

RETREAT - CAPE TOWN (VIA CAPE FLATS)**MONDAYS TO FRIDAYS**

TRAIN NO.	0500	0502	0504	0506	0510	0512	0516	0518	0522	0524
RETREAT	04:57	05:25								
HEATHFIELD	05:00	05:28	05:50	06:07	06:38	06:58	07:23	07:42	08:12	08:30
SOUTHFIELD	05:04	05:32	05:54	06:11	06:42	07:02	07:27	07:46	08:16	08:34
OTTERY	05:07	05:35	05:57	06:14	06:45	07:05	07:30	07:49	08:19	08:37
WETTON	05:10	05:38	06:00	06:17	06:48	07:08	07:33	07:52	08:22	08:40
LANSDOWNE	05:12	05:40	06:02	06:19	06:50	07:10	07:35	07:54	08:24	08:42
CRAWFORD	05:14	05:42	06:04	06:21	06:52	07:12	07:37	07:56	08:26	08:44
ATHLONE	05:17	05:45	06:07	06:24	06:55	07:15	07:40	07:59	08:29	08:47
HAZENDAL	05:19	05:47	06:09	06:26	06:57	07:17	07:42	08:01	08:31	08:49
PINELANDS	05:22	05:50	06:12	06:29	07:00	07:20	07:45	08:04	08:34	08:52
NDABENI	05:24	05:52	06:14	06:31	07:02	07:22	07:47	08:06	08:36	08:54
MAITLAND	05:28	05:56	06:18	06:35	07:06	07:26	07:51	08:10	08:40	08:58
KOEBERG RD	05:30	05:58	06:20	06:37	07:08	07:28	07:53	08:12	08:42	09:00
SALT RIVER	05:32	06:00	06:22	06:39	07:10	07:30	07:55	08:14	08:44	09:02
WOODSTOCK	05:36	06:04	06:26	06:43	07:14	07:34	07:59	08:18	08:48	09:06
CAPE TOWN	05:39	06:07	06:29	06:46	07:17	07:37	08:02	08:21	08:51	09:09

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TRAIN NO.	0526	0528	0530	0532	0534	0536	0538	0540	0542	0544
RETREAT		09:21	09:54	10:38	11:30	12:20	13:20	14:00	14:25	14:56
HEATHFIELD	08:50	09:24	09:57	10:41	11:33	12:23	13:23	14:03	14:28	14:59
SOUTHFIELD	08:54	09:28	10:01	10:45	11:37	12:27	13:27	14:07	14:32	15:03
OTTERY	08:57	09:31	10:04	10:48	11:40	12:30	13:30	14:10	14:35	15:06
WETTON	09:00	09:34	10:07	10:51	11:43	12:33	13:33	14:13	14:38	15:09
LANSDOWNE	09:02	09:36	10:09	10:53	11:45	12:35	13:35	14:15	14:40	15:11
CRAWFORD	09:04	09:38	10:11	10:55	11:47	12:37	13:37	14:17	14:42	15:13
ATHLONE	09:07	09:41	10:14	10:58	11:50	12:40	13:40	14:20	14:45	15:16
HAZENDAL	09:09	09:43	10:16	11:00	11:52	12:42	13:42	14:22	14:47	15:18
PINELANDS	09:12	09:46	10:19	11:03	11:55	12:45	13:45	14:25	14:50	15:21
NDABENI	09:14	09:48	10:21	11:05	11:57	12:47	13:47	14:27	14:52	15:23
MAITLAND	09:18	09:52	10:25	11:09	12:01	12:51	13:51	14:31	14:56	15:27
KOEBERG RD	09:20	09:54	10:27	11:11	12:03	12:53	13:53	14:33	14:58	15:29
SALT RIVER	09:22	09:56	10:29	11:13	12:05	12:55	13:55	14:35	15:00	15:31
WOODSTOCK	09:26	10:00	10:33	11:17	12:09	12:59	13:59	14:39	15:04	15:35
CAPE TOWN	09:29	10:03	10:36	11:20	12:12	13:02	14:02	14:42	15:07	15:38

RETREAT - CAPE TOWN (VIA CAPE FLATS)**MONDAYS TO FRIDAYS**

TRAIN NO.	0546	0550	0552	0554	0556	0560	0564	0566	0568	0570
RETREAT	15:20						17:48			
HEATHFIELD	15:23	15:56	16:20	16:38	16:58	17:21	17:51	18:00	18:13	18:28
SOUTHFIELD	15:27	16:00	16:24	16:42	17:02	17:25	17:55	18:04	18:17	18:32
OTTERY	15:30	16:03	16:27	16:45	17:05	17:28	17:58	18:07	18:20	18:35
WETTON	15:33	16:06	16:30	16:48	17:08	17:31	18:01	18:10	18:23	18:38
LANSDOWNE	15:35	16:08	16:32	16:50	17:10	17:33	18:03	18:12	18:25	18:40
CRAWFORD	15:37	16:10	16:34	16:52	17:12	17:35	18:05	18:14	18:27	18:42
ATHLONE	15:40	16:13	16:37	16:55	17:15	17:38	18:08	18:17	18:30	18:45
HAZENDAL	15:42	16:15	16:39	16:57	17:17	17:40	18:10	18:19	18:32	18:47
PINELANDS	15:45	16:18	16:42	17:00	17:20	17:43	18:13	18:22	18:35	18:50
NDABENI	15:47	16:20	16:44	17:02	17:22	17:45	18:15	18:24	18:37	18:52
MAITLAND	15:51	16:24	16:48	17:06	17:26	17:49	18:19	18:28	18:41	18:56
KOEBERG RD	15:53	16:26	16:50	17:08	17:28	17:51	18:21	18:30	18:43	18:58
SALT RIVER	15:55	16:28	16:52	17:10	17:30	17:53	18:23	18:32	18:45	19:00
WOODSTOCK	15:59	16:32	16:56	17:14	17:34	17:57	18:27	18:36	18:49	19:04
CAPE TOWN	16:02	16:35	16:59	17:17	17:37	18:00	18:30	18:39	18:52	19:07

RETREAT - CAPE TOWN (VIA CAPE FLATS)**MONDAYS TO FRIDAYS**

TRAIN NO.	0574	0576
RETREAT		19:48
HEATHFIELD	19:06	19:51
SOUTHFIELD	19:10	19:55
OTTERY	19:13	19:58
WETTON	19:16	20:01
LANSDOWNE	19:18	20:03
CRAWFORD	19:20	20:05
ATHLONE	19:23	20:08
HAZENDAL	19:25	20:10
PINELANDS	19:28	20:13
NDABENI	19:30	20:15
MAITLAND	19:34	20:19
KOEBERG RD	19:36	20:21
SALT RIVER	19:38	20:23
WOODSTOCK	19:42	20:27
CAPE TOWN	19:45	20:30