



RISK ASSESSMENTS

These assessments are general awareness statements to encourage each walker to observe and pay attention to the risks whilst walking.

Risk No.	Hazard	Who may be harmed	How can risk be controlled
<u>The risks 1 to 5 are specific to certain walks but not to all</u>			
1	Slips and trips on uneven and/or muddy ground	Every walker	Be careful of potential 'Hazards' along the route. Wear suitable footwear.
2	Danger whilst walking on or crossing roads	Every walker	Take care and be vigilant. Walk in single file. Walk in accordance with the Highway Code. Use 'Crossings' where available.
3	Falling in open water	Every walker	Be careful of potential 'Hazards' along route.
4	Trips and slips whilst climbing stiles, gates and/or steps	Every walker	Be careful of potential 'Hazards' along route. Wear suitable footwear. New walkers to complete questionnaire to ascertain any potential difficulties.
5	Livestock escaping	Every walker	Ensure gates are closed behind you.
<u>The risks 6 to 9 are general and apply to all our walks</u>			
6	Dehydration in hot weather	Every walker	Ensure you carry water.
7	Exposure to adverse weather conditions	Every walker	Wear appropriate clothing.
8	Exhaustion	Every walker	Check the length of walk via The 'Walks Programme'.
9	Overhanging branches or overgrown vegetation	Every walker	Avoid by taking alternative route.