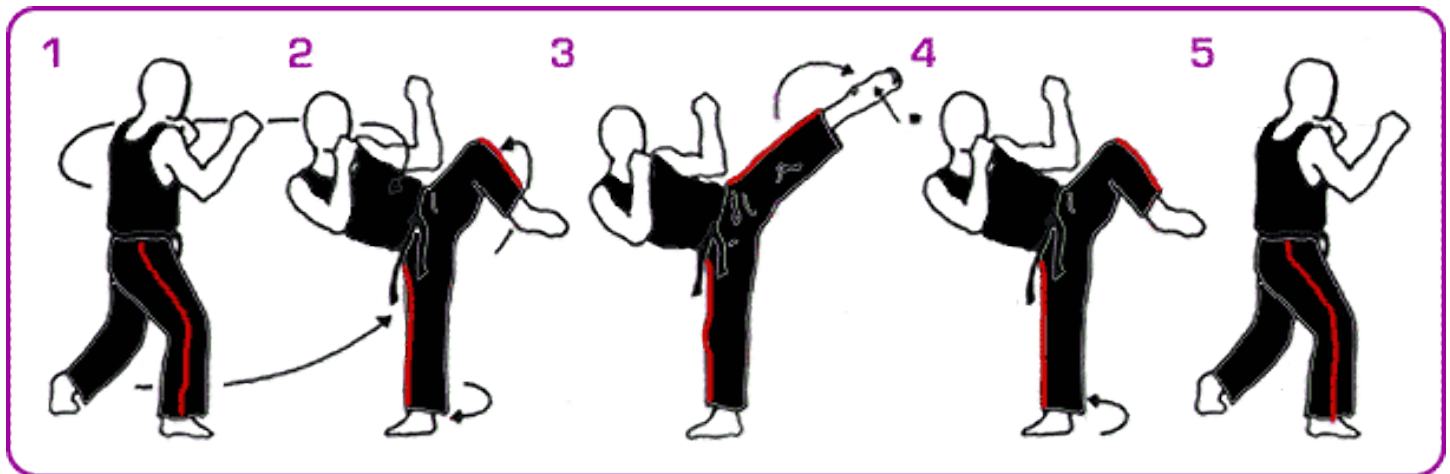


KICKING DRILL SETS ROUND HOUSE



Follow all These Sets when Practicing Kick drill

