

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00 AM EARLY SNACK	Whole Grain Cheerios & Apple Wedges Water/Milk	Yogurt & Banana Wheels Water/Milk	Multi-Grain Cereal & Assorted Fruit Water/Milk	Kellogg's Corn Flakes & Strawberries Water/Milk	Rice Krispies & Apples Water/Milk
9:00 AM SNACK	Multi-Grain Toast & Strawberries Water/Milk	Oatmeal Muffins & Honeydew Chunks Water/Milk	Carrot Loaf & Kiwi Wheels Water/Milk	Waffles & Melon Water/Milk	Porridge w/ Cranberries & Raisins Water/Milk
11:30 AM LUNCH	Tomato Soup w/Garlic Bread & Banana Wheels Water/Milk	Garlic Sausage & Mashed Potato & Orange Wedges Water/Milk	Broccoli & Onion Frittata & Grapes Water/Milk	Whole Wheat Pasta w/ Meatballs & Apples Water/Milk	Stir-Fry Chicken w/vegetables & Bananas Water/Milk
3:00 PM SNACK	Yogurt & Grapes Water/Milk	Cheese Crackers & Grapes Water/Milk	Vegetable Crackers & Banana Water/Milk	Cheese Nachos & Assorted Fruits Water/Milk	Multi-Grain Crackers & Orange Wedges Water/Milk
5:15 PM LATE SNACK	Nachos & Assorted Vegetable Sticks w/Dip	Pita Pockets w/ Cheese & Apple Slices Water/Milk	Cheese Chunks & Apples Water/Milk	Assorted Vegetable Sticks w/Dip Water/Milk	Assorted Fruits Water/Milk

Please note: Veg options are available as well.