

# Mark Groblewski, LCSW

Psychotherapist and Public Speaker



Mark Groblewski brings a depth of life experience and understanding to his "second career" as a licensed psychotherapist, beginning in 1998. He worked for many years as a stockbroker and salesperson, then started a new business in middle age, and has experienced the trials and rewards of being married over 30 years and raising a grown son.

Practical experience and his passion for empowering relationships have contributed greatly to his skills in helping couples, families, and individuals to enhance their ability to connect, relate, and communicate.

For More Info Contact Mark:

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[www.relationship-therapy.houston.com](http://www.relationship-therapy.houston.com)

## Meeting, Workshop, and Conference Speaker

For corporations, associations, not-for-profit organizations

### Sample Topics

- Creating and Maintaining Healthy Relationships At Work and Home
  - Creating Work / Life Balance
  - Effective Communication
    - Stress Release
- The History and Changing Dynamics of Marriage

## Education and Experience

MSW (Masters of Social Work) from University of Houston

Licensed Certified Social Worker 2002

Certified Imago Therapist-2005

### Clinical and Consulting Experience:

\*Montrose Clinic psychotherapist

\*Quitman Clinic - Group and individual therapy

\*Psychiatric Assessments for West Oaks and St. John's

Hospital Mobile Units

\*Geriatric Patients with Parkview Geriatric Patients

\*Ben Taub Hospital-Psychiatric Clinical Care Coordinator/  
Individual & Group therapy

\*Outplacement Consultant at Drake, Beam and Morin

\*Brand New Day – a Family, Couples, and Individual  
Counseling Practice