



Search for the Cape Metrorail page on Facebook to receive instant updates.



Follow @CapeTownTrains on Twitter for instant updates.



Visit our blog on capetowntrains.freeblog.site.



metrorail

YOUR FREE NEWSPAPER

WELL DONE 16 BRAVO!

Six interns from the Western Cape Department of Community Safety's Chrysalis Academy recently graduated from a 12-month internship programme at Metrorail. We captured their proud moment. **Mandisa Nduli**



Metrorail recently hosted a graduation ceremony for six interns from the Department of Community Safety's Chrysalis Academy.

Six female interns from the Chrysalis Academy's 16 Bravo team proudly stepped up to the platform as they received their certificates after completing their year-long internship at Metrorail.

The internship programme, which is a collaboration between Metrorail and the Western Cape Department of Safety, was launched in 2016. It provides an enabling environment for skills development by equipping the interns to enter the job market.

"The programme provides the interns with the opportunity to demonstrate their skills, receive mentorship and a rare opportunity to service the diverse community of the Western Cape," says George Kiewiets, Metrorail's special projects manager in Area South.

MAKING IMPACT

The young women's graduation was supported by several of Metrorail's stakeholders, including



The interns enjoyed a special cake in their honour.

the Muizenberg Improvement District, Department of Community Safety, Western Province Rugby, Wynberg Committee and representatives from Chrysalis Academy.

During their 12-month stint at Metrorail, they were involved mostly in customer service enhancements projects. "The interns made a valuable contribution, particularly to our fare revenue-collection strategy," says George, who mentored the students.

2018 INTAKE:

WHAT YOU NEED TO KNOW

The internship programme is open to applicants between 18 and 25 years. The intake of interns is primarily from the Chrysalis Academy. Interested individuals are invited to apply through the Chrysalis Academy website chrysalisacademy.org.za or email info@chrysalisacademy.org.za. Alternatively, you may call 021 712 1023.

HAVE YOUR SAY

We caught up with two of the six graduates who share their experiences during their internship.

Busisiwe Gongotha, 23

"Firstly, I want to thank Mr Kiewiets for introducing the company to me. I learnt a lot because I didn't know anything about trains. I was lucky to be part of the company.

It was not easy but thanks to Mr Kiewiets and my sisters in my 16 Brave team, I conquered everything that came my way. I really enjoyed it because we got a chance to meet some of the stakeholders. On behalf of my team, we really thank Mr Kiewiets and Metrorail."



Siziphiwe Ntaka, 26

"I had a good experience. I learnt a lot of different things throughout the programme and it was a good platform. I am so proud to be part of it."



NENZE KAHLE 16 BRAVO!

Abafundi abavela kwiphondo leNtshona Koloni, kwisikolo sezokhuseleko iChrysalis, kutsha nje bebethwaswa izidanga emveni kokugqiba uqeqesho lwabo lweenyanga ezilishumi elinambini kwa Metrorail. Oluqeqesho, oluyinxalenye phakathi kuka Metrorail kunye nesebe lezokhuseleko leNtshona Koloni, lasungulwa ngomnyaka ka 2016. Eliphulo lidala amathuba okuba lamatyendyana akwazi ukufumana imisebenzi kwaye libaphuhlisa ngolwazi nangezakhono.

"Eli phulo linika lamatyendyana ithuba lokuba bakwazi ukuphuhlisa amakamva abo, likwabanika nethuba lokuba bakwazi ukungena kwimakethi yezemisebenzi, bafumane uqeqesho, kunye nethuba lokubaluncedo ekuhlaleni kweli leNtshona Koloni, nto leyo inqabileyo," utshilo uGeorge Kiewiets, ongomnye wabaphathi kwaMetrorail kwi Area South.

"Aba bafundi babenengeniso enkulu kwaye umsebenzi wabo udlale indima enkulu kwingeniso yethu singabakwa Metrorail," wolekele uGeorge.

SAFETY

CRIMINALS BROUGHT TO BOOK

The continued efforts of Metrorail's protection officers are not in vain. The officers have made seven arrests since Friday, 10 November 2017 and continue to strive towards creating a safer train environment for all. **Jaye-Dee Jansen**

Metrorail protection officers have made seven arrests relating to cable theft and onboard robberies since 10 November. The officers apprehended two suspects for the possession of stolen goods in the Woltemade yard. They were caught loading their loot of stolen rail components into their vehicle.

