

MENU August 19 – 23, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EARLY SNACK open ended	Whole Grain Cheerios & Grapes Water/Milk	Digestive Cookies & Apple Slices Water/Milk	Fruit Yogurt & Grapes Water/Milk	Kellogg's Corn Flakes & Blueberries Water/Milk	CLOSED PROFESSIONAL DEVELOPMENT DAY
AM SNACK	Oatmeal Porridge & Pears Water/Milk	Pancakes & Pears Water/Milk	Lemon Poppyseed Loaf & Apple Slices Water/Milk	Multi-Grain Bread w/Jam & Banana Slices Water/Milk	CLOSED PROFESSIONAL DEVELOPMENT DAY
LUNCH	Perogies w/Steamed Broccoli & Watermelon Water/Milk	Stir Fried Mixed Vegetables w/Paneer & Honeydew Chunks Water/Milk	Butter Chicken w/Rice Pineapple Chunks Water/Milk	Pasta in Tomato Sauce w/Carrot Sticks & Orange wedges Water/Milk	CLOSED PROFESSIONAL DEVELOPMENT DAY
PM SNACK	Yogurt & Kiwi Slices Water/Milk	Rice Cakes & Apple Slices Water/Milk	Multigrain Biscotti & Bananas Water/Milk	Multi-Grain Crackers & Apple Slices Water/Milk	CLOSED PROFESSIONAL DEVELOPMENT DAY
LATE SNACK open ended	Cheese Sticks & Banana Wheels Water/Milk	Spinach Crackers & Orange Wedges Water/Milk	Nachos & Kiwi Slices Water/Milk	Digestive Cookies & Pear Slices Water/Milk	CLOSED PROFESSIONAL DEVELOPMENT DAY



Nota Bene: Veg options are available as well.

