

WEEKLY MENU RECORD

Name of Center/Sponsor	HLC Montessori School		October 22-26		Year 2018	
Menu Item	Menu		Menu		Menu	
Breakfast	Monday Date 10-22	Tuesday Date 10-23	Wednesday Date 10-24	Thursday Date 10-25	Friday Date 10-26	
Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	
Fruit/Veg./Juice	Canned Pears	Canned Peaches	Fresh Bananas	Canned Mandrian Oranges	Canned Peaches	
Bread/Grains	Boxed Cereal	Canned Biscuits/Jelly	Frozen Hashbrowns	Frozen Pancakes	Boxed Cereal	
<i>(Must serve 3 components)</i>						
A.M. Supplement						
Milk						
Meat/Meat Alternate						
Fruit/Veg./Juice						
Bread/Grains						
<i>(Must serve 2 components)</i>						
Lunch						
Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	
Meat/Meat Alternate	Frozen Chicken Nuggets	HM Chili w/Ground Beef	Frozen Chicken Patties	HM Beef Veg. Soup	HM Sloppy Joes	
Fruit/Veg.	Canned Corn	Canned Green Beans	Canned Peas	Canned Green Beans	Canned Corn	
Fruit/Veg.	Canned Mandrian Oranges	Canned Peaches	Canned Pears	Canned Applesauce	Canned Pears	
Bread/Grains	WGR Sliced Bread	WGR Toast/Cheese	WGR Buns	Crackers	WGR Buns	
<i>(Must serve 5 items)</i>						
P.M. Supplement						
Milk		Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Whole, 1%, Skim Milk	Water	
Meat/Meat Alternate				Applebutter	Pepperoni & Cheese	
Fruit/Veg./Juice	Apple Juice	Fresh Bananas				
Bread/Grains	Goldfish	Crackers	Animals Crackers	WGR Sliced Bread	Crackers	
<i>(Must serve 2 components)</i>						
Supper						
Milk						
Meat/Meat Alternate						
Fruit/Veg.						
Fruit/Veg.						
Bread/Grains						
<i>(Must serve 5 items)</i>						

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