A few hours later, two men from Strand were caught during an onboard robbery between Koeberg and Salt River Stations. Later that day, two Elsies River men were discovered in the act of stripping wiring from a carriage travelling between Woodstock and Cape Town. The suspects were handed to the Pinelands and Cape Town Central Police stations for further processing.

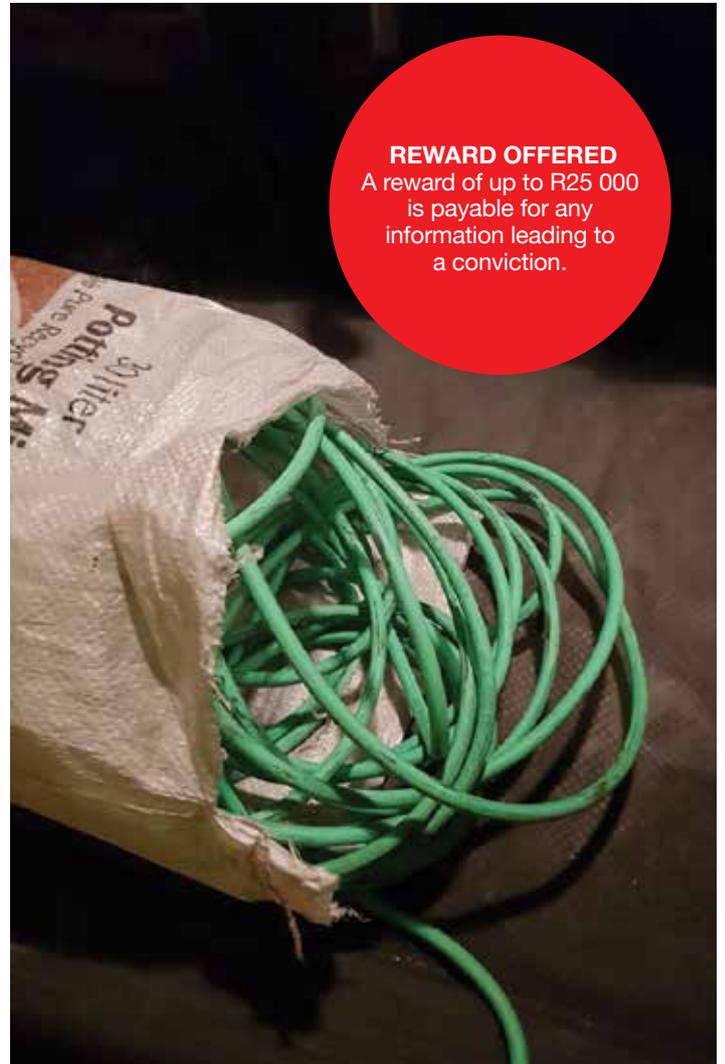
On Saturday, 11 November 2017, a 30-year-old man was caught red-handed stealing underground cables. Four metres each of 61-core and 27-core cabling were confiscated and the suspect was handed to the Manenberg Police to be charged under the Criminal Matters Amendment Act (CMAA).

A JOB WELL DONE!

Metrorail regional manager Richard Walker has commended the protection officers' efforts in minimising crime.

"The encouraging trend of frequent arrests and PRASA's insistence that theft of state assets be prosecuted in terms of the CMAA has contributed to longer jail sentences of cable thieves," says Richard.

He has applauded the teams for their vigilance and said they will continue to focus on arresting suspects. The regional manager also calls on members of the public to assist by reporting criminal activity in the rail environment.



Metrorail protection officers recovered stolen rail components during their recent arrests.



This suspect was caught in the act of stealing rail cables.

Safety is our concern

SAFETY CORNER

Be aware of your surroundings and the people around you. Stay in well-lit and protected areas where security officers are present. Be alert when approached by strangers.

EMERGENCY NUMBERS

Protection services	021 449 4336
Claims office	021 449 2041/3645
Transport info number	0800 65 64 63
RAILWAY POLICE	
Stock Road	021 370 1005
Cape Town	021 443 4325
Bellville	021 941 6800
Retreat	021 710 5129
24-hour operational room	021 443 4309/10

METRO MATTERS



Metrorail technicians continued with occupations between Salt River and Woodstock stations last weekend, as part of a resignalling project.

