## Winter Coaching Workshops

Saturday 17 November 2018 Saturday 12 January 2019 Saturday 9 March 2019

Venue: - Grange Community Centre, Redding Road, Brightons Falkirk, FK2 0AA

Arrival time 9am departure time 5pm. Each workshop will cost £12. Workshops need to be booked and paid for in advance to ensure a place. Places are limited, and allocated on a first come basis. Affiliation card, or relevant receipt, must be shown on the day.

Juniors under 16 years of age must be accompanied by an adult. For those aged 16 to 18 years of age, a parent/guardian consent form will be required.

Tea, coffee and biscuits are supplied. Archers should bring their own lunch snacks etc.

What's on offer: -

Coaches will offer help, advice and coaching. Workshops will be based on the abilities of archers and include bow tuning and maintenance. String making, arrow fletching, etc. will be available depending on demand

Please note – A coach will be happy to help you make a new string for your bow. There will be a £5 charge to cover the cost of the material.

For booking/payment detail or if you have any questions, please contact -joherd87@gmail.com.