00

No class on July 4, 2018

TAI CHI

Instructor: Riverstone Yoga

Chinese martial art that involves slow, meditative body movements designed for self-defense and to promote inner peace. This class is open to all skill levels ages 18+ and geared towards participants with limited mobility.

Thursdays 6:15pm – 7:15pm 6 classes June 21 – July 26, 2018 \$ 75.00

ZUMBA

Instructor: G. Quezada

Zumba is a fun and energetic workout that combines Latin and international music with unique moves and combinations. We take the "work" out of workout by mixing low- and high-intensity moves for an interval-style fitness party. It allows participants to enjoy their workout and stick to the program so they can achieve long-term health benefits in both body and mind. It provides a mixture of body-sculpting movements with easy-to-follow dance steps, with fast and slow rhythms that maximize calorie and fat burning, as well as total body toning.

Thursdays 7:30pm – 8:30pm 6 classes June 21 – July 26, 2018 \$ 75.00

Saturdays 8:30am – 9:30am 6 classes June 23 – July 28, 2018 \$ 75.00

LANGUAGE & CULTURE

ITALIAN

Instructor: A. De Gennaro

The beginner course is designed for participants who have little or no knowledge of Italian. Italian language classes are offered through a comprehensive approach, with a goal of enabling one to read, write and speak with equal proficiency while gaining knowledge of Italy, its culture and history. The classes are conducted in Italian with some English used in the beginning as a support.

The intermediate and intermediate/advanced courses are designed for participants who know basic tenses (present, future, some pasts) and would like to improve their conversational skills. More time is dedicated to conversing, with a continued focus on pronunciation and inflection.

The following texts are suggested for both classes:

Italian: A Self-Teaching Guide, 2nd Edition by Edoardo A. Lèbano
ISBN-13: 978-0471359616

Smiley Face Reader: Raccontini Simpatici (Italian Edition) by McGraw-Hill
ISBN-13: 978-0658005442

Beginners:

Thursdays 6:30pm – 7:30pm 6 classes June 21 – July 26, 2018 \$ 75.00

Intermediate:

Thursdays 7:30pm – 8:30pm 6 classes June 21 – July 26, 2018 \$ 75.00

DOBBS FERRY HIGH SCHOOL SUMMER DRIVER EDUCATION PROGRAM

APPLICATION/CONSENT SLIP

505 Broadway, Dobbs Ferry, NY 10522 (914) 693-1500 x3148

Student's Name, Address, Date of Birth and Permit/License # MUST BE EXACTLY as on the permit/license otherwise the DMV will NOT Convert your Junior to Senior License

Today's Date: _____			Male () Female ()	
Last	First	Middle	Date of Birth	
Address			_____/_____ Home Phone / Student Cell Phone	
City	State	Zip Code	E-Mail Address	
PERMIT/LICENSE NUMBER: _____				
(Required by 06/22/18. Include copy with application or as soon as acquired.)			Name of Full-Time High School	

SUMMER PROGRAM CONSISTS OF:

- Sixteen (16) 90-minute driving and sixteen (16) 90-minute lecture sessions. **June 25th - August 10th**
- Classes are held Monday through Friday on a rotating A & B schedule (one day lecture, from 8:00 a.m. to 9:30 a.m. / one day driving) - **YOU MUST BE AVAILABLE ALL FIVE DAYS**

Please indicate the top 3 time slots that you are available for driving lessons (1, 2 and 3). Schedule will depend on teacher availability and order in which application is received.

7:00 A.M. _____	8:30 A.M. _____	10:00 A.M. _____	11:30 A.M. _____
1:00 P.M. _____	2:30 P.M. _____	4:00 P.M. _____	5:30 P.M. _____

PARENT/GUARDIAN INFORMATION AND CONSENT

I give my child permission to be enrolled in the aforementioned driver education program.

Parent/Guardian (Print Name) _____	Parent/Guardian (Signature) _____	Phone Number _____
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EMERGENCY CONTACT INFO:

Name _____	Phone Number _____
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IMPORTANT INFORMATION

- 1) The summer 2018 program starts on June 25th and will be conducted for 7 weeks.
- 2) Fee for the program is \$499.00 and is due with this application. Mail completed and signed application, along with payment, to: **Dobbs Ferry UFSD-HRCE, 505 Broadway, Dobbs Ferry, NY 10522.**
- 3) **You must submit a copy of your permit with your application or as soon as acquired prior to 06/23/18.** Course requirements and assignments will be provided at the *mandatory* 60-minute **Orientation on Wednesday, June 20, 2018 at 5:00 p.m. in room 107 of the Dobbs Ferry Middle School.**
- 4) Driving instruction is provided by PAS Auto School (914) 332-7700.

DO NOT WRITE BELOW THIS LINE. FOR OFFICE USE ONLY.

ASSIGNED DRIVING TIMES	Day _____	Time _____	Teacher _____
ASSIGNED LECTURE TIMES	Day _____	Time _____	Teacher _____
PAYMENT _____	CHECK # _____	DATE _____	
PR____	DA____	PU____	PA____



SUMMER 2018 COURSE OFFERINGS