LINE CLOSURES IN AREA NORTH AND SOUTH

Metrorail technicians will continue with remedial work on the Southern Line this weekend, which will result in service disruptions between Retreat and Simon's Town. There will also be maintenance work in Area North. **Mandisa Nduli**

Metrorail's train service between Retreat and Simon's Town will be interrupted from 6am on 25 November until midnight on 26 November due to maintenance work being done in the area.

All trains from Cape Town to Simon's Town will terminate at Retreat Station and a bus service will operate between the two stations during this time.

The work concludes the contract to restore Metrorail's automated signalling and level crossing protection equipment between Retreat and Simon's Town that was destroyed on 29 January this year.

REMEDIAL WORK

Richard Walker, Metrorail's regional manager and resident of the Deep South, says it is a relief to finally restore services between Retreat and Simon's Town.

"The aftermath of one inconsiderate truck driver's actions inconvenienced thousands of commuters for 11 months.

"The remedial work was unprecedented, procurement was protracted and the project required special funding, all of which contributed

to repairs taking much longer than originally anticipated. I commend the teams for their tenacity and sincerely thank our customers for their patience during this time," says Richard.

AREA NORTH

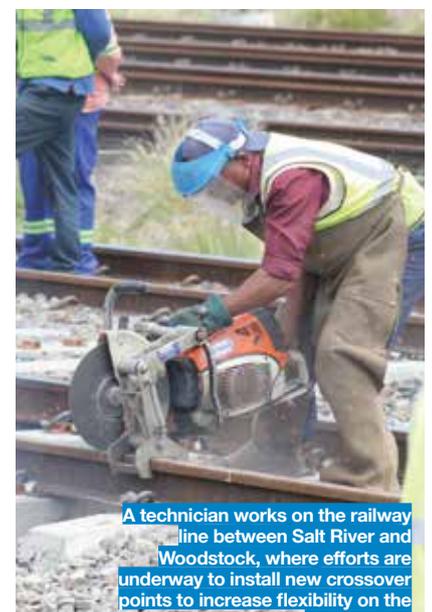
Technicians will also be working on the Northern Line from 6am on 25 November until midnight on 26 November. Due to the occupation, the normal scheduled Monte Vista service will be cancelled and all other Northern Line trains will operate via Monte Vista.

A train shuttle will operate between Salt River and Bellville in both directions at 40 minute intervals.

Northern Line trains will also be cancelled between Cape Town and Salt River. Commuters travelling from Area North should make use of the Monte Vista, Central and Cape Flats lines to travel between Cape Town and Salt River.

SAVE THE DATE

Occupations will occur between Salt River and Woodstock stations from **2 to 3 December and on 10 December.**

