

August 05 – August 09, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EARLY SNACK	CPELCC Closed Heritage Day	Cheerios & Strawberry Slices Water/Milk	Digestive Cookies & Orange Wedges Water/Milk	Kellogg's Corn Flakes & Grapes Water/Milk	Rice Krispies & Banana Wheels Water/Milk
AM SNACK	CPELCC Closed Heritage Day	Oatmeal Porridge w/Cranberries & Raisins Water/Milk	Blueberry Muffins & Banana Wheels Water/Milk	Carrot Loaf & Apples Water/Milk	Pancakes & Honeydew Chunks Water/Milk
LUNCH	CPELCC Closed Heritage Day	Pea Soup w/Garlic Bread & Honeydew Chunks Water/Milk	`CELEBRATION OF AFRICAN CULTURE` HARIRA (tomato & lentil soup) & Blueberries Water/Milk	Fish w/Roasted Potatoes & Kiwi Slices Water/Milk	Vegetable Lasagna & Oranges Water/Milk
PM SNACK	CPELCC Closed Heritage Day	Cheese Crackers & Orange Wedges Water/Milk	Fruit Sauce & Digestive Cookies Water/Milk	Spinach Crackers & Apple Slices Water/Milk	Fruit Pudding & Pear Slices Water/Milk
LATE SNACK	CPELCC Closed Heritage Day	Carrot Sticks w/ Dip Water/Milk	Apple Slices & Cheese Sticks Water/Milk	Cucumber Sticks w/Dip Water/Milk	Nachos & Assorted Fruit Water/Milk

Nota Bene: Veg options are available as well.

