

June 10 – 14, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EARLY SNACK - open ended	Multigrain Cheerios & Apple Slices Water /Milk	Digestive Cookies & Grapes Water/Milk	Banana Loaf & Grapes Water/Milk	Kellogg's Corn Flakes & Orange Wedges Water/Milk	English Muffin w/ Butter & Assorted Fruits Water/Milk
AM SNACK	Oatmeal Porridge Cranberries & Raisins Water/Milk	Waffles & Pear Slices Water/Milk	Cinnamon Raisin Bread & Pear Slices Water/Milk	Carrot Loaf & Pineapple Chunks Water/Milk	Digestive Cookie & Fruit Sauce Water/Milk
LUNCH	Fried Rice w/ Steamed Broccoli & Honey Dew Water/Milk	Stir Fry Chicken w/ Garlic Bread & Kiwi Wheels Water/Milk	Perogies & Steamed Broccoli & Apples Water/Milk	Baked Fish w/ Sweet Potatoes & Banana Wheels Water/Milk	Pasta w/Pesto Sauce & Grapes Water/Milk
PM SNACK	Fruit Yogurt & Banana Wheels Water/Milk	Blueberry Muffins & Orange Wedges Water/Milk	Biscotti & Apple Slices Water/Milk	Multi Grain Crackers & Apple Sauce Water/Milk	Quinoa w/ Bread and Butter & Orange Wedges Water/Milk
LATE SNACK -open ended	Whole Grain Crackers & Orange Wheels Water/Milk	Cheese Chunks & Cucumber Sticks Water/Milk	Celery Stick Filled w/cream Cheese & Banana Wheels Water/Milk	Spinach Crackers & Honeydew Melon Chunks Water/Milk	Nachos w/ Dip & Assorted Fruit Water/Milk



Please note: Veg options are available as well.

