

PROBUS CLUB OF CLARINGTON



www.probusclarington.com

IMPORTANT

More news from the Management Committee

Many of the Management Committee will be attending a PROBUS Regional meeting in Port Perry on October 24th. The purpose of this is to share ideas and learn from other clubs' experiences. The other clubs in attendance will be Oshawa, Whitby-Brooklin, Durham West, Ajax, Pickering and Port Perry.

The Durham clubs have recently transferred to Ontario District 2 and Lorraine Veroba attended the recent meeting of the 27 clubs in that district. She will be providing a report in the November newsletter. These meetings are held every two years, again for clubs to exchange ideas.

President's Message for October

The Management Committee has been busy exploring options for an alternative meeting location for our PROBUS group. Our membership is growing and our current location has some limitations with respect to room size and parking.

The location that we are actively pursuing is Faith United Church on Nash Road in Courtice (east of Courtice Road). This location is within the Clarington Club catchment area. The church's large sanctuary was designed without pews and the chairs are all moveable. This feature makes it popular with other community groups. It also has excellent sound and projection system, and plenty of parking, including ample accessible parking spots.

Our current license agreement with the Salvation Army ends in December. The recommendation from the Committee would be to consider making the move to the new location either January 2018, or for the AGM in April.

If any members have any questions, comments or concerns regarding this proposal you are encouraged to email me or any of the Management Committee members. The rental rate will be higher but is affordable provided our membership numbers remain on the increase.

Everyone of course is encouraged to promote PROBUS to make this a reality. Before making any final decision and continuing with contract negotiations, the Committee wanted to advise members of our search for an alternative venue and the timing of such a move.

Victoria Girling, President

Upcoming Speakers

October 4



Sophie Hills, Estate Planning

Sophie is a lawyer specializing in Family Law, Real Estate & Wills and Estates with the firm Elliott & Hills.

With almost 20 years experience,

Sophie has a reputation for professionalism, competence and fairness.

Despite all the “lawyer jokes” out there, she considers it a privilege to practice in a profession that allows her to help people at some of the most challenging times in their lives.

“Whether you are buying or selling a home, planning for your loved ones in the event of your death, starting a relationship or ending one, I believe that having a lawyer you can trust, who makes you a priority, can be an

invaluable help as you move through these significant events in your life,” said Sophie.

Bring a Friend!

Tell your friends about our wonderful speakers and invite them to be your guest at a General Meeting.

November 1

Sarah White, Mental Health First Aid



Sarah specializes in the area of mental health with regard to the Psychological Health and Safety in the Workplace Standard and in Mental Health First Aid, of which she is a certified instructor.

Mental Health First Aid can assist anyone in crisis and provide comfort until professional help is available.

As a subject matter expert, Sarah has provided information and insight on accessibility for various media, associations, and business groups.

Sarah White the founder of Acede Consulting Group Inc. Acede brings together the knowledge, experience and skills needed to assist organizations to effectively become more accessible, inclusive and age-friendly. Sarah is a frequent guest speaker at various forums and workshops organized by the Accessibility Directorate of Ontario.

In October 2015 Sarah won the AODA 10th Anniversary Champion Award.

Life Lessons



Funny man Neil Crone delighted members at the September meeting with his inspiring message about saying Yes! to anything life throws your way. Thanks for the inspiration, Neil!



Speakers for 2018

Karen Cashin has been hard at work, lining up some great speakers for 2018.

Mark your calendars for these upcoming events:

January 3

Monique Howart
Organizing Lives

February 7

Melanie Whitfield
Lucy Maude Montgomery House

March 7

Jake McKinnon
Bethesda House

April 4

March Casson
Seniors Alternative Housing

If you are interested in thanking a speaker at the end of the presentation, please contact Karen.

REFRESHMENTS

A big thank you to Marilyn Munro for taking care of the refreshments each month.

Members who have assisted her are also thanked but there is always room for more volunteers. Please let Marilyn know if you there is a month in which you can help.

PROBUS Profile: Lorraine Veroba



Born and raised in a small town in Saskatchewan, Lorraine has wonderful memories of the prairies and the friendly and neighbourly attitude of prairie people. The sense of community and participation in community was amazing. Perhaps that's why PROBUS means so much to her.

As a student she loved school, so logically, Lorraine became a teacher. She taught for 33 years in three provinces - Saskatchewan, British Columbia and Ontario - in various positions, including teaching grades 1-8 and special education, vice-principal and principal.

Art and Lorraine attended the same high school. After they were married, they lived in several places, making Oshawa their home in 1968.

Prairie people love to travel. From childhood into retirement, they travelled to all provinces as well as most states in the U.S. and many parts of the world. They travelled several times a year with their children, enjoyed having a cottage, and many other activities.

Family has been a priority for Lorraine and Art. They have two sons, four grandchildren, and one great grandchild. Family dinners for 13 are the norm.

Since socializing with people is very important in Lorraine's daily life, involvement in PROBUS began shortly after retirement in 1998 with the Ajax Club, where Lorraine became president. As founding president of the Oshawa Club in 2004, she was involved in the development of Whitby-Brooklin, Clarington and Port Perry Clubs. As well, she has been president of the University Women's Club and the Retired Teachers of Durham.

Lorraine and Art are very interested in music and theatre, enjoying season tickets for the Oshawa Little Theatre, Whitby Little Theatre, and many others.

They have made many wonderful friends since moving to Ontario. PROBUS acquaintances and friends have become their PROBUS family.

