

# County Place

## Early Learning & Care Centre

### MENU August 12 - 16, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EARLY SNACK	Shredded Wheat Cereal & Apple Slices Water/Milk	Digestive Cookies & Pear Slices Water/Milk	Yogurt & Orange Wedges Water/Milk	Multi-Grain Cheerios & Strawberry Slices Water/Milk	Rice Krispies & Grapes Water/Milk
AM SNACK	Oatmeal Porridge & Banana Wheels Water/Milk	Pancakes & Strawberry Slices Water/Milk	Banana Bread & Apple Slices Water/Milk	Multi-Grain Toast w/Jam & Banana Wheels Water/Milk	French Toast & Honey Dew Chunks Water/Milk
LUNCH	Spanish Rice w/Tofu & Strawberries Water/Milk	Home-Made Chicken Noodle Soup w/Buttered Toast & Honey Dew Chunks Water/Milk	<b>Meatballs &amp; Sweet Potato Fries</b> & Banana Wheels Water/Milk	Broccoli & Onion Frittata & Pineapple Chunks Water/Milk	Pesto Pasta w/ Steamed Broccoli & Kiwi Wheels Water/Milk
PM SNACK	Yogurt & Kiwi Wheels Water/Milk	Carrot Muffins & Apple Slices Water/Milk	Multi-Grain Biscotti & Pear Slices Water/Milk	Multigrain Crackers & Fruit Sauce Water/Milk	Digestive Cookies & Fruit Sauce Water/Milk
LATE SNACK	Crackers & Orange Wedges Water/Milk	Cheese Cubes & Grapes Water/Milk	Cucumber Sticks & Grapes Water/Milk	Crackers & Kiwi Wheels Water/Milk	Vegetable Crackers & Assorted Fruit Water/Milk



Nota Bene: Veg options are available as well.

