

January 2019

LIVE UNITED



United Way of Yavapai County



**"You don't have to see the whole staircase,
just take the first step."
~ Dr. Martin Luther King**



The UWYC 2019-2020 Grant Cycle Will Begin January 2019!



This program is open to 501(c)3 nonprofit organizations and must be used exclusively in Yavapai County.

The first step is to send a Letter of Intent, explaining your program and how the program helps to reduce poverty in the categories of Health, Education or Income (Financial Stability) in Yavapai County. Your one-page Letter of Intent will be due no later than January 31st, 2019.

Email your Letter of Intent to: director@yavapaiuw.org.

Those of you who were awarded social enterprise or other workforce development funding in 2018, may now reapply under the topic of "Financial Stability."

If your Letter of Intent is approved, you will be sent a formal grant application. The formal grant application will be due March 15th, 2019. Those agencies that are awarded will be announced within 30 days of the deadline.



YCCA Bootcamp is almost here!



This FREE three week boot camp is designed for young workers age 18-24 and will prepare them for employment in Yavapai County's growing construction industry. Participants will learn the basics of popular construction trades. The course also includes classes on professional development and life skills. Attendees will also receive first aid and CPR certifications. Upon conclusion of this job readiness boot camp, the students will receive a certificate of completion and have the opportunity to meet employers who are hiring. **Bootcamp dates are Jan. 7th - 26th, 2019.**

UWYC is excited to help fund this amazing program and promote job readiness here in Yavapai County. Together, we're creating "results you can see"!

[Learn more or register](#)



10 Tips for a Positive New Year

1. Stay positive. You can listen to the cynics and doubters and believe that success is impossible or you can know that with faith and an optimistic attitude all things are possible.
2. Instead of being disappointed about where you are, think optimistically about where you are going.
3. Eat breakfast like a king, lunch like a prince and dinner like a college kid with a maxed out charge card.
4. Remember that adversity is not a dead-end but a detour to a better outcome.
5. Focus on learning, loving, growing and serving.
6. Don't waste your precious energy on gossip, energy vampires, issues of the past, negative thoughts or things you cannot control. Instead invest your energy in the positive present moment.
7. Implement the No Complaining Rule.
8. Get more sleep. You can't replace sleep with a double latte.
9. Focus on "Get to" vs "Have to." Each day focus on what you get to do, not what you have to do. Life is a gift not an obligation.
10. Smile and laugh more. They are natural anti-depressants.



Excerpts from a post Originally published by Guideposts.org



Two Dynamic Workshops Coming up!

Reignite Your Passion

Jan. 24th



January is a time of year we reflect on our accomplishments, our unmet goals and our purpose/mission in the community. As we do so, let's plan for a sizzling New Year with **Reignite Your Passion**, a workshop conducted by Brad Newman of Yavapai Exceptional Industries and brought to you by UWYC's, Center for Nonprofit Excellence.

Brad has been a leader in professional development training for over 30 years. We are excited to partner with him to facilitate this amazing class.

Come join us for this FREE, lively, fun and engaging workshop. Register today!

[View Details / Register](#)

Master Mind Group Development

Feb. 7th



A **mastermind group** is a peer-to-peer mentoring concept used to help members solve their organizational/business problems with input and advice from the other group members. A mastermind group isn't just about each member getting what he or she needs; it is also about giving support to members and helping each person create and/or run successful organizations.

Participants should plan to give just as much as they receive, which will make your group much more beneficial for all involved. In this class, you will learn techniques and strategies to best orchestrate a mastermind group.

This Workshop will be led by Rose Vasquez of Strategic Writing and Consulting with over 25 years of Grant Writing and Nonprofit Leadership experience.

[View details/ Register](#)



Donor In the Spotlight



Costco's commitment is to be active in local communities. They budget 1% of pretax profits for selected charitable contributions focused on children, education, and health and human services. In fiscal year 2018, Costco contributed over \$39 million to organizations such as United Way, Children's Miracle Network Hospitals, Costco Scholarship Fund, disaster relief, and many programs related to education, children, and health & human services.

Thank you to the amazing family of employees at the Prescott area Costco. You are changing lives and making a difference and changing lives in communities throughout Yavapai County. Together, we are Living United!

[Learn more](#)



January is National Blood Donor Month

Due to increased seasonal illnesses during the winter months and inclement weather conditions, donations of blood and platelets decline and demand increases. The American Red Cross encourages everyone that can donate to continue their donations. Those who have never donated, to make an appointment. Blood donation is safer than ever before and saves lives.

[Upcoming Red Cross blood drives in the area](#)



United Way of Yavapai County | Phone: (928) 778-6605 | www.yavapaiuw.org

STAY CONNECTED

