



BE VERDANT

SUPPLEMENTAL GUIDE

Episode 5: The Positive Result

5 Questions for Consideration

1. Stephanie shared her background as a dancer. How much do you think this helped her overcome her challenge and why?
2. How important do you believe family and friends are in making difficult decisions?
3. Stephanie shared that she felt she had a “burden of knowledge.” Have you had an instance in which you felt the same way?
4. Stephanie spoke about her sense of personal identity being based on her appearance. How much does what we look like define who we are, in your opinion?
5. Alessandria shared the idea of keeping a good book. If you were going to write something in a good book, what would you write?