

2018 - Class Schedule



Time	Monday	Tuesday	Wednesday	Thursday	Friday <i>Alternated</i>	Saturday	Sunday
5pm To 6pm	5PM TO 6PM Beginners	5pm to 6pm Advanced & Adult	5:30 -6pm Karate	Adult Karate	N/A	CLOSED	CLOSED
6pm To 7pm	6pm – 7pm Kids Drills/Skills	6pm – 7pm Kids Forms Training	6:30pm Kids Weapons Training	KARATE 6pm – 7pm Kids	6pm – 7pm Kids (Kumite) Sparring Night	CLOSED	CLOSED
7pm To 8pm	7pm – 8pm Kickboxing Class	Adult KARATE Sensei Approval ONLY	6:30pm to 8pm Kids Weapons Training	7pm – 8pm Kickboxing Class	7pm – 8pm Kids (Kumite) Sparring Night	CLOSED	CLOSED
8pm To 9pm	CLOSED	CLOSED	CLOSED	CLOSED	Dojo Clean Up	CLOSED	CLOSED