



## When and how will I do this?

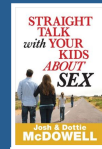
Each of you that has a child will have to answer the question above. Your first choice will simply be to determine if you are going to even have “The Talk” with your child. If you choose to have this talk then this page will help you to determine the best resources to assist you with the process. There is no magic age that you must have the talk with your child at. Each child is created differently and some may need the talk before others.

After looking over plenty of these materials you will notice a couple of things in common. One is that you must have open lines of communication with your children. Fifty percent of eighteen year olds said that they wanted to talk about sex and relationships with their parents. The other is that once you have open lines of communication you simply have to develop a plan for the conversations that works for you.

In todays times with the Internet and Social Media it is vital that you get ahead of the curve and have these talks early with your child instead of having them learn from somewhere else what sex is about. Take time to pray about a strategy and let the Holy Spirit guide your conversations.

## Available resources for “The Talk”

### Books:



**Straight Talk With Your Kids About Sex** – *Josh & Dottie McDowell* This book has a large amount of up to date information and talks about God’s design for sex along with tons of ideas and tips for conversations to have with your kids.



**Guide to Talking With Your Kids About Sex** – *Focus on the Family* There are two sections of this book. The first half concentrates on building open communication and understanding your children. The second half is broken down into what to expect at specific ages and how to handle it.



**A Chickens Guide to Talking Turkey With Your Kids About Sex** – *Kevin Leman* A very practical guide to a lifelong approach of communicating with your kids and also how to handle the specifics.



**Angry Birds & Killer Bees; Talking to Your Kids About Sex** – This book has a great deal of current up to date information and is written by a therapist. Be ready to evaluate yourself also when you read this one.

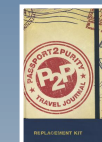


**Aggressive Girls, Clueless Boys** – *Dennis Rainey* Girls seem to be a little more aggressive now than they used to be. Rainey discusses how to inform boys and also includes some questions to go over with girls.



**God’s Design For Sex (4 book series)** – *Various Authors* – This is a four book series that are separated by age. The first three are designed to be read together and the fourth one your child can read alone. The first book is from age 2-5.

### CD & Book Sets:



**Passport 2 Purity** - This is designed for a weekend father son or mother daughter retreat. You will listen to some CD’s and go through a journal together. This takes some preplanning but covers A LOT of the details and basics.



**Preparing for Adolescence** – *James Dobson* The CD set has two CDs just for parents and 6 for both kids and parents to listen to together or even just the child. This is designed for 10 – 14 year olds.

### Internet Filtering:



[www.covenanteyes.com](http://www.covenanteyes.com)

[www.x3watch.com](http://www.x3watch.com)

*There is a copy of each of the resources above available in the Children’s Ministry office for you to check out.*

**Start children off on the way they should go, and even when they are old they will not turn from it. Proverbs 22:6**