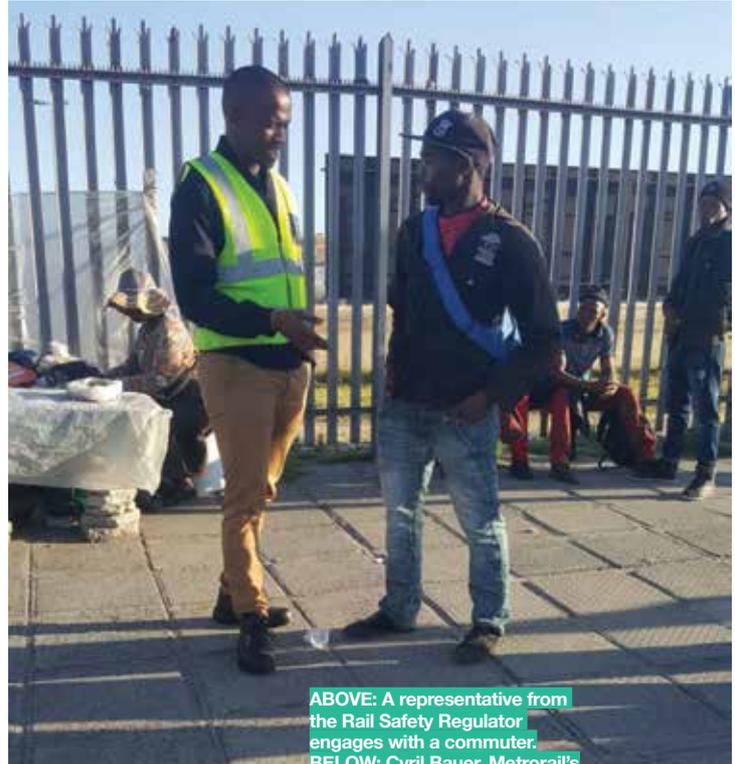


A technician works on the railway line between Salt River and Woodstock, where efforts are underway to install new crossover points to increase flexibility on the rail network.

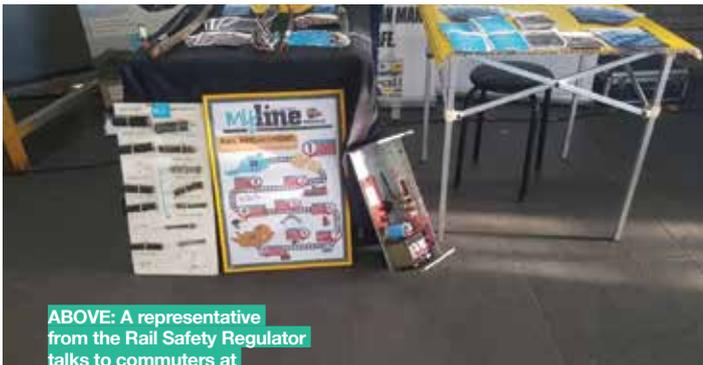
SAFETY



ABOVE: A representative from the Rail Safety Regulator talks to commuters at Bonthuwel Station.



ABOVE: A representative from the Rail Safety Regulator engages with a commuter. BELOW: Cyril Bauer, Metrorail's customer service area manager in Area Central (right) interacts with a commuter on Mitchells Plain Station.



BELOW: Metrorail employees and stakeholders worked in teams during the campaign.



SAFETY FIRST IN AREA CENTRAL

Metrorail and its stakeholders are intensifying their efforts to safeguard commuters this festive season.

Jaye-Dee Jansen

The rail operator was joined by the Rail Safety Regulator and the Rapid Rail Police Unit at recent safety campaigns at Bonthuwel and Mitchells Plain stations. The campaigns were aimed at educating commuters about their personal safety around trains, especially during the upcoming festive season. Bonthuwel and Mitchells Plain are key stations on the Central Line.

RAISING AWARENESS

Metrorail employees interacted with commuters, spreading the message of personal safety by distributing pamphlets and informing rail users about critical safety precautions.

Commuters were advised to keep their valuables out of sight while travelling on a train or waiting at a station. They were cautioned against sitting in carriages with very few travellers and advised to be aware of their surroundings at all times.

Commuters were also advised to be alert when boarding a train or disembarking, and to always use a designated bridge or subway to cross the railway line.

TAKING OWNERSHIP

Both campaigns included exhibitions of vandalised rail components to help commuters easily identify stolen goods.

"The response from the communities was very positive as they supported us during the campaign," says Zino Mihi, Metrorail's corporate affairs manager. "They appreciated receiving information about how to improve their personal safety and went so far as to involve their respective neighbourhood watch teams."

Metrorail and its stakeholders will continue to run safety campaigns during the upcoming festive season. Look out for more details in upcoming issues of *Myline*.

Get service updates via SMS



Register for Metrorail's free SMS service to receive updates on train delays and cancellations. You can register immediately by calling the Transport Information Centre on 0800 65 64 63 or complete the form below and submit it at your nearest train station.

Personal details

Name:

.....

