

## ***The Belfast Unemployed Resource Centre***

*Building English Language For A Successful Transition*

The Belfast Unemployed Resource Centre was set up in 1984.

It provides guidance, support and training for a wide range of different groups who suffer from social and economic disadvantage.

The current activities of the Belfast Unemployed Resource Centre include:

- The Welfare Rights Unit
- The EURES Crossborder Partnership to assist the free movement of labour throughout the member states
- Routes to Resilience
- *I Can Do It!*
- The Fellowship of Messines Association
- Access Skills Ireland
- The John Hewitt bar and restaurant
- Designing, documenting and delivering the *BELFAST Programme* to help adult foreign nationals by:
  - Improving communication skills in English, so that Learners can get a job, a better job or promotion in the area where you have skills, qualifications and knowledge
  - Giving new opportunities to identify what Learners need to do to improve their English grammar and vocabulary for work and everyday living
  - Helping Learners understand the job-hunting process in Belfast and beyond.

# **Belfast for Beginners**

***Introducing the city to new arrivals***



### ***Contact***

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Belfast Unemployed Resource Centre

## *Belfast for Beginners*

- 3 hours.
- FREE!

We want to make Belfast a welcoming place for everyone.

People who arrive in Belfast for the first time need help in understanding the city and settling down successfully to their new life here.

The *Belfast for Beginners* workshop is for you if you are new to the city and want to discover more about doing day-to-day activities in the city.

You will hear more about public organisations that can help you with health, education, housing and all the things you need to arrange as you start to live your life here.

The focus of this highly participative workshop is on:

- Understanding the city and how to get things done here
- Finding out more about the challenges and problems encountered by people who have recently arrived in Belfast and developing a range of tools and techniques, plus some tips and tricks, that can help you settle down more quickly
- Networking with others who are also new to Belfast.

## *Indicative agenda*

- 1 Introductions and ice breakers
- 2 Presentation: Welcome to Belfast!
- 3 Small group discussions 1
- 4 Presentation: xxx
- 5 Small group discussions 2
- 6 BREAK – another networking opportunity!
- 7 Presentation: xxx
- 8 Small group discussions 3
- 9 Presentation: xxx
- 10 Reflection, action planning and next steps.

## *Indicative content*

- 1 Orientation and getting started
  - Arriving in Belfast
  - Diversity in Belfast
- 2 History and culture
  - Geography and climate
  - Public buildings
  - Festivals and public holidays
- 3 Transport and getting around
  - Buses
  - Trains
  - Taxis
- 4 Jobs
  - Entitlement to work and where jobs are advertised
  - Paperwork for job applications
  - Job interviews
- 5 Money and shopping
  - Markets, supermarkets and other shops
  - Currency and cash: ATMs
  - Credit cards and contactless payments
- 6 Housing and communications
  - Finding flat or house
  - Maintenance and house repairs
  - Phones and getting online
- 7 Health
  - GPs: Registering for a doctor and a dentist
  - Hospitals
  - Pharmacies
- 8 Schools and education
  - Primary schools
  - Secondary schools
  - Colleges and universities
- 9 Improving your English
  - Language classes
  - [www.embraceni.org](http://www.embraceni.org)
  - Belfast Metropolitan College