PROBUS MANAGEMENT TEAM
 For contact information for the
PROBUS Management Team,
 please visit
www.probusclarington.com

October Photo Gallery: Whale Watching Trip

PROBUS member Carolyn Adams gave this report on September Whale Watching Trip:



Old Quebec City



Montmorency Falls

The trip was well planned and executed. So much was packed into the 5 days. We had a bus tour of Quebec City; a trip to see the whales; a visit to Montmorency Falls; a bus tour of Montreal; a visit to MosaiCanada150; a visit to Byward market and a tour of parliament.

We also had plenty of time for individual touring. There were a variety of well placed hotels, from well maintained older hotel in the heart of Quebec City to a very modern hotel in the centre of Montreal. All arranged meals were great. Also, there were snacks everyday on the bus plus sufficient pit stops. I enjoyed the trip. I saw a lot and was never pressed for time.



MosaiCanada 150



Where O Canada was sung for the very first time!

Interest Groups

The following is a list of current interest groups, meeting day of the month, and contact person:

Bird Watching

2nd Monday. Visit bird hot spots to find migrating and resident birds.

Contact John Muzik

Book Club

Currently closed to new members

Breakfast Meet

3rd Wednesday, 9:00 - 11:00 am - various locations.

Contact Joan Pumphrey

Euchre

3rd Thursday, 1:00 - 4:00 pm. Games will be hosted in each others home on a rotating basis.

Contact Joan Pumphrey

Fiber Arts

If you are interested in needlework of any kind sign up for this group.

Contact Stella Dorsman

Garden Chat

4th Thursday

Contact Judy Lavigne and Joy Vaneyk

Genealogy

3rd Thursday. Bring your laptops/ tablets to the Courtice library with free access to ancestry.com. Share tips and help each other with their searches and socialize.

Contact Lynda Wood

Global Destinations

4th Friday of the month, 4:00 pm. Members share their experiences of travel destinations around the globe.

Contact Victoria Girling

Golf

Meets every Tuesday at Stonehenge Golf Club for 9 holes of fun.

Contact George Aitken

Hiking

2nd and 4th Wednesdays, 10 am. Approx. 2 hour hike at a slow pace. Dogs on leashes are welcome.

Contact John Windatt

Lunch Meet

1st Wednesday, after PROBUS meeting.

Contact Paul Halliday

Men's Book Club

2nd Thursday.

Contact Paul Halliday

Movie Night

3rd Tuesday. Meet for a matinee movie with a discussion to follow at a local restaurant. Movies will be chosen by members on a rotational basis.

Contact Anne-Marie Halliday

Scrapbooking

3rd Thursday of the month, at members' homes.

Contact Nelly VanVeldhuizen

What's For Dinner

Monthly. Gourmet Potluck Dinner Club held at members' homes.

Contact Dawn Aitken

Interest Groups News

On Wednesday, August 23, John Windatt led a hike along the Harmony Creek Trail in Oshawa. The temperature was a pleasant 20 degrees Celsius, with no rain. A nice change from the weather we have been having this summer. All along the trail there was evidence of the unusually high water levels of the creek caused by the increased rain we have been experiencing this year. At one point the trail was closed, and we were forced to take a detour across Adelaide Street. On the way back we decided to be adventurous and cross under the bridge. We were able to pass, but if the City of Oshawa doesn't fix this soon, I fear this stretch of the trail may be



permanently closed. All in all, it was a very pleasant hike, at a leisurely pace. Hikes are held on the second and fourth Wednesdays of the month. If you are interested in joining any future hikes, please see me at the interest groups table at the October 4th meeting.

The Garden Chat interest group has new coordinators, Judy Lavigne and Joy Vaneyk. They are welcoming new members to join this interest group. It meets the 4th Thursday of the month. Meet over a cup of coffee and talk about gardening, tour local gardens and share ideas and experiences. Contact either Judy or Joy for more information. A sign up sheet will be at the interest group table.



Euchre Anyone?

Every picture tells a story!

Send your photos of PROBUS outings and events to Suzanne Elston for inclusion in the next newsletter.

Upcoming Social Events

Halloween Trivia Night at Bobby C's - October 25

Cost \$3/members, \$5/guests
Deadline October 4

CreativFestival & Lens Mills Craft Shopping - October 27

Cost \$ 69/person
Deadline October 4

Games Night at Walsh's Snug November 22

Deadline November 1

Watertown Shopping Trip November 25

Cost \$ 55/person
Deadline November 1

Robin Hood the Panto November 30, 8 pm

See the naughty version of the classic tale at the Capitol Theatre, Port Hope. This social event is back by popular demand.

Cost \$35.50/person
Deadline - Nov. 1

Christmas Luncheon at Bobby C's December 6

Celebrate the season with a full turkey lunch and entertainment.

Cost \$ 30/person
Deadline - November 15

For more information on all of the events, go to: probusclarington.com/social-events or contact Dawn Aitken.

LUG-A-MUG!

Please remember to bring your own coffee mug to the General Meetings. This helps cut down on clean-up time, and helps to do our part to reduce waste.

CHEQUES, PLEASE!

Payment for social events sponsored by Clarington PROBUS are payable by cheque.

Remember to bring a cheque with you if you are planning to register for an event.



Book Exchange

PROBUS members are invited to bring current titles that they would like to share, or to pick up a book that looks interesting.

Members are not required to bring a book in order to pick one up.

Please note: Unclaimed books will be donated to the Oshawa Public Library.