

WEEKLY MENU RECORD

Name of Center/Sponsor	HLC Montessori School	Month February	Week 11-15	Year 2019
Menu Item	Menu	Menu	Menu	Menu
Breakfast	Monday Date 2-11	Tuesday Date 2-12	Wednesday Date 2-13	Thursday Date 2-14
Milk	Whole, Fat Free, 1% Milk	Whole, Fat Free, 1% Milk	Whole, Fat Free, 1% Milk	Whole, Fat Free, 1% Milk
Fruit/Veg./Juice	Canned Mixed Fruit	Canned Mand. Oranges	Canned Applesauce	Canned Pears
Bread/Grains	Frozen French Toast Sticks	WGR Boxed Cereal	Frozen Pancakes	Frozen Sausage Biscuits
(Must serve 3 components)				
A.M. Supplement				
Milk				
Meat/Meat Alternate				
Fruit/Veg./Juice				
Bread/Grains				
(Must serve 2 components)				
Lunch				
Milk	Whole, Fat Free, 1% Milk	Whole, Fat Free, 1% Milk	Whole, Fat Free, 1% Milk	Whole, Fat Free, 1% Milk
Meat/Meat Alternate	Frozen Pizza	Frozen Chicken Ranch Tacos	HM Lasanga w/Fresh Ground Beef	Frozen Chicken Nuggets
Fruit/Veg.	Canned Corn	Canned Green Beans	Canned Peas	Canned Mashed Potatoes
Fruit/Veg.	Canned Pineapples	Canned Applesauce	Canned Mad. Oranges	Canned Mand. Oranges
Bread/Grains	Frozen Crust	Tortillas	WGR Sliced Bread /Noddles	WGR Sliced Bread
(Must serve 5 items)				
P.M. Supplement				
Milk	Whole, Fat Free, 1% Milk	Whole, Fat Free, 1% Milk	Whole, Fat Free, 1% Milk	Whole, Fat Free, 1% Milk
Meat/Meat Alternate		Cream Cheese		
Fruit/Veg./Juice				
Bread/Grains	Chex Mix	Pretzels	Graham Crackers	Goldfish
(Must serve 2 components)				
Supper				
Milk				
Meat/Meat Alternate				
Fruit/Veg.				
Fruit/Veg.				
Bread/Grains				
(Must serve 5 items)				

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