Surname:

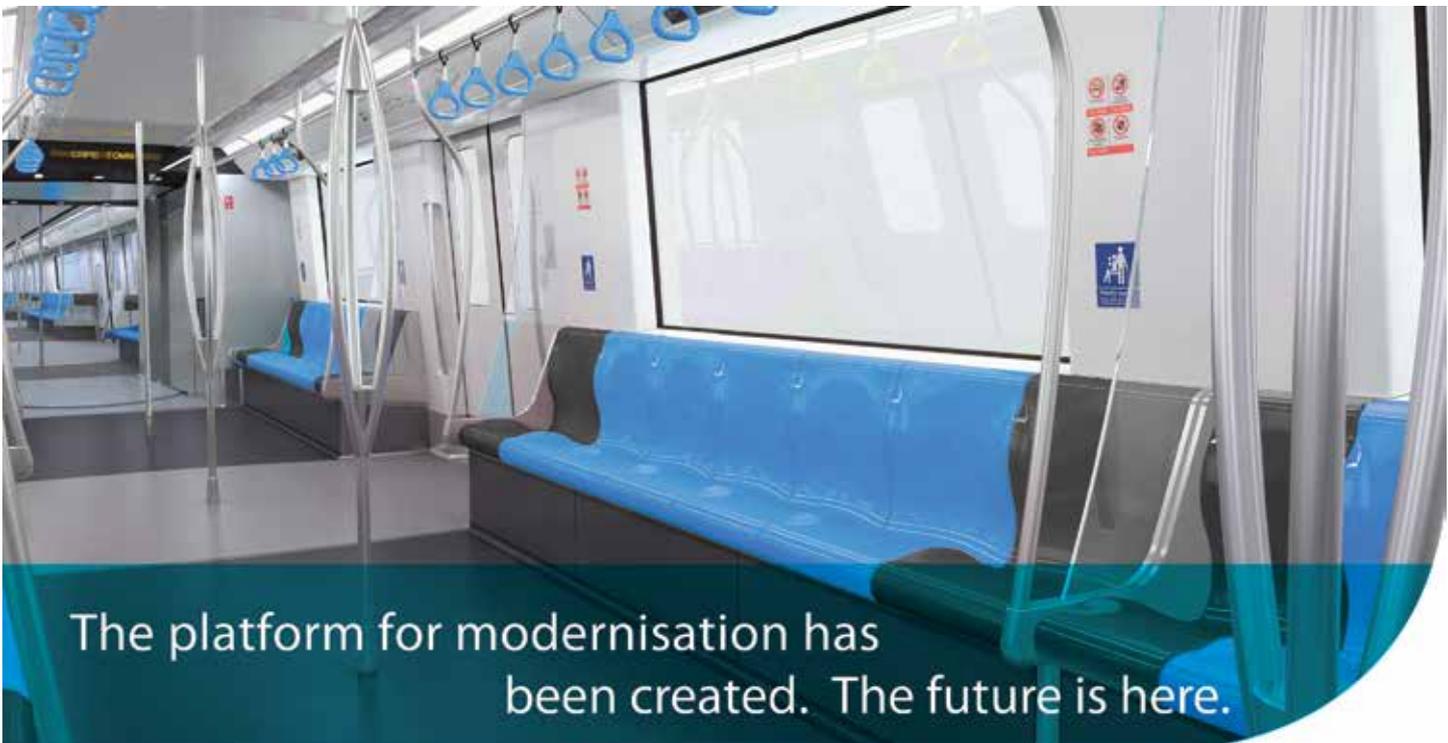
.....

Cellphone number:

.....

Select the route you travel on and wish to receive updates for.

- 1. Bellville via Esplanade and Lavistown
- 2. Bellville via Monte Vista
- 3. Cape Flats
- 4. Kapteinsklip
- 5. Khayelitsha
- 6. Malmesbury via Bellville
- 7. Muldersvlei via Stellenbosch
- 8. Southern Suburbs
- 9. Strand
- 10. Wellington via Kraaifontein
- 11. Worcester via Bellville



The platform for modernisation has been created. The future is here.

True to our vision of creating the backbone of public transport, we at PRASA are working tirelessly to improve the whole train travel experience for our people. The construction of modern stations using state-of-the-art architecture, the introduction of swift-operating turnstiles for the ease of passenger flow and the upgrading of security systems are but a few of the many visible changes that we're implementing across 134 of our stations nationwide. This is big change that will take time to complete, but we're proud to say that the platform has been set. Change is happening right now.

PRASA. CHANGE HAS BEGUN. THE FUTURE IS HERE.

