

WELCOME  
TO



## SAMBANI LODGE

*Malawi's Northern Lakeshore Paradise Resort*

# MENU

**BREAKFAST**                      **FROM:**        **07:00HRS TO 10:00 HRS**

**LUNCH**                              **FROM**            **12:00HRS TO 15:30 HRS**

**DINNER**                            **FROM**            **18:00HRS TO 22:00 HRS**



*Malawi's Northern Lakeshore Paradise Resort*

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## **BREAKFAST**

### **1. AMERICAN BREAKFAST**

- Choice of seasonal fresh fruit juice:
- Choice of cereals Cornflakes or Choco flakes
- Egg to order served with  
(Macon or Beef Sausages)
- Choice of Tea/ Coffee

### **2. CONTINENTAL BREAKFAST**

- Choice of seasonal fresh fruit juice
- Choice of Breakfast rolls/Toast  
(Served with butter and preserves)
- Choice of Tea/Coffee

### **3. LOW CALORIE BREAKFAST**

- Choice of seasonal fruit or juice
- Wheat flakes with cold/hot milk
- Tomato and herb omelet
- Diet white scrambled eggs (white layer only)
- Slice of brown bread plain/toast
- Earl gray tea/butter milk/decaffeinated coffee

### **4. INDIAN BREAKFAST**

- Choice of seasonal fruits or Juice
- Aloo Parata/Puri Bhaji
- Choice of Indian tea/Masala tea/Lassi

## **ALACARTE SUGGESTION FROM THE SKILLEST**

### **EGG TO ORDER**

- Boiled/poached/fried/scrambled or omelet  
Served with ham/bacon or sausages
- Pancakes/waffles or French toast  
Served with golden syrup or honey
- Choice of cereals
- Toast
- Parata/Puri Bhaji

## **APPETIZERS AND SALADS**

### **1. GREEK SALAD**

- Traditional Greek Salad with olive oil and lemon dressing

### **2. RUSSIAN SALAD**

- Boiled potatoes, mixed vegetables, eggs dressed with mayonnaise

### **3. HONEY CHICKEN GLAZED SALAD**

- Lettuce, chicken strips, tomatoes, green pepper, carrots dressed with honey and mint

## SOUPS

### **1. CHOICE OF CREAM SOUP**

- Chicken, asparagus, mushroom

### **2. ROASTED TOMATO SOUP**

- All-time favourite

### **3. HOT AND SOUR SOUP**

- Veg or chicken

### **4. CHINESE NOODLES SOUP**

- Clear soup with vegetables and noodles

## **LUNCH AND DINNER**

### **LOCAL SPECIALITIES**

#### **FROM THE BEACH OF SAMBANI**

- Fried Chambo open/whole with homemade spices

#### **CHICKEN KHWASU-KHWASHU**

- Fried chicken pieces with the chefs own spices finished with green pepper, onion and tomato

#### **CHICKEN PA ULENDO**

- Grilled ¼chicken with local spices

## **INTERNATIONAL FARE**

#### **SAMBANI SPECIAL**

- A basket of prawns, fish fillets, squid crumb fried  
Served with tartar sauce

#### **GRILLED FILLET OF CHAMBO**

- Grilled fillet Chambo  
Served with vegetables and chip tartar sauce

#### **¼ POUND TENDERLOIN STEAK**

- Grilled to your perfection  
Served with either pepper or mushroom sauce rare/medium/well-done

#### **T-BONE STEAK**

- Grilled to your exactness  
Served with either pepper or mushroom sauce  
Rare / Medium / Well-done

#### **PASTA WITH YOUR CHOICE OF SAUCE**

- Spaghetti, macaroni penne,  
Served with cheese, tomato, bolognaise

## **1. INDIAN CUISINE**

### **FISH CURRY**

- Fish fillet piece curry

### **BUTTER CHICKEN**

- Roasted chicken in rich tomato gravy

### **KADHAI CHICKEN**

- Chicken cooked with Kadhai gravy

### **MURGH KAALI MIRCH**

- Spicy chicken curry with black pepper

### **MURGH PAJABI**

- Roasted chicken with Indian spices

### **YOUR CHOICE OF BIRYANI**

- Chicken
- Vegetable
- Prawn/Fish

### **MIXED VEGETABLES CURRY**

- Mixed vegetables finished with curry gravy

### **PARATA AND CHAPATTI**

## **CHINESE SPECIALITIES**

### **KUNG PAO FISH**

- Slice of fish cooked in spicy tangy sauce

### **CHILLI CHICKEN**

- Stir better fried crisp chicken

### CHICKEN MANCHURIAN

- Better fried chicken cooked in Manchurian sauce

### BEEF IN SWEET CHILLI SAUCE

- Wok fried tenderloin with vegetables

### WOK FRIED NOODLES / RICE

- *Chicken*
- *Eggs*
- *Vegetables*
- 

## **HEALTH-CONCIOUS**

### STEAMED FISH

- Whole Chambo  
Served with stem rice

### HEALTH VEGETABLE STEW

- Mixed vegetables  
Served with rice

## **SANDWICHES/ BURGERS AND PIZZA**

### BULD YOUR SANDWICH

- Toasted or plain  
(Choice of filling)
- Chicken
- Cheese
- Vegetables



### CHICKEN BURGER

- Chicken fillet patty served on a bread bun topped with cheese of tomato sauce

### ESCALOPE OF FISH BURGER

- Chambo fish fillet crumb fried inside of burger bun.  
Served with tartar sauce

### BEEF BURGER

- Prime beef patty served on a bread bun topped with cheese or tomato sauce

### VEGETABLE BURGER

- Vegetable patty served on a bread bun topped with cheese

### PIZZA MARGHERITA

- Pizza sauce, oregano, mozzarella cheese, basil

### FUNGI PIZZA

- Pizza sauce, mushroom, mozzarella cheese and parsley

### CHINTECHE MIGHT MEAT PIZZA

- Pizza sauce, beef mince, chopped onion, green pepper, mozzarella cheese

### PESTO LAKE AND SEA PIZZA

- Pesto sauce, prawns, fish fillet chunk with black olives

### TIKKA PIZZA

- Spicy pizza sauce, diced chicken, onion mozzarella cheese

## QUICK BITES

### CHIPS OR PERIPERI

### CHICKEN SATI

- Thai spiced grilled chicken stripes  
Served with peanut sauce

### CHICKEN BALLS

- Chicken dumplings crumb crispy fried with spicy tomato sauce

### MIXED BRUSCHETTA

## **2. BEVERAGES**

### COLD

### ICE CREAM SHAKES

- Vanilla, Strawberry, Chocolate

### FRUIT JUICES

- Orange, Peach, Granadilla or Guava

### LEMON ICE TEA

### MINERAL WATER

### GLASS OF MILK

### HOT

### TEA

- Regular/Herbal/Darjeeling

HOT MILK/HOT CHOCOLATE

**DESSERT**

FRESH FRUIT SALAD

BROWNIE

BANANA FLITTERS

ICE CREAM

Enquire at the restaurant for prices

**ENJOY GOOD FOOD GOOD LIFE**