

VICARIOUS AND SECONDARY
TRAUMA

FEELING QUESTIONS



What feeling or feelings come up for you when working with specific client or patient?



What took place during the session (verbal, non-verbal, etc.) that brought up the feeling(s)?



What do you think the client or patient was feeling during the session?



Do you think there are any other feelings that may have been involved during the interaction?



Name some ways in which these feelings can be either beneficial or a barrier?