

WEEKLY MENU RECORD

Name of Center/Sponsor	HLC Montessori School		August 13-17		Year 2018	
	Menu Item	Menu	Menu	Menu	Menu	Menu
Breakfast	Monday Date 8-13	Tuesday Date 8-14	Wednesday Date 8-15	Thursday Date 8-16	Friday Date 8-17	
Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	
Fruit/Veg./Juice	Fresh Oranges	Fresh Strawberries	Fresh Bananas	Canned Peaches	Fresh Apples	
Bread/Grains	WGR Oatmeal/Bread	Frozen Sausage and Biscuits	Frozen Hashbrowns	Canned Gravy and Biscuits	WGR Cereal	
<i>(Must serve 3 components)</i>						
<b>A.M. Supplement</b>						
Milk						
Meat/Meat Alternate						
Fruit/Veg./Juice						
Bread/Grains						
<i>(Must serve 2 components)</i>						
<b>Lunch</b>						
Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	
Meat/Meat Alternate	Frozen Chicken Nuggets	HM Taco Soup	HM Beef/Spaghetti	Frozen Chicken Patty	Turkey & Cheese	
Fruit/Veg.	Canned Corn	Canned Peas	Canned Green Beans	Fresh Salad Mix	Frozen Tator Tots	
Fruit/Veg.	Canned Pineapples	Fresh Watermelon	Fresh Apples	Canned Potatoes	Fresh Oranges	
Bread/Grains	WGR Rolls	WGR Tortilla Chips	WGR Bread	WGR Buns	WGR Bread	
<i>(Must serve 5 items)</i>						
<b>P.M. Supplement</b>						
Milk	Whole, 1%, Skim Milk		Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	
Meat/Meat Alternate		Apple Juice	Yogurt	Cream Cheese		
Fruit/Veg./Juice						
Bread/Grains	Chex Mix	Goldfish	Vanilla Wafers	Pretzels	Animal Crackers	
<i>(Must serve 2 components)</i>						
<b>Supper</b>						
Milk						
Meat/Meat Alternate						
Fruit/Veg.						
Fruit/Veg.						
Bread/Grains						
<i>(Must serve 5 items)</i>						

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