FASHION

SUMMER TRENDS

With summer and the festive season just around the corner, fashion trends are coming in at high speed and we've got a few items that are wardrobe must-haves. Here's what's hot this summer. **Mandisa Nduli**



OVERSIZED T-SHIRTS

Gone are the days where we only wear our oversized T-shirts to bed. Get yourself a T with a cool print and accessorise with a simple shoe and you're good to go.

ESPADRILLES

If you only purchase one pair of shoes this summer, make it espadrilles. This trendy shoe is not only comfortable, but coordinates perfectly with jeans or skirts.



IMAGES: SUPPLIED

PINSTRIPES

Whether it's a long sleeve, crop, tank, off-the-shoulder top or even a jumpsuit, pinstriped outfits are a must-have this season and all your favourite retailers are stocking them. Take your outfit to the next level by adding this cool simple texture.



MINI HANDBAGS

Mini handbags are definitely in and they are the perfect accessory. Ditch the big bag and accessorise with this.



SUMMER DRESS

It goes without saying that a flowy summer dress is perfect for sunny days. For that effortless look, be sure to grab a few in different prints and colours for those occasions when you don't want to be all dolled-up.



ONE-PIECE SWIMSUITS

What's a summer fashion wardrobe without swimsuits? One-piece swimsuits are doing their rounds on social media and are going to be out in force on every beach this season. Whether it's a classic black or a colour print, get beach ready and add this to your collection.



WHERE TO SHOP ON BLACK FRIDAY

24 November marks an exciting day for anybody shopping on a budget. Take advantage of the crazy discounts on Black Friday and purchase all your favourite summer trends without breaking the bank. Here are a few stores with crazy sales you need to know about.

- SPREE – UP TO 80%
- EDGARS – UP TO 50%
- FOSCHINI – UP TO 60%
- MR PRICE – UP TO 60%

Welcome to



she conquers

Empower Protect Advance

The 16 Days Campaign: Why it matters

Besides the summer holidays and a well-deserved break from school and work, the end of the year is also a time when we confront a serious issue we are faced with in our communities – violence against women and children. The 16 Days of Activism for No Violence Against Women and Children is a global campaign to remind the world of the many women and children whose lives have been lost and affected through violence, and to give all of us a chance to join the fight against gender-based violence.

This campaign also tells the world that we as a country stand against violence, and that you are not alone if it has happened to you.

The theme for this year's campaign: "Count me in: together moving a non-violent South Africa forward," reminds us that it everyone's duty to make South Africa safe for all who live in it.

So...how can you help?

Making South Africa safe starts by you speaking out against gender-based violence. Use your voice in your community, your school or tertiary institution, and on social media. Give your time to an event, community organisation, NGO, or church group which supports survivors of violence. Every hour helps.

Support those in need if they are ready to reach out. If you or someone you know has experienced gender-based violence, you can get help!

Leave your comment or question on the "Ask an Expert page on B-Wise, and our experts will get back to you in 48 hours.

If you need help NOW, you can call these toll-free numbers:

Childline: 0800 55 555

Lifeline: 0861 322 322

Gender Based Violence helpline: 0800 428 428

Stop Gender Violence helpline: 0800 150 150

Read more in the article "[Abuse is not normal behaviour](#)"

THIS INFORMATION IS PROUDLY BROUGHT TO YOU BY OUR PARTNER ZAZI

www.sheconquerssa.co.za



She Conquers SA



MAINTENANCE PROGRAMME 23 TO 29 NOVEMBER 2017



SOUTH: CAPE TOWN – SIMON’S TOWN AND CAPE FLATS

23 – 29 Nov 2017	Cape Town – Woodstock	09:00 – 14:00	Maintenance between scheduled train service. Train delays of 10 to 15 minutes can be expected.
23 – 29 Nov 2017	Cape Town – Mowbray	09:00 – 14:00	Maintenance between scheduled train service. Train delays of 10 to 15 minutes can be expected.
23 – 29 Nov 2017	Plumstead – Steurhof	09:00 – 14:00	Platform changes will be announced. Train delays of 25 to 30 minutes can be expected.
23 – 29 Nov 2017	Ottery – Heathfield	09:00 – 14:00	Platform changes will be announced. Train delays of 25 to 30 minutes can be expected.
23 – 29 Nov 2017	Newlands – Claremont	09:00 – 14:00	Platform changes will be announced. Train delays of 25 to 30 minutes can be expected.
25 Nov 2017	Woodstock – Salt River	06:00 – 23:59	Platform changes will be announced. Train delays of 40 to 45 minutes can be expected.
25 & 26 Nov 2017	Retreat – Simon’s Town	00:01 – 23:59	Platform changes will be announced. Train delays of 40 to 45 minutes can be expected.
26 Nov 2017	Pinelands – Heathfield	08:00 – 18:00	Platform changes will be announced. Train delays of 25 to 30 minutes can be expected.

