

THE PLANT AS THE CHILD OF EARTH AND SUN

Every morning the sun wakens the earth with its warmth and light. As the darkness begins to soften, the birds burst forth to sing their joy for the new day. At the touch of the sunbeams, every plant and flower and tree lights up to reveal their true colors. In the sun's warmth they stretch out their leaves and open their flowers. Insects, animals and human beings also wake up and begin their daily activities.

The warmth and light of the sun carry a power that draws the plant upward to unfold its leaves. The flowers blossom and later fruit and seeds will ripen through the sun's loving warmth.

Water and air flow through the plant, carrying nourishment and energy to every cell. They also weave the connection between sun and earth. Could anything grow without the sun? No. Why? The earth would be too cold for anything to live on it. The sun is like a great warm heart, filled with love that gives life to everything on earth.

Even the moon and stars, wind and rain, work together to help the Earth. They interact like a family. That is why they have often been given names like Father Sun, Mother Earth, Sister Rain and Brother Wind.

So all four elements: earth, water, air and fire play their part. And as we learn about this wonderful world of nature, we come to realize that not one of them can survive without the others; we are inter-dependent in more ways than we think!