



# START YOUR PATH

## At the Los Angeles Public Library

The Los Angeles Public Library is dedicated to helping our community find their way on any path their journey has taken them. Whether you just want the next season of your favorite TV show or are trying to find a job, LAPL wants to help connect you to the resources you need.

We know there can be many barriers you face after your release. LAPL is dedicated to making sure that the library is a place that you can use as you make positive changes in your life. The Los Angeles Public Library provides free and easy access to information, ideas, books and technology that enrich, educate and empower every individual in our city's diverse communities.

## Education

We offer a variety of in-person and online educational opportunities. From learning to use a computer or iPad, to an online high school program, GED prep, Citizenship classes or how to garden, we have options to help.

## Jobs and Careers

LAPL subscribes to a number of online and in-person resources that can you help search for jobs that fit your needs; as well as provide resume writing tips and practice for your interview.

## Wellness

Health, finances relationships matter at LAPL. We have a variety of classes and materials on how to reduce stress, learn more about health insurance and how to save your money.

We work closely with local organizations such as Veteran's Affairs to make sure you're connected to what matters. Our libraries have books and resources on coping with and recovering from substance abuse, as well as how to manage anger, depression and mental health issues.

[www.lapl.org](http://www.lapl.org)  
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