PERFORMANCE

AM ON TIME

62.1%

PM ON TIME

79.1%

CANCELLED (AM + PM)

30.8%

AM ON TIME

57.8%

PM ON TIME

57.3%

CANCELLED (AM + PM)

12.6%

AM ON TIME

14.8%

PM ON TIME

26.4%

CANCELLED (AM + PM)

53.6%



NORTH: CAPE TOWN – MONTE VISTA – BELLVILLE – WELLINGTON – STELLENBOSCH – STRAND

23 – 29 Nov 2017	Maitland – Bellville	09:00 – 14:00	Platform changes will be announced. Train delays of 25 to 30 minutes can be expected.
23 – 29 Nov 2017	Salt River – Koeberg	09:00 – 14:00	Platform changes will be announced. Train delays of 25 to 30 minutes can be expected.
23 – 29 Nov 2017	Ysterplaat – Kentemade	09:00 – 14:00	Platform changes will be announced. Train delays of 25 to 30 minutes can be expected.
23 – 29 Nov 2017	Maitland – Mutual	09:00 – 14:00	Platform changes will be announced. Train delays of 25 to 30 minutes can be expected.
28 – 29 Nov 2017	Bellville – Kraaifontein	09:00 – 14:00	Platform changes will be announced. Train delays of 35 to 40 minutes can be expected.
27 – 29 Nov 2017	Huguenot	09:00 – 15:00	Platform changes will be announced. Train delays of 15 to 20 minutes can be expected.
25 & 26 Nov 2017	Woodstock – Salt River	00:01 – 23:59	Platform changes will be announced. Train delays of 35 to 40 minutes can be expected.



CENTRAL: CAPE TOWN – KAPTEINSKLIP – KHAYELITSHA – CHRIS HANI – SAREPTA

23 – 29 Nov 2017	Salt River – Kapteinsklip	09:00 – 14:00	Platform changes will be announced. Train delays of 20 to 25 minutes can be expected.
23 – 29 Nov 2017	Ysterplaat – Mutual	09:00 – 14:00	Platform changes will be announced. Train delays of 25 to 30 minutes can be expected.
23 – 29 Nov 2017	Philippi – Lentegour	09:00 – 16:00	Platform changes will be announced. Train delays of 20 to 25 minutes can be expected.
23 – 29 Nov 2017	Langa – Pinelands	09:00 – 18:00	Platform changes will be announced. Train delays of 20 to 25 minutes can be expected.

While we try our utmost to do maintenance during off-peak hours to minimise possible delays, connecting trains may be subject to delays on all service lines. Your safety is our concern. We apologise for any inconvenience inadvertently caused. Performance reflects week of 8 to 14 November 2017.



PUBLISHED ON BEHALF OF METRORAIL
by Mikateko Media, 19 Bree Street, Cape Town, 8001
PO Box 872, Green Point, 8051
021 417 1111
www.mikatekocomedia.co.za

DISCLAIMER Published by Mikateko Media (Pty) Ltd. All rights reserved. While precautions have been taken to ensure the accuracy of information, neither the editor, publisher nor Mikateko Media can be held liable for any inaccuracies, injuries or damages that may arise.

INCREASE YOUR SALES BY ADVERTISING IN MYLINE.
OUR READERS MAKE 712 000 PASSENGER JOURNEYS EVERY DAY.
PLEASE CONTACT:



Liam Marinus
Advertising Sales Manager
Phone 021 417 1130
Cell 071 291 4446
liam.marinus@mikatekocomedia.co.za



Trinity Maholela
Advertising Sales Executive
Phone 021 417 1142
Cell 072 471 3885
Fax 086 249 0111
trinity.maholela@mikatekocomedia.co.za