

## **MENU September 23 – 27, 2019**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>EARLY SNACK</b>	Shredded Wheat Cereal & Seasonal Fruit Water/Milk	Cheerios & Seasonal Fruit Water/Milk	Corn Flakes & Seasonal Fruit Water/Milk	Raisin Bran Cereal & Seasonal Fruit Water/Milk	Rice Krispies & Seasonal Fruit Water/Milk
<b>AM SNACK</b>	Oatmeal Porridge & Seasonal Fruit Water/Milk	Pancakes & Seasonal Fruit Water/Milk	Blueberry Muffin & Seasonal Fruit Water/Milk	Multi-Grain Toast w/Jam & Seasonal Fruit Water/Milk	French Toast & Seasonal Fruit Water/Milk
<b>LUNCH</b>	Pesto Pasta w/Steamed Broccoli & Seasonal Fruit Water/Milk	Home-Made Chicken Noodle Soup w/Buttered Toast & Seasonal Fruit Water/Milk	`CELEBRATION OF SCOTTISH CULTURE` Sausage & Vegetable Stovie w/Seasonal Fruit Water/Milk	Broccoli & Onion Frittata & Seasonal Fruit Water/Milk	Build Your Own Sandwich & Seasonal Fruit Water/Milk
<b>PM SNACK</b>	Yogurt & Seasonal Fruit Water/Milk	Carrot Muffins & Seasonal Fruit Water/Milk	Multi-Grain Biscotti & Seasonal Fruit Water/Milk	Multigrain Crackers & Fruit Sauce Water/Milk	Strawberry/Raspberry Turnovers & Seasonal Fruit Water/Milk
<b>LATE SNACK</b>	Crackers & Seasonal Fruit Water/Milk	Crackers & Cheese Cubes Water/Milk	Cucumber Sticks & Seasonal Fruit Water/Milk	Crackers & Seasonal Fruit Water/Milk	Vegetable Crackers & Assorted Fruit Water/Milk



Please Note: Veg options are available as well.

