

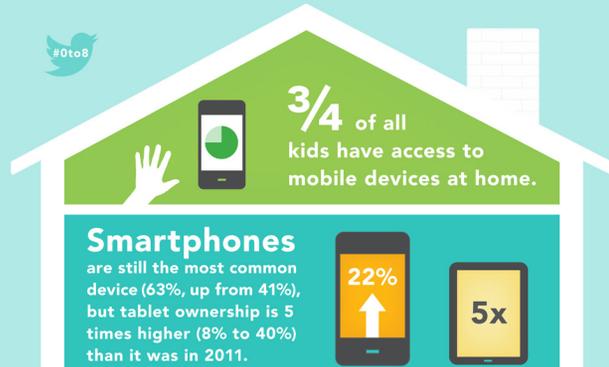
Interesting Infographics



ZERO TO EIGHT Children's Media Use in America 2013

Growing Up Mobile

In the two years since Common Sense Media first reported on the media use of 0- to 8-year-olds, our latest survey in the series, *Zero to Eight: Children's Media Use in America 2013*, shows the media environments and behaviors of young kids have changed. More than ever, they're growing up mobile.



The number of kids who've used mobile devices has nearly doubled since 2011 (38% to 72%).

Average daily use of mobile devices has tripled, from 5 to 15 minutes a day.



TECH SAVVY TODDLERS:



In 2011, 10% of kids under 2 had used a mobile device.

Now, that's grown to **38%** of all kids under 2.

Traditional screen time is down but mobile screen time is up.

↓ :31

↑ :10

FACEBOOK



In a survey of kids 8-12:

35%

said that Facebook was a website used by parents and not themselves



38%

use and enjoy Facebook



HELPFUL WEBSITES

GENERAL INFO ON SOCIAL MEDIA

<http://kidzmatter.com/topics/trends/technology>

gysocial-media/

<http://360family.org/>

RATING TV/VIDEO GAMES/MOVIES/ ETC...

<http://www.pluggedin.com/>

<https://www.common sense media.org/>

KEEPING TRACK OF KIDS

<https://www.uknowkids.com/>

TECHNOLOGY & MEDIA

THIS CONTAINS INFO COMPILED FROM MULTIPLE SOURCES TO HELP YOU NAVIGATE THE DIGITAL WORLD WITH YOUR CHILDREN.

IF YOU HAVE ANY QUESTIONS ABOUT ANY OF THIS INFO OR WOULD LIKE TO TALK ABOUT ANY MEDIA TOPICS DO NOT HESITATE TO CONTACT ME

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Evan's Good App List



ERSB - Helps parents quickly find ratings and explanations of video games.



Jesus Calling Kids – Great devotional for children. This is simply the book in a digital version.



GLO Bible – This is a Bible that has some great interactive videos and pictures. Good for older kids.



Bible For Kids – This app is very interactive and well done. Younger kids will LOVE it.



B&H Kids AR– This app when used with the proper Bible will allow you to make the pictures come off the page and onto your tablet!



Roots – This app is created by Children's Recording artist Yancy. It's a great all in one that plays music, and has devotionals and object lessons about the songs.



Media is good if you have a plan...

Almost everything I have read boils down to this...YOUR CHILD IS GOING TO USE MEDIA IN SOME FORM OR FASHION! Therefore, I feel the best thing you can do is formulate a plan for how you are going to allow them to use the media available to them. It does not matter if they have not even started using media, or they are already in need of a detox. Their plan will surely change with age so just make sure you are implementing something. Here are some general things that should be taken into consideration for all plans...

- Pray and talk to them about how digital world is still the real world and go over expectations.
- Set parameters for use of all screen time devices (daily, weekly, weekends only)
- Have them sign a contract to let them know you mean business.
- Figure out what the punishment is if they break the rules and follow through.
- Keep computers in open area
- Set up some Internet filters
- Stay up to date on all technology