

WEEKLY MENU RECORD

Name of Center/Sponsor	HLC Montessori School		Month December		Week 10-14		Year 2018	
Menu Item	Menu		Menu		Menu		Menu	
Breakfast	Monday	Date 12-10	Tuesday	Date 12-11	Wednesday	Date 12-12	Thursday	Date 12-13
Milk	Whole, Fat Free, 1% Milk		Whole, Fat Free, 1% Milk		Whole, Fat Free, 1% Milk		Whole, Fat Free, 1% Milk	
Fruit/Veg./Juice	Canned Tropical Fruit		Canned Pineapples		Canned Mand. Oranges		Canned Applesauce	
Bread/Grains	WGR Boxed Cereal		Frozen Sausage Biscuits		Frozen French Toast Sticks		Frozen Pancakes	
(Must serve 3 components)							WGR Boxed Cereal	
A.M. Supplement								
Milk								
Meat/Meat Alternate								
Fruit/Veg./Juice								
Bread/Grains								
(Must serve 2 components)								
Lunch								
Milk	Whole, Fat Free, 1% Milk		Whole, Fat Free, 1% Milk		Whole, Fat Free, 1% Milk		Whole, Fat Free, 1% Milk	
Meat/Meat Alternate	Frozen Pizza		HM Soup Frozen Diced Chicken		HM Spag/ Ground Beef		Frozen Chicken Patties	
Fruit/Veg.	Canned Corn		Canned Peas		Canned Green Beans		Canned Peas	
Fruit/Veg.	Canned Pears		Canned Peaches		Canned Pears		Canned Applesauce	
Bread/Grains	Pizza Crust		Crackers/Noodles		WGR Sliced Bread		WGR Sliced Bread	
(Must serve 5 items)							Buns	
P.M. Supplement								
Milk	Whole, Fat Free, 1% Milk		Whole, Fat Free, 1% Milk		Whole, Fat Free, 1% Milk		Whole, Fat Free, 1% Milk	
Meat/Meat Alternate								
Fruit/Veg./Juice			Sliced Cheese					
Bread/Grains	Chex Mix		WGR Triscuits		Animal Crackers		Goldfish	
(Must serve 2 components)							Graham Crackers	
Supper								
Milk								
Meat/Meat Alternate								
Fruit/Veg.								
Fruit/Veg.								
Bread/Grains								
(Must serve 5